

COUGAR NEWS

CARDINAL MOONEY
CATHOLIC HIGH SCHOOL

FRIDAY, MARCH 22, 2024



“As each one has received a gift, use it to serve one another as good stewards of God’s varied grace.”

1 Peter 4:10

Cougars
Create

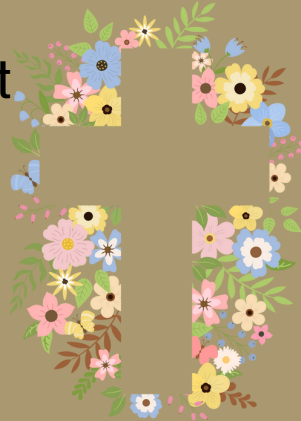


IMPORTANT INFO



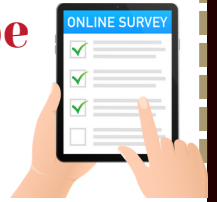
IMPORTANT DATES

- March 27, Wednesday
7 period day, 7:55 start
- March 28-April 7th
Easter Break
- Monday, April 8th
School Resumes
- Wednesday, April 10th
Career Fair 10th Graders



**Deadline Tuesday,
March 26th**

**Help Shape
CMHS's
Future**



Cardinal Mooney High School is preparing a comprehensive strategic plan that will address enrollment, educational programs, facilities, finances, and other issues. Be a part of shaping our future by completing the **Parent Survey**.

SURVEY LINK



2024-2025 SCHOOL YEAR CALENDAR

IS NOW AVAILABLE ON OUR WEBSITE.

*Calendar is subject to change



**2V2 SPIKEBALL
TOURNAMENT**



SCAN TO REGISTER

**FRIDAY, MARCH 22
7PM | \$20 PER TEAM
IN THE CMHS STADIUM**



**Click to watch a beautiful
Student-made Video about
the 'Gifts of Christ'**



SCHOLARSHIPS

2024-2025 School Scholarships Available



Scholarships for Parishioners of St. Thomas More

The Knights of Columbus Council 7826 of St. Thomas More Parish offers a high school scholarship program for children and grandchildren of parents and grandparents who are registered parishioners. Scholarships will be awarded for the school year beginning in August 2024 at Cardinal Mooney Catholic High School. There are currently five scholarships available to be awarded ranging in amount from \$1,000 up to \$2,500.

Application forms and guidelines are available by email request or at the Parish Office. **The deadline for submitting completed applications is May 3, 2024.** To receive a packet by email or if you have any questions please email Steve McElroy, Scholarship Committee Chairman, at mcelroyfs@verizon.net or call 941-539-4263.

Freshman, Sophomore & Juniors

Cardinal Mooney has over \$40,000 in Scholarship money to award for the 2024-2025 CMHS School Year.

Please visit our website under: Admissions -> School Scholarships to learn more about submission dates and eligibility.



Friday, March 29th Deadlines

SENIORS

Additional College Scholarship information can be found on the CMHS Website



DON'T MISS OUT!



Attention CMHS Seniors who have attended Cardinal Mooney for all 4 years!

“The Mission of the CARE Board is to promote and foster quality Catholic Education and activities by supporting the Cardinal Mooney Catholic High School community.”

As part of our mission, the CARE Board is offering TWO one-time \$500 Scholarships to two deserving Cardinal Mooney seniors. To qualify, please write an essay (500 word maximum) answering the following question:

“As a four-year student of Cardinal Mooney Catholic High School, reflect upon the mission statement of the CARE Board. In your essay, share with the scholarship committee how you have demonstrated promoting Catholic education and supporting the school community through your experiences at Cardinal Mooney. Include how you plan to promote and foster quality Catholic education and activities for a future generation. This is an essay-based scholarship.

This is an essay-based scholarship.

Essays are due on Friday, March 29th at 3:00 pm to Caroline Melby cmelby@cmhs-sarasota.org

Must be submitted as a Word Document or a PDF file with your name at the top.

Friday, March 29th Deadline



FAITH & SERVICE



Lenten Morning Mass

Join us for Daily Mass this Friday, March 22nd at 7:15 am in our chapel. Enjoy this extra opportunity to celebrate the Eucharist during the Lenten season. All are welcome to attend including students, parents and teachers. We hope to see you there.

MAKE PALM CROSSES

Everyone always wants to know how to make palm crosses. Here is a simple way—a little tricky, perhaps, but once you've mastered it, it will be easy to do. Enjoy!

Most palm fronds are actually double; split the frond into two long separate strips. Remove any stringy bits.



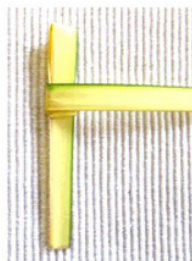
1. Hold palm pointing up; about 5-6 inches from the bottom, fold top over keeping the long part toward you.



2. About 1½-inches from the top, fold long end on the diagonal to the right, making a right angle.



3. Wrap the long end around the upright 2½ times; this is important!



4. Flip it over.



5. Make an arm about 1½-2-inches, folding the long end toward you.



6. Make second arm, folding on the left.



7. Make a diagonal fold so the long end points up.



8. Slip the point of the long end behind the center loops.



9. Loop the long end a 2nd time behind the center loops; pull taut to secure the cross. The top piece may be adjusted by pulling on the base.



Finished cross!



Diaper Drive

Collections ends Tuesday, March 26
DIAPERS, WIPES, OR PULL-UPS

Contact Mr. Scheuer



Cardinal Mooney Rice Bowl Collection:



Catholic Charity Rice Bowls will be distributed to all students this week during Theology Class. Please consider this opportunity as part of your family Alms Giving.

Each Lent, Catholic and non-Catholic families across the country unite to put their faith into action through prayer, fasting and almsgiving. Through CRS Rice Bowl, families learn about how our sisters and brothers across the globe and our diocese overcome hardships like hunger and climate change, and how through Lenten alms, we have the power to make the world a better place for all.



FAITH & SERVICE

Reconciliation



Repent, then, and turn
to God, so that your
sins may be forgiven.
Acts 3:19





STUDENT LIFE

Mamma Mia!

Congratulations to the cast & crew of Mamma Mia

on performing 4 successful shows!

Creative Team

Rebeca Arrigall-Watkins - Director

Ryan Krause - Technical Director

House

Brooke Johnson (Head), Ava White, Ayla Mearriam, Adison Miltenbeger, Alana Jenkins

Costume

Genberger, Ke Sme)tna iny, Sasha Tyelr, Adsoin Makeup

Isabella Picone (Head), Isabelle Hokansen, Katie Mullin, Ashley Bane, Emily Simmons

Set

Manil Sabhi Ter, Bert Fegewsin, RAI Miler, Valentine Gloria, Mason Shattenberg

Prop

Isabelle Hokansen, Jacob Swann, Nicole Trauger

Cast List

Donna - Gracie Oldham

Sophie - Kaya Hogue Tanya -

Samantha Agullera Rosie -

Annabella Augustine

Sam Carmichael - Vincent Wren

Harry Bright - Andrew Blessitt

Bill Austin - Harrison Melby

Sky - William Hahn

Ali - Djoudly Auguste

Lisa - Baylee Shattenberg

Pepper - Evan Buttle

Eddie - Porter Osuch

Father Alexandrios - Lorenzo

Walls

Ensemble

Emmy Stuart - Featured Dancer

Wesley Chamberlain Elle

Lambert

Savannah McEachern Gabe

Mehlum

Megan Williams



Assistant Director

Elle Lambert

Co-Choreographers

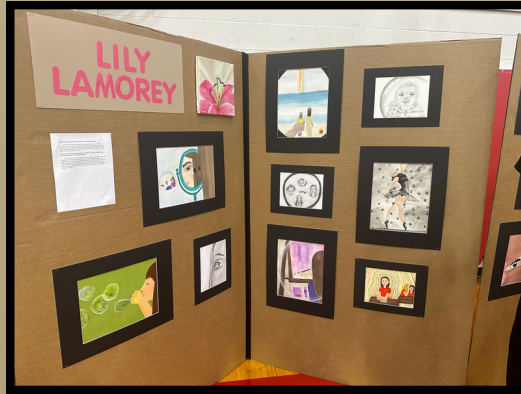
Samantha Aguilera and Maja Brodowska

Tech Crew

Maria L a n d e r (Asst. Technical Director), Hailey Renner (Lighting Op), Meghan Compa (Lead Audio), Hayden Sands (Asst. Audio), Emma Oldham (Spotlight Op), Madeline Lessig (Camera Op)



ART SHOW STUDENT LIFE





STUDENT LIFE



**Senior Retreat is today
Friday, March 22nd.**

Pray for our seniors!



Juniors and Seniors were blessed to have the opportunity to learn more about vocations in religious life. Special thanks to the Franciscan Sisters of the Eucharist and Fr. Alex Pince for sharing their experiences in religious life with us.



The Cougars in Action (CIA) took some time during Lent to create toiletry bags for the homeless and filled them with scripture messages and individually written messages of hope.





STUDENT LIFE



PROM 2024



JUNIORS & SENIORS:
**REGISTER
NOW**

ALL PROM INFORMATION IS AVAILABLE
THROUGH THE ALL-SCHOOL CANVAS HUB,
INCLUDING RULES AND REGISTRATION
FORMS.

TICKETS WILL BE ON SALE FROM APRIL 8-17TH.

STUDENTS MUST BE REGISTERED FOR PROM IN
ORDER TO RECEIVE AN ACCESS CODE TO
PURCHASE THEIR TICKET.

SUPPORT CARDINAL MOONEY THROUGH THE GIVING CHALLENGE

NOON TO NOON, APRIL 9 - 10, 2024

GET READY TO CONNECT, COLLABORATE, COME TOGETHER

2024
GIVING CHALLENGE
Be The One

Presented by the
Community Foundation
of Sarasota County

Be the One to make an impact
and double your gift!

Cheer Us On and Support Us During the Giving Challenge

April 9 & 10
Noon to Noon

CARDINAL MOONEY CATHOLIC HIGH SCHOOL
1959

This is BIG

2024
GIVING CHALLENGE
Be The One

What is the Giving Challenge?

The Giving Challenge is an online giving event that provides nonprofits the opportunity for people in our region to come together to raise as much money as possible for local nonprofits. To learn more about the history of the Giving Challenge, click [here](#).

Double my gift? Really!? To strengthen giving during the 2024 **Giving Challenge (April 9-10)**, [The Patterson Foundation](#) (TPF) will provide a 1:1 match for all unique donations, up to \$100 per donor, per organization made online with a credit or debit card. There is no limit to the number of individual matches from unique donors a nonprofit organization can receive during the 2024 Giving Challenge.

There is no limit to the number of nonprofit organizations a donor can give to and still get matched.



ACADEMIC SERVICES

Community Service

LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?



The All School Module found on Canvas has a routinely updated community service link. Opportunities both current and year long are all posted at this link. Verification forms our school requirement letter are also posted for easy access. If you have any questions, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org

Career Fair

**April 10th
Sophomores
during the school day**



CMHS will be hosting its annual Career Fair for Sophomore Wednesday, April 10th for our Sophomores.

For additional information please contact, Mrs. Bianca George:

bgeorge@cmhs-sarasota.org



Dual Enrollment Information for 2024-25

We are working with two colleges for dual enrollment for the 24-25 school year, SCF and UF. Current interested sophomores and juniors must meet the criteria set forth by the college. The deadline for SCF is May 15. The deadline for UF is April 12. For more information, please click here.

Contact Mrs. George in Guidance with any questions.



NHS HOMEWORK HELPERS

Any student looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society Homework Help Monday – Thursday in room G105. This free service begins at 2:40 and ends at 3:10. No appointment necessary. For any information please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org

COUGARS

March 22-29

Friday – 3/22

Boys Lax: Oxbridge – Away - TBD

Saturday – 3/23

Boys Lax: Benjamin – Away - TBD

Baseball: JV Tampa Catholic – 11am, Varsity Tampa Catholic – 2pm- Home

Boys and Girls Track – Out of Door Academy Invitational – Away – TBD

Beach Volleyball: Berkeley Prep – Away - TBD

Monday – 3/25

Softball: Keswick Christian – Away – 4:15pm

Baseball: Varsity – Booker – Home – 4:30pm

Boys Lax: Springboro (Ohio) – Home – 5pm (Senior Night)

Tuesday – 3/26

Boys Lax: Montverde – Away – 6pm

Boys and Girls Tennis: Booker – Home (Payne Park) – 3:30pm

Softball: Zephyrhills Christian – Home – 4pm

Baseball: JV – Sarasota – Home – 4:30pm

Girls Lax: JV Sarasota 5pm, Varsity Sarasota 7pm – Home (Senior Night)

Beach Volleyball: Clearwater Central Catholic – Away – 4pm

Wednesday – 3/27

Baseball: JV Lemon Bay – Home – 4:30pm

Girls Lax: JV Venice, Varsity Venice 7pm – Home

Thursday – 3/28

NO GAME OR MATCHES

Friday – 3/29

NO GAMES OR MATCHES

Saturday – 3/30

NO GAMES OR MATCHES

For more Athletic Updates,
highlights & try-out info
follow:
mooney_athletics
on Instagram



Visit the CMHS
Ticket page!



Cougar Fans live stream athletic events from our HOME stadium
and gymnasium through CMHS Athletics' YouTube channel.
Subscribe today!