COUGAR NEWS

THE WEEKLY NEWSLETTER OF CARDINAL MOONEY CATHOLIC HIGH SCHOOL

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Cardinal Mooney Catholic High School, a college preparatory institution rooted in Catholic faith, prepares students to serve and lead by nurturing spiritual growth, cultivating the talents of all students, and challenging them to pursue academic excellence.



THE FIRST OF MANY LASTS!

This week, seniors celebrated their final "First Day of School" with the annual Senior Sunrise tradition!

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NEXT WEEK AT A GLANCE

MONDAY AUGUST 17	TUESDAY AUGUST 18	WEDNESDAY AUGUST 19	THURSDAY AUGUST 20	FRIDAY AUGUST 21
• No events	• House Points for Attendance at Volleyball vs BCS 7 PM	• Senior Portrait Day	• No events	• No events

FEATURE STORY

TODAY: HOUSE KICKOFF CELEBRATION

Today's the day we kickoff another year of the House System at Cardinal Mooney! Freshmen will find out where they belong, and upper classmen will help welcome them into our community.

10th-12th Grades: Wear your House Shirt w/ school-appropriate bottoms (does not have to be uniform shorts/pants/shoes)

Freshmen: Wear a white t-shirt to school w/ school-appropriate bottoms (you will change into your House shirt mid-day!)





But I say to you, Love your enemies and pray for those who persecute you...

MATTHEW 5:44

STAY CONNECTED

@cmhs.sarasota

Cardinal Mooney Catholic High School

cmhs-sarasota.org

CMHS ACADEMIC SERVICES & COUNSELING

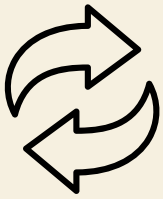
SENIOR COLLEGE WORKSHOPS

Next week, Mrs. McGarity will begin going into senior theology classes to work with students and tackle the college application process. The first workshops will take place during class on Wednesday, August 19th, and Thursday, August 20th. Attendance is extremely important so that you do not miss important information!



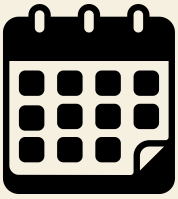
SCHEDULE CHANGES

The final date to request a change to your class schedule is Wednesday, August 19th! Students must use the Google Form here to request changes.



SENIOR PARENT NIGHT

Save the date! Senior Parent Night with our Counseling team will be on Wednesday, September 2nd, at 6 PM at Cardinal Mooney!



UPCOMING COLLEGE VISITS

The following colleges and universities will be on campus in the coming weeks. Juniors and seniors are welcome to attend college visits, but they must preregister to attend on SCOIR. College visits are being added daily, so always check SCOIR for the most up-to-date schedule!

- Aug 28: Trinity College Dublin
- Sept 4: Eckerd College
- Sept 9: University of Arizona
- Sept 10: Franklin and Marshall
- Sept 11: Nova Southeastern
- Sept 16: Suffolk
- Sept 16: Indiana University
- Sept 16: University of Kentucky
- Sept 17: High Point
- Sept 17: Loyola Marymount
- Sept 18: Miami University
- Sept 21: Washington University



C.A.R.E COMMITTEE: COUGARS ARE REASON ENOUGH

THANK YOU VOLUNTEERS

C.A.R.E. is hosting a cookout for the entire school as part of the House Kickoff Celebration today! Thank you to all of those who have signed up to volunteer!

STAY CONNECTED

Please contact Karen Moore here for volunteer opportunities!

SAVE THE DATE

- Fri, Aug. 14th: **Parent Rosary Group** at 7:45 AM in the CMHS Chapel; all parents are welcome, please check-in at the Front Office upon arriving
- Wed, Aug. 26th: **Back to School Night** at 6 PM
- Thurs, Sept. 10th: All Grades **Parent Coffee and Connections** at Foxtail Coffee UTC at 8 AM
- Mon, Sept 14th: **Committee Meeting** at 8 AM (location TBD)

CARDINAL MOONEY CATHOLIC HIGH SCHOOL · 1959 · C.A.R.E COMMITTEE

STUDENT LIFE

@CMHS.STUDENTLIFE

CLUB RUSH | SAVE THE DATE!

Wednesday, August 26th - After-School in the CMHS Courtyard

- All students - new and returning - are invited to come out to the CMHS Courtyard immediately after 7th Period to visit with all of our student organizations and clubs!
- Learn about the many offerings we have, sign-up to receive communication from your favorites, and start to GET INVOLVED!
- Most CMHS student organizations and clubs will be present
- Rain location: Selby Center
- Club Leaders: Check for a communication from Mr. Krause about signing up your club for a table at Club Rush!



SCHOOL LUNCH

Next Week's Menu:

MONDAY	Spicy Chicken Sandwich, Burger, Cheeseburger
TUESDAY	Chicken Tenders, Flatbread Pizza
WEDNESDAY	Meatball Sub, Pasta
THURSDAY	Chicken Sandwich, Hot Italian Sub
FRIDAY	Cheese Pizza, Pepperoni Pizza

SENIOR PARKING SPOT PAINTING

Tomorrow! 8 AM - 2 PM

- It's going to be hot! Make sure you bring plenty of water - maybe even a pop-up tent to place over your spot!
- Food trucks will be on campus for purchase.
- You are responsible for bringing any paint and supplies that you need for your spot!



ATHLETICS

@CMHS.ATHLETICS

NEXT WEEK'S SCHEDULE

MONDAY AUGUST 17	TUESDAY AUGUST 18	WEDNESDAY AUGUST 19	THURSDAY AUGUST 20	FRIDAY AUGUST 21	SATURDAY AUGUST 22

• No games	• **Girls' Golf** vs Sarasota
	  ◦ 4 PM: Varsity
	• **Volleyball** vs BCS
	  ◦ 5 PM: Freshmen
	  ◦ 6 PM: JV
	  ◦ 7 PM: Varsity
		• No games	• **Volleyball** at Holy Names
			  ◦ 5 PM: JV
			  ◦ 6 PM: Varsity
			• **Football** vs Tampa Cath.
			  ◦ 6 PM: JV
				• **Football** vs Berkeley Prep
				  ◦ 7 PM: Varsity
					• **Volleyball** vs Riverview
					  ◦ TBA: Freshmen

CMHS CAMPUS MINISTRY

@CMHS.CAMPUSMINISTRY



OFFICE OF ADVANCEMENT

WHY JOIN CLUB '59?

CLUB '59 invites businesses and families to make an annual gift that impacts every part of the school - helping students thrive, programs grow, and our community flourish.

- Support faith-based, college-prep education
- Connect with over 7,000 alumni and over 500 current families
- Gain meaningful exposure through school communications and events
- Make a lasting difference in the lives of our students

Your partnership supports:

- The Gratia Gala
- Special Events
- Athletics
- Performances & Fine Arts
- Catholic Schools Week
- Cougar Network
- Student Activities

To learn more about Club '59 and all of its benefits, click here.

Ready to join?
Contact Dana Mitchell by clicking here, or calling (941) 371-4917 x299.
All gifts may be tax deductible. (59-0900923)
Every gift supports our students' journeys in faith, leadership, and academics.

CLUB '59
CARDINAL MOONEY SPONSORSHIP PROGRAM

As each has received a gift, use it to serve one another, as good stewards of God's varies grace.

1 PETER 4:10