COUGAR NEWS

THE WEEKLY NEWSLETTER OF CARDINAL MOONEY CATHOLIC HIGH SCHOOL

NOVEMBER 6, 2026 | 2026-2027 | EDITION 15

Cardinal Mooney Catholic High School, a college preparatory institution rooted in Catholic faith, prepares students to serve and lead by nurturing spiritual growth, cultivating the talents of all students, and challenging them to pursue academic excellence.



WELCOME BISHOP EMILIO!

Last Friday, Bishop Emilio visited Cardinal Mooney to get to know the campus and our community!

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NEXT WEEK AT A GLANCE

MONDAY NOVEMBER 9	TUESDAY NOVEMBER 10	WEDNESDAY NOVEMBER 11	THURSDAY NOVEMBER 12	FRIDAY NOVEMBER 13
• C.A.R.E. Committee General Meeting 8 AM	• No events	• Financial Aid Night for Parents 6 PM	• No events	• Rita's Italian Ice Truck on campus during lunches

FOOD DRIVE COLLECTIONS UNDERWAY! DROP OFF IN HOUSE MENTOR'S ROOM!

FEATURE STORY

Peter and the Starcatcher

The **CMHS Theatre Department** proudly presents their fall production of ***Peter and the Starcatcher*** tonight and tomorrow night at 7 PM. With a fantastic SOLD OUT opening performance last night, the show tells the story of how Peter became Pan. Get your tickets now!

Purchase Tickets Here





Do your best to present yourself to God as one approved by him, a worker who has no need to be ashamed, rightly explaining the word of truth.

2 TIMOTHY 2:15

STAY CONNECTED

THE
CARDINAL MOONEY CATHOLIC HIGH SCHOOL
THEATRE DEPARTMENT PRESENTS

PETER AND THE STARCATCHER

NOVEMBER 5-7, 2026

DIRECTED BY
REBECA ARRIGALL-WATKINS

A PLAY BY
RICK ELICE

MUSIC BY
WAYNE BARKER

BASED ON THE NOVEL BY
DAVE BARRY & RIDLEY PEARSON



CLICK HERE FOR TICKETS

ACADEMIC SERVICES & COUNSELING

COLLEGE FINANCIAL AID NIGHT

Wednesday, November 11th at 6 PM

Join us for our annual College Financial Aid Night presentation in the CMHS Music Hall. Focused on Senior Class Parents, this presentation will feature a guest speaker explaining all the details of Florida Bright Futures and the FAFSA.
No registration required.



PSAT SCORES

The College Board released **PSAT/NMSQT scores** yesterday, November 5. Students can access their scores in one of the following ways:

- Text message: Students who provided their cell phone number during exam setup will receive a notification from the BigFuture Schools app.
- College Board account: Students can log in at www.collegeboard.org to view their scores.
- Create an account: Students without an existing account can create one.

Important: If you have trouble accessing an existing College Board account, do not create a new one. Please see your school counselor for assistance.
Understanding Your Score Report

SUICIDE PREVENTION WALK

The **Voices for Wellness** club will be participating in the **"Out of the Darkness"** suicide prevention walk on **Sunday, November 8** at Benderson park starting at 9am. If you would like to join our team, please register here. Donations benefit the American Foundation for Suicide Prevention but are not required for participation.



LUNCH

NEXT WEEK'S MENU

Monday, Nov. 9
- Spicy Chicken Sandwich
- Hamburger
- Cheeseburger

Tuesday, Nov. 10
- Chicken Tenders
- Mini Tacos

Wednesday, Nov. 11
- Meatball Sub
- Pasta

Thursday, Nov. 12
- Chicken Sandwich
- Hot Italian Sub

Friday, Nov. 13
- Cheese Pizza
- Pepperoni Pizza

Always Available:
- Salads w/ Chicken
- PB&J
- Noodle Soup
- Snacks & Drinks

STUDENT LIFE

@CMHS.STUDENTLIFE

2026 THANKSGIVING FOOD DRIVE

For the second year, the St. Vincent de Paul Society is partnering with the House System to collect items for our annual Thanksgiving Food Drive!

- Collection runs through November 18th
- Items should be dropped off in your House Mentor's classroom! See locations on the flyer on the previous page.
- The drive counts as a competition between the Houses! The House that gets the most items brought in will earn +60 points. Points will be awarded for second through sixth places as well.
- Items must be brought in in their original packaging. Packaging containing multiple individually wrapped items can count as multiple points, but must stay in that original packaging.
- All items collected will benefit Incarnation Food Pantry, St. Jude's Food Pantry, St. Joe's Food Pantry, St. Thomas More Food Pantry, and Still Pointe Mission.
- Questions? Reach out to Ryan Krause, Director of Student Life, here.

CARDINAL MOONEY

COLLECTION UNDERWAY!

Thanksgiving Food Drive







Let's Share & Care

NOVEMBER 4th -18th

Collection in your House Mentor's Room

Items needed:

Canned items (meals, veggies, fruit, meats, soup, cranberry sauce), Jelly, Jam, Peanut Butter, Boxed Pasta, Mac & Cheese, Instant Potatoes, Stuffing, Boxed Cereal, Jello, Cake Mix, Rice, Beans, Oatmeal, Breakfast & Granola Bars

Drop-off locations:

Caritas: E126
Fides: E218
Gaudium: G206
Lumen: E209
Veritas: G204
Dignitas: G207

House with most items collected will earn +60 points!

Points awarded for second-sixth places as well.

ATHLETICS

@CMHS.ATHLETICS

NEXT WEEK'S SCHEDULE

MONDAY NOVEMBER 9	TUESDAY NOVEMBER 10	WEDNESDAY NOVEMBER 11	THURSDAY NOVEMBER 12	FRIDAY NOVEMBER 13	SATURDAY NOVEMBER 14

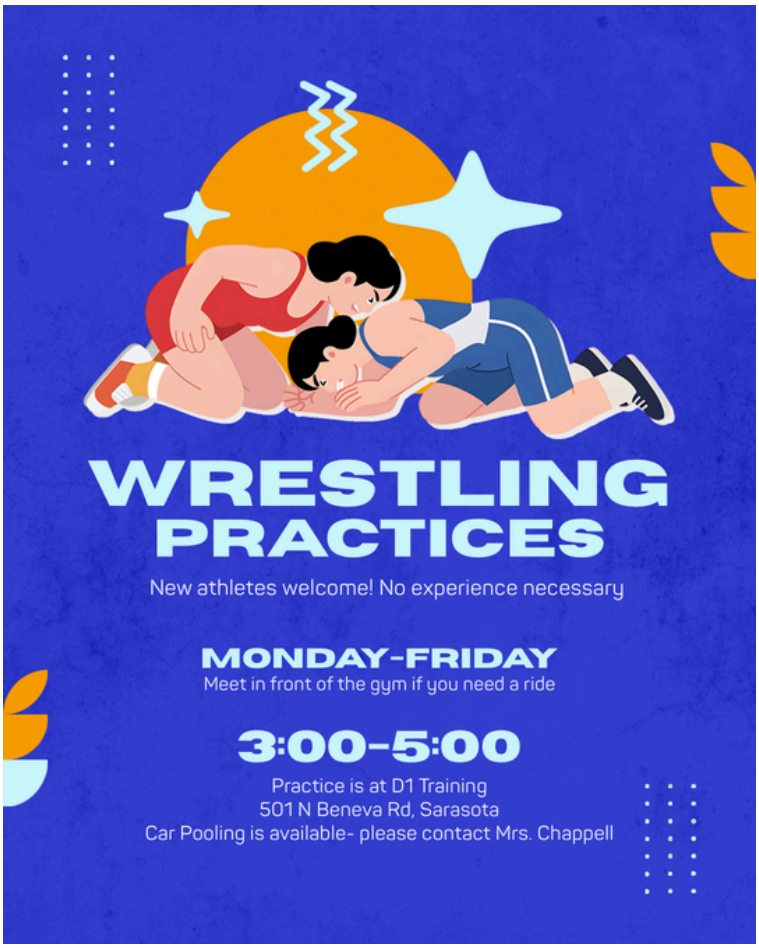
• **Girls' Soccer** at Bishop Verot
  ◦ 7 PM: Varsity
• **Boys' Soccer** vs CCC
  ◦ 7:30 PM: Varsity
	• **Comp. Cheer** vs Riverview
	  ◦ 3:30 PM
	• **Boys' Soccer** at Manatee
	  ◦ 5 PM: JV
	  ◦ 7 PM: Varsity
		• No games	• **Girls' Weightlifting** at Bradenton Chr.
			  ◦ 4 PM: Varsity
			• **Boys' Soccer** at ODA
			  ◦ 5 PM: Varsity
			• **Girls' Soccer** at Port Charlotte
			  ◦ 5 PM: Varsity
				• **Football** vs Dunedin
				  ◦ 7 PM: Varsity
					• No games

SWIM TEAM

The Cardinal Mooney girls swim team is the **District champion**! On Saturday, Oct 31, our girls won the title, set two school records, and qualified for Regionals this Saturday, Nov 7.

- The 200 Free Relay (Iza Lesniewska, Helaina Gunn, Natalia Lesniewska, Sofia Krajewski) won with a school record of 1:41.14. The 400 Free Relay (Natalia Lesniewska, Sophia Navarro-Lenza, Bixby Lavigueur, Iza Lesniewska) also won and set a school record at 3:49.50.
- Other event champions: the 200 Medley Relay (Bixby Lavigueur, Helaina Gunn, Sophia Navarro-Lenza, Sofia Krajewski), Natalia Lesniewska in the 50 Free and 100 Fly, Iza Lesniewska in the 100 Free, and Sofia Krajewski in the 100 Back.
- All event champions also qualify for Regionals. Other Regionals qualifiers: Iza Lesniewska and Sofia Krajewski (200 IM), Bixby Lavigueur (100 Free, 100 Back) Helaina Gunn (200 IM, 100 Breast), Sophia Navarro-Lenza (200 IM, 100 Fly).
- Jack Gilliam placed second in the 50 Free and 100 Back, and also qualified for Regionals on both events.
- Districts was the final high school meet for senior captains Isabelle Hokanson, Leah Johnsen, and Samantha Whiteside. Thank you for your leadership and hard work! Congratulations also to freshmen Michael Prochazka, Everett Anderson, and Allison Raia on a strong first Districts meet, Riley Asher and Kimberly Chambers also gave their best to the team.

Good luck to all of our swimmers at Regionals tomorrow!



C.A.R.E. COMMITTEE: COUGARS ARE REASON ENOUGH

NEXT COMMITTEE MEETING

Monday, November 9th | 8 AM

- Please arrive in the Main Office of CMHS by 7:55 AM, and then the meeting wil be held in the Conference Room.
- **Christmas Cheer Committee!** If you are on or interested in helping with the "Christmas Cheer" committee, they are staying after the meeting to brainstorm ideas for decorating the staff lounge and bringing treats throughout the holiday season.
- Attending the meeting? RSVP here.

OCTOBER RECAP

October was certainly a busy month at Mooney!
A heartfelt thank you to all of our amazing volunteers who generously gave their time and energy to make so many special events possible!
From Mooney's Dirty Soda Bar and the Homecoming Ice Cream Bar to the Fish Fry, Homecoming shirt distribution, staff birthday celebrations, and PSAT Day snacks for our students, your willingness to lend a helping hand made all the difference!
We are so grateful for our wonderful Mooney community and the incredible volunteers who continue to show up, give back, and make our school such a special place.
Thank you for all that you do! 💛
The CARE Board - Cassie Vassallo, Laura Cheesman, Dagmar Ladle, Karen Moore, Joe Hembree, Christy Cohen









CMHS MINISTRY

@CMHS.CAMPUSMINISTRY



OCIT (Becoming Catholic)

WEDNESDAYS 2:45 P.M. - 3:30 P.M.
MEDIA CENTER CLASSROOM

For more information please reach-out to Mrs. Marten or your theology teacher!

EMARTEN@CMHS-SARASOTA.ORG







For More Information Please Fill Out Interest Form



PARENT ROSARY GROUP

Join us for our weekly **parent rosary group** in the CMHS Chapel every Friday morning at 7:45 AM!





OFFICE OF ADVANCEMENT







VOLUNTEERS NEEDED



easterseals

SWFL Happiness House

NOV 14 & 15

We're looking for volunteers for all types of positions! We need volunteers for everything from hospitality to helping with each phase of the competitions. You will receive training and get to spend the day outdoors watching some of the best horses and riders in the world gallop by!

EVENTS AT TERRA NOVA

- **Dressage: Horse and rider perform precise movements demonstrating training and communication.**
- **Cross-Country: Horse and rider navigate an exciting outdoor course over natural obstacles, water, and jumps**
- **Show Jumping: Horse and rider complete a course of colorful fences within a set time.**



SIGN UP BELOW

https://www.eventingvolunteers.com/events/20259/signup