

COUGAR NEWS



CARDINAL MOONEY
CATHOLIC HIGH SCHOOL

FRIDAY | MAY 29, 2026



ALWAYS BE FULL OF
JOY IN THE LORD.
PHILIPPIANS 4:4

Cougars



IMPORTANT DATES



UPCOMING DATES

Monday, August 10 **Freshmen Orientation**
7:50-2:35

Tuesday, August 12 Sophomore, Junior, Senior
Orientation, Time to be announced

Wednesday, August 13 First Day of School, 7:50 Start Time



2026-2027
SCHOOL YEAR CALENDAR

SUMMER WORK

Summer Work Assignments and Summer Reading are available on the school website: cmhs-sarasota.org.

If you have any questions, please email the teacher listed on the assignment.



CMHS UNIFORM

2026/2027 Approved Uniform

Tops



Red or Black Polo with
Academic or Cougar Logo
**Girls' Cut now available*
**Blue for Seniors Only*

Sweatshirts



Red or Black Crewneck Sweatshirt with
Academic or Cougar Logo
Grey Crewneck Mooney Sweatshirt

Quarterzips



Red or Black Quarterzip with
Academic or Cougar Logo

Bottoms



Belt

Khaki pants or shorts

**Shorts must extend to the length of
your fingertips when your arms are
relaxed at your sides*

Shoes



Sneakers/Tennis Shoes only

OFFICIAL UNIFORM SUPPLIER:

Children's World

ChildrensWorldUniform.com

4525 Bee Ridge Road, Sarasota

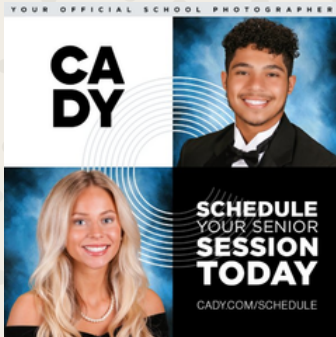
PE Uniforms are required and available
for all PE and athletic classes.



IMPORTANT

*class
of
2027*

JUNIOR FAMILIES



SENIOR PORTRAIT INFORMATION

Informational Flyer Regarding Senior Portraits



Step by Step Tutorial - How to Sign Up



Senior Portrait sitting sessions still available at CMHS on June 2nd.



STEP UP FOR STUDENTS

Reminder: Step Up for Students Parent Agreements are due on May 30th. If you have any questions, reach out to Mrs. Lawandus ext. 135



YEARBOOKS

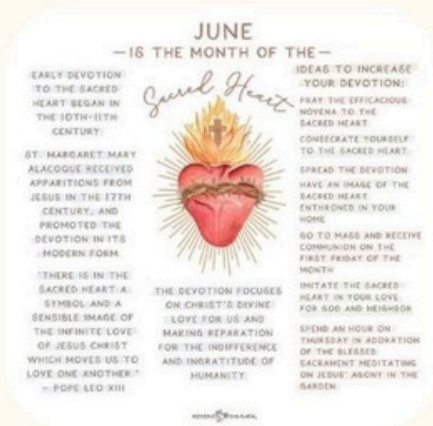
Less than 20 yearbooks are available for purchase.





Summer Newsletter

we're so glad you're here!



Pray for Us!



Heavenly Father,

as we begin this summer break, we thank You for the many blessings, challenges, and moments of growth You have given our students, staff, faculty, and families throughout this school year. Grant us rest that renews our minds, peace that strengthens our hearts, and joy that draws us closer to You and to one another. Protect all those who are traveling, working, serving, or spending time with loved ones, and help us to continue living our faith with kindness, gratitude, and love during the summer months. May this season be filled with opportunities to encounter You in prayer, in nature, in community, and in the quiet moments of everyday life. We ask this through Christ our Lord,

Amen.

"Come to me, all you who are weary and burdened, and I will give you rest."

– Matthew 11:28

Hallow

JOURNEY INTO THE HEART OF JESUS ...

Join Matt Fradd and Sr. Maria Goretti on a 12-day journey into the Heart of Jesus, where God's love becomes real, personal, and transformative. As we approach the Solemnity of the Sacred Heart on June 12, we will step into the mystery of Christ's love revealed through His life, death, and resurrection to find a love that is not distant but draws near to heal and restore our lives. Guided by themes from Matt Fradd's book, "Jesus Our Refuge," and rooted in a devotion cherished since the early Church, this challenge invites you not just to understand God's love, but to encounter it and discover a place of rest in the Heart that burns for you.

SUMMER

SPOTIFY PLAYLIST



CLASS OF 2026



Commit. Encourage. Pray. Respect. Serve.



174 GRADUATES



98% COLLEGE BOUND

HIGHLY SELECTIVE COLLEGE & UNIVERSITY ACCEPTANCES



EMORY
UNIVERSITY



Northeastern
University



UNIVERSITY
OF MIAMI



UNITED STATES MILITARY ACADEMY
WEST POINT



THE GEORGE
WASHINGTON
UNIVERSITY
WASHINGTON, DC



Northwestern
University



The University
of North Carolina
at Chapel Hill



UNITED STATES
NAVAL ACADEMY
Annapolis, Maryland



Middlebury
College



Stanford
University



UNIVERSITY OF
NOTRE DAME



VILLANOVA
UNIVERSITY



NYU



SWARTHMORE



USC University of
Southern California



WASHINGTON AND LEE
UNIVERSITY



FLORIDA COLLEGES AND UNIVERSITIES



23 ACCEPTED **17** ENROLLED



57 ACCEPTED **15** ENROLLED



54 ACCEPTED **15** ENROLLED



24 ACCEPTED **7** ENROLLED



31 ACCEPTED **6** ENROLLED



29 ACCEPTED **6** ENROLLED



20 ACCEPTED **4** ENROLLED



CATHOLIC COLLEGES AND UNIVERSITIES



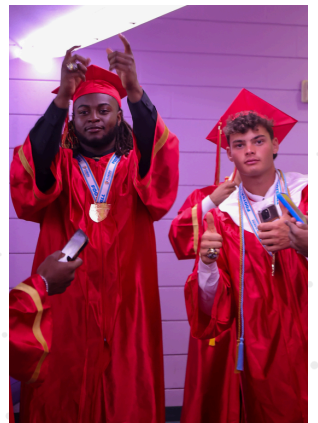
SAINT LEO
UNIVERSITY



UNIVERSITY
of DALLAS



GRADUATION





SENIOR AWARDS

OUTSTANDING SENIORS



MASON JORDAN

Congrats!



LUCIA DEVALLE



**MR & MRS JOHN G TROIANO AWARD
FOR EXCELLENCE IN TEACING.
NOTRE DAME CLUB AWARD
BETH SMITH**

FACULTY AWARDS



**CURTIS W MILES MEMORIAL
AWARD FOR SERVICE
SCOTT SCHEUER**



SENIOR AWARDS

TOP TEN

Duke Bergstrom
Gabriel Mehlum
Lucia del Valle
Theresa Harrell
Micah Page
Mateu Dalmau
Quinson Flammang
Isabella Picone
Alijah Tilton
Sophia Vance

AP SCHOLAR

Esme Doan
Chloe Miller
Patrick Dowell
Hugh Neesham
Quinson Flammang
Elise Posada
Theresa Harrell
Connor Simon
Danika Hoddinott
Rebekah Tilton
Kaya Hogue
Noelle Troiano
Chelsea McKay
Robert Wilson

GIFTS OF CHRIST

Affability

Isabella Picone
Ethan Salata

Beauty

Emma Zuniga

Fortitude

Hayden Pettit

Goodness

Layla Mast

Prudence

Bailee Brookover
Dax Wiegand

Truth

Lucia del Valle
Jackson Flammang

NATIONAL MERIT SCHOLAR COMMENDED STUDENTS

Duke Bergstrom
Jackson McCray
Emmy Stuart

AP SCHOLAR WITH HONORS

Maja Brodowska
William Staas
Grady Hillerich
Alijah Tilton
Isabella Picone

AP CAPSTONE DIPLOMA

Maja Brodowska
Theresa Harrell
Carlyn Collison
Danika Hoddinott
Navaeh Crews
Kaya Hogue
Esme Doan
Chelsea McKay
Patrick Dowell
Isabella Picone
Alejandro Flores
Trenton Shipe

UNITED STATES MILITARY ACADEMY AT WEST POINT APPOINTMENT

Carlyn Collison

AP SCHOLAR WITH DISTINCTION

Duke Bergstrom
Jackson McCray
Carlyn Collison
Gabriel Mehlum
Lucia del Valle
Trenton Shipe
Alejandro Flores

MOST IMPROVED SENIOR SCHOLARSHIP AWARD

Aidan Levine

EAGLE SCOUT SPECIAL RECOGNITION

Beatrice Airey
William Ittig



SENIOR AWARDS

MOONEY ACADEMIC SCHOLARS DIPLOMA

Beatrice Airey
Emerson Lepper
Djoudley Auguste
Gabriel Mehllum
Sebastian Bruno
Turner Mitten
Lucia del Valle
Scarlett O'Malley
Esme Doan
Micah Page

Trevor Dutting-Morrell
Isabella Picone
Joseph Esparza
Sophia Sampaio
Cooper Flammang
William Staas
Jackson Flammang
Emmy Stuart
Quinson Flammang
Alijah Tilton

Erin Griffith
Rebekah Tilton
Theresa Harrell
Noelle Troiano
William Ittig
Quincy Van Hoesen
Mason Jordan
Sophia Vance
Ava LaMorey
Ava White

JAMES AND MARGARET SCHWARZ SCHOLARSHIP

Markella Polo

FRANK AND FLORENCE COSEGLIA SCHOLARSHIP

Patrick Dowell

MARY FRAN CARROLL SCHOLARSHIP

Ashley Grimsley-Izaguirre

GOLDEN ROSE AWARD

Lucia del Valle
Sofia Erquiaga
Kaya Hogue

SUNCOAST BLOOD BANK SCHOLARSHIP AWARD

Kofi Brown
Lillian Brown
Grady Hillerich
Quinn Hillerich
Ava LaMorey
Jackson McCray
Gabe Mehllum

OPERATION ROUND UP SCHOLARSHIP AWARD

Ainsley Young

CARE BOARD
Scholarship Award
Theresa Harrell
Keira Smith

PAUL MORANDI MEMORIAL SCHOLARSHIP AWARD

Rosie Cadet
Patrick Dowell
Ashley Grimsley
Grace Hroncich
Alijah Tilton

FATHER CONNIE DOUGHERTY ATHLETE AWARD

Sophia Steele
Patrick Dowell

OUTSTANDING SENIOR ATHLETE AWARD

Kelsey Fisher
Mason Jordan



SENIOR AWARDS

ACADEMIC DEPARTMENT COURSE AWARDS

Business

Keira Smith

Computer Science

Duke Bergstrom

English Language Arts

Isabella Picone

Fine Arts

Lucia del Valle

Foreign Language: Sign Language

Markella Polo

Foreign Language: Spanish

Alijah Tilton

Graphic Arts

Mason Jordan

Mathematics

Jackson Flammang

Ministry

Lucia del Valle
Jackson Flammang

Music

Beatrice Airey

Performing Arts

Emmy Stuart

Physical Education

John Badala

Robotics

Sophia Eible

Science

Noelle Troiano

Social Studies

Jackson McCray

Sports Broadcasting

Joseph Antonucci

Theology

Sofia Erquiaga

Yearbook Senior Editor in Chief

Lucy Sanborn
Keira Smith



SENIOR AWARDS





UNDERCLASSMEN AWARDS

SPECIAL AWARDS AND SCHOLARSHIPS

Anne Frank Humanitarian Award

Madeline Lessig

Scheuer Family Scholarship

Isabel Smithers

Greg Matthew Rattigan

Memorial Scholarship

Chase Muckenfuss

Gage Schrantz Scholarship

Jesse Rico

Robert P. Haase Memorial Scholarship

Brady Kerewich

Gigi Longpre Memorial Scholarship

Amelia Dammann

Aidan McDonald Memorial Scholarship

Michael Vassallo

Morgan Lee Scholarship

Hadley Paben

Haber Grandparent Scholarship

Ashley Aular

Ava Bruno

Wyatt Liott

Kara Roux

Kaeden Shouse

Elisabeth Ethal Scholarship

9th Grade: Nico Gordic Ronderos

10th Grade: Heaven Francois-Thermesy

11th Grade: Colleen Putnam

Book Awards

Harvard University Book Award

Jack Fiskness

Notre Dame University Book Award

Sasha Tyler

St. Leo University Book Award

Jack Naylor

St. Michael's College Book Award for Community Engagement Nominees:

Luke Fisher

Hadley Paben

Yale University Book Award

Addison Cheesman

Gifts of Christ

Kade Boydstonm- Beauty

Brielle Buckley - Humility

Brody Redmon - Goodness

Taylor Rosenberg - Fortitude

Jevon Walker - Humility





UNDERCLASSMEN AWARDS

ACADEMIC ACHIEVEMENT

The following students are being recognized for outstanding achievement in their courses at Cardinal Mooney.

Giovanna Ackroyd H Spanish 3
Riley Asher Algebra 1
Robert Beall AP Physics
Mason Bellavia B Weight Training
Mackenzie Berning ASL 1
Kade Boydston H World History and Sports Broadcasting 1
Kevin Brinkworth Business Ownership
Anna Brodowska AP Statistics
Brielle Buckley AP Drawing & Theology 11
Evan Buttle Earth Space Science
Itzel Camarillo Garcia 2D Studio Art 1
Ivan Camarillo Garcia Math for college statistics
Skyla Campano Theology 10
Mia Cappelli English 9
Reese Capron Geometry
Annabella Cesare Honors English 1, Spanish 1, Honors Biology, and Honors Geometry
Kimberly Chambers AP World History
Addison Cheesman AP English Language
Cadence Clay Honors English 2, Honors Spanish 3, and Honors Chemistry
Phoebe Cobb Digital Art 1
Margaret Collins Theater 1
Shannon Collins Honors Pre-Calc
Molly Compa Band 4
Connor Cross Algebra 2
Logan Danahy Advanced Weight Training
Isabella De Carlo Honors Spanish 2 and Honors Algebra 2
Zachary Deck Spanish 1
Rebecca Elias 2D Studio Art 1
Domenico Fiorenza Physical Science
Luke Fisher Art of Cinema
Jack Fiskness Honors Spanish 4
Giana Force AP Seminar
Lucas Garcia AP Spanish

Karol Garland Digital Art 1
Michael Geaglone AP Calc AB and Honors Physics
Margaret Mary Gillson Theology 9
Kiana Gilmour Spanish 2
Salome Giraldo-Rodriguez AP Spanish and AP Environmental Science
Sofia Golembeske Band 3 and Biology
Christina Hammett Psychology
Andrew Hopper Theology 11 and AP Biology
Anna Hunek Theater 2
Nora Hurley Honors Digital Art 3
Justine Iaccino Honors Band 5
Finnegan Jachimski Intermediate Weight Training
Sydney Jackson ASL 1
Leah Johnsen Power weight training
Addison Kearns honors anatomy
Sophia King Math for college liberal arts
Jonah Lelyo ASL 1
Tre Liszewski English 3 and Marine Science
Kyla Logan 2D Studio Art 2 and AP English Literature
Brennan Love Algebra 2
Vincent Luong HOPE PF
Emma McDowell Digital Art 2
Savannah McEachern honors Theater 3, Anatomy, and AP US History
Mia McLauchlan AP Human Geography
Gavin Monteforte Honors Television and Sportsbroadcasting 2
Katherine Mullin ASL 2
Maeve Murray Math for College Algebra
Sophia Navarro-Lenza Honors Spanish 2
Sophie Norton 2D Studio Art 2
Marisol Oro Robotics
Brooke Peterson Honors English 3

Maryn Peterson Algebra 1
Campbell Pope Digital Art 2
Eleanor Ramsdell Keyboard 1 and AP Computer Science
Kara Roux Honors US History
Jax Saganowich Theology 10
Olivia Scott Speech
Isabel Smithers HOPE PF
Angelina Stafyleras Honors Spanish 3
Jackson Stipancich Theology 9
Erin Sugg Honors Television and Sportsbroadcasting 2
Jacob Swann US History and Sociology
Alexandra Tran AP Psychology
Caroline Vaughan World History
Jevon Walker AP Psychology
John Wall HOPE LMS
Jadyn Watts Honors Marine Science
Addison Wiegand English 10
Rylee Young Digital Art 1
Jennifer Zombori Chemistry
Jordan Zuniga ASL 2





UNDERCLASSMEN AWARDS





STUDENT LIFE

CAMP SHRIVER

Spots are still open for
volunteers and Campers! See
Mrs. Chappell for info

Special Olympics Florida

Camp Shriver

Special Olympics Florida
presents Camp Shriver at
Cardinal Mooney

June 8th- 12th
9am-2:30pm
4171 Fruitville Rd,
Sarasota, FL 34232

COUGARS
Special Olympics
Florida
Suncoast
Charities
FOR CHILDREN
SARASOTA
COUNTY

GENTLY LOVED UNIFORMS



Gently loved uniform donations are now being accepted in the Front Office. Please make sure all items are freshly laundered before dropping them off. These donations help support students throughout the school year who may need a change of clothing, including shirts, pants, or shorts, during the school day.

Thank you!

THURSDAY, JUNE 11, 2026 | 6PM

CMHS FREE ATHLETIC PHYSICALS COUPONS





ATHLETICS

2026-2027 ATHLETIC PHYSICAL NIGHT

Cardinal Mooney Catholic High School is pleased to offer a Free Athletic Physical Night in partnership with Coastal Orthopedics for all student-athletes preparing for the upcoming sports seasons.

Date: Thursday, June 11

Location: Cardinal Mooney Catholic High School

Physical Times

Last Names A–M: 5:30 PM

Last Names N–Z: 6:15 PM

In addition to the free athletic physical, families will have the opportunity to participate in an **ECG heart screening** provided by “Who We Play For” for an additional \$20. The \$20 fee is paid directly to “Who We Play For” the day of the event. This is an **FHSAA requirement for all incoming 9th graders, and any student who has never participated in a sanctioned FHSAA sport in high school.**



SIGN UP



MORE INFO

Student Athletes will also have to create an account on Athletic Clearance to upload all completed paperwork and certification of completion for their NFHS classes. Directions on how to create an account, and complete these classes you can access on our school website under the Athletics tab – Athletic Clearance and Resources. It is recommended to complete the paperwork prior to arriving to save time. We will also have copies of the paperwork on site.

Paperwork for Physical Night

EL2: FHSAA Required Physical Form



EL1: ECG Screening Form



We encourage all student-athletes planning to participate in athletics during the upcoming school year to attend.

If you have any questions, please contact the Cardinal Mooney Athletic Department.
Go Cougars!



SUMMER CAMPS



CARDINAL MOONEY HIGH SCHOOL

SUMMER CAMPS

REGISTER TODAY
CMHS-SARASOTA.ORG

REGISTER HERE

*BAND CAMP IS FULL

