

COUGAR NEWS

CARDINAL MOONEY
CATHOLIC HIGH SCHOOL

FRIDAY, NOVEMBER 10TH, 2023



"In all things, give THANKS."

1 Thes 5:18

Thankful
Cougars

IMPORTANT INFO

Upcoming Dates



November 11th & 20th

HSPT testing for 9th grade admissions

December 13th Wednesday

7:55am start (no late start) - 7 period schedule

December 14-19 Semester Exams

Make-up Exams on December 20

Grandparents Day - more info to come

January 31st - Student Last Name A-L

February 7th - Student Last Name M-Z

MENU

Week A

MONDAY:

BURGERS \$5

CHICKEN FLATBREAD \$5

TOTS \$3

TUESDAY:

CHICKEN TENDERS \$5

ITALIAN SUBS \$5

WEDNESDAY:

MEATBALL SUB \$5

PASTA \$5

THURSDAY:

CHICKEN SANDWICH \$5

EMPANADAS \$5

FRIDAY:

MARCO'S PIZZA \$2.50 A SLICE

Week B

MONDAY:

BURGERS \$5

SPICY CHICKEN \$5

TOTS \$3

TUESDAY:

CHICKEN TENDERS \$5

STEAK-N-CHEESE \$5

WEDNESDAY:

PULL-A-PARTS \$5

PRESSED CUBANS \$5

THURSDAY:

CHICKEN SANDWICH \$5

BBQ PORK RIBBS \$5

FRIDAY:

MARCO'S PIZZA \$2.50 A SLICE

Holiday Breaks

Thanksgiving
November 20th-24th

Christmas
December 21st- January 4th



Wednesday, November 15th
Boys Lax

Chick-fil-a for sale outside the gym

8am-9:15am

\$4.75 sandwich or \$2.75 biscuit

cash or credit



ADVANCEMENT



Admission Dates for 2024-2025

Do you know someone who might be
interested in Cardinal Mooney?

HIGH SCHOOL PLACEMENT TEST

Saturday, November 11

or

Monday, November 20

For more information, please visit our web
site at:

<https://www.cmhssarasota.org/admissions/>



Giving Tuesday | November 28th



"First comes Black Friday, then Cyber Monday,
but the real holiday magic happens on Giving Tuesday.
CMHS Student Telethon #GivingTuesday



ACADEMIC SERVICES

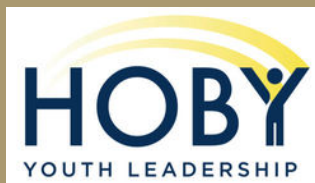


Cardinal Mooney Receives Gold

914 schools (6% of eligible schools) received Gold level AP School Honor Roll recognition.

Qualifications

- College Culture: 40% or more of the graduating cohort took at least 1 AP Exam during high school.
- College Credit: 25% or more of the graduating cohort scored a 3 or higher on at least 1 AP Exam during high school.
- College Optimization: 2% or more of the graduating cohort took 5 or more AP Exams during high school. At least 1 of those exams was taken in 9th or 10th grade, so that students are spreading their AP experience across grades rather than feeling disproportionate pressure in any single year.



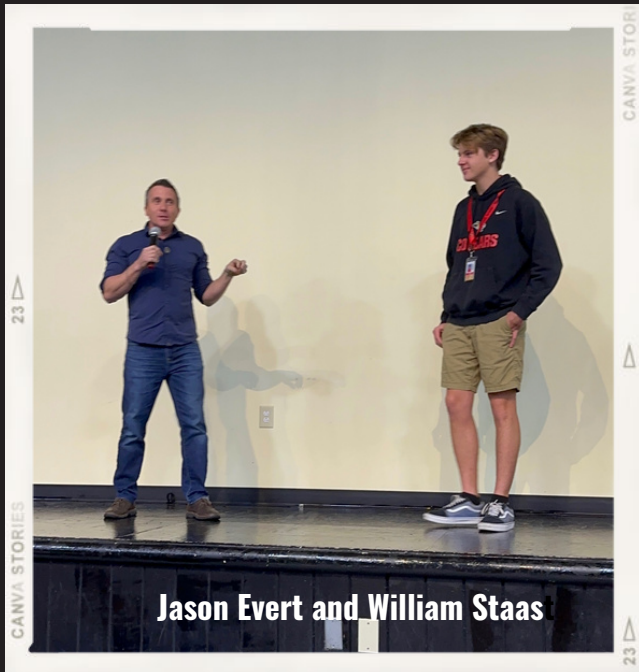
Represent CMHS at HOBY

Attention Sophomore Leaders! Are you a leader? We will be sending two student leaders to represent Mooney at the HOBY leadership conference this Spring at Eckerd College in St. Pete. Essay submission has been extended to Monday, November 13th. Please see the attached flyer for more information or visit Mr. Flatter with your questions.

click
here!

PARENT INVOLVEMENT

Speaker Jason Evert



Jason Evert and William Staas

On Monday, Cardinal Mooney was fortunate to have Jason Evert come speak to our students on the topic of chastity. His talk was relevant and real. We were all blown away by his ability to speak about weighty topics to teens. It was done in a fact-based and relatable way. The students were paying attention and really enjoyed his talk. Thank you to the Diocese of Venice for sponsoring this event.



About Jason Evert

Jason Evert is a Catholic author and chastity speaker. He founded Totus Tuus Press and Chastity Project, an organization that promotes chastity primarily to high school and college students.

Evert earned a Master of Theology from the Franciscan University of Steubenville, with undergraduate degrees in theology and counseling, with a minor in philosophy.

He is married to Crystallina Evert, who is also a chastity speaker and runs Women Made New Ministries. Crystallina is the author of the books *Pure Womanhood*, *How to Find Your Soulmate Without Losing Your Soul*, and the curriculum *YOU: Life, Love, and the Theology of the Body*.

FAITH & SERVICE

Mooney's Annual Thanksgiving Food Drive

This year we are expanding our efforts with our annual food drive. Each grade level will oversee a food pantry or food bank with their donations. Details will be discussed in Theology classes and grade level emails will be sent soon but these are the assignments:

Seniors: Collect for All Faiths Food Bank

Juniors: Collect for St. Thomas More Parish Food Pantry

Sophomores: Collect for St. Joseph Parish Food Bank

Freshmen: Collect for Incarnation Parish Food Pantry



NHS HOMEWORK HELPERS

Any student looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society Homework Help Monday – Thursday in room G105. This free service begins at 2:40 and ends at 3:10. No appointment necessary.

For any information please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org



The Haven's Annual Jingle Jog

The Haven is hosting their 26th Annual Jingle Jog on December 2nd from 7:00 am to 11:00 am. They are looking for volunteers to work the event. The link for the sign-up genius is below. If there are any questions, please see Ms. McVey in G202.





STUDENT LIFE



Members of the CMHS Band performed at St. Martha on Wednesday for their Veteran's Day Celebration.



The Equestrian Club with their mascot, Max!



Open House - Student Panel



NHS Students preparing to lead tours at the 2024/25 Open House.



Madison Duncan has officially signed with St Mary's College in Notre Dame, IN to pursue her passion for softball! Congrats Maddie!





ATHLETICS

FOOTBALL: The Football team finished their season with an 8-2 record and won their final game of the season 51-0 over Bayshore High. In addition the team won the District Championship over John Carroll Catholic HS. The team host Lakeland Christian in the Regional Semifinals on Friday, November 17th. Kickoff is at 7:30pm. All tickets are on GoFan.

VOLLEYBALL: The team won Districts in a sweep of Bradenton Christian School. The girls then defeated Tampa Prep in straight sets and then lost to eventual state finalist Carrollwood Day School.

GIRLS SOCCER: The girls opened up their season with a 2-2 tie on the road vs. 2022-23 State Runner Up Lakewood Ranch. This was a super impressive start to the season for the Lady Cougars!



GIRLS WEIGHTLIFTING

The girls completed in their first match of the season last week at Lakewood Ranch High School.

Dual Meet vs. Lakewood Ranch High School Results:
Shelly DiLorenzo: Finished 1st in Traditional and Olympic
Annabella Masters: Finished 1st in Olympic



MOONEY SWIM AT STATES

The Boy's Free Relay Team (Mitten, Suarez, Mitten and Krajewski) placed 21st at the Florida 1a State Meet. The Boy's Medley Relay Team (Mitten, Krajewski, Navarro-Lenza and Mitten) dropped time and placed 14th overall! Daniel Krajewski took 12th in the 200 IM, and 17th in the 500 Free. Turner Mitten took 20th in 200 Free and 19th in the 500 Free.

CROSS COUNTRY

Addie Dempsey placed 1st and set a new course record leading the girls' team to States. Girls placed 4th and advanced to the State meet: Rosemary Selke, Ellie Runnels, Samantha Petrilli, Hailey Fritchle Kyla Logan, Karel Dib, Kayla Skaarup, Maeve Murray

PJ Svilokos from the Boys team placed 11th overall and advanced to the State meet.



COUGAR ATHLETICS SCHEDULE



TUESDAY, NOVEMBER 14th

8am Girls & Boys Golf
States

TBA Girls Basketball
Away @ Lakewood Ranch

5pm Girls JV Soccer
7pm Girls Varsity Soccer
Home v Braden River

7pm Boys Varsity Soccer
Away @ Patel

WEDNESDAY, NOVEMBER 15th

8am Girls & Boys Golf
States

5:30pm Boys Basketball,
Preseason Classic
Away @ Charlotte

THURSDAY, NOVEMBER 16th

TBA Girls Basketball
Away @ Lakewood Ranch

7pm Boys Soccer
Away @ St. Stephens

FRIDAY, NOVEMBER 17th

Cross Country State Meet

7:30pm Football, Regional Semifinals
Home v Lakeland Christian

6pm Boys Soccer
v Bradenton Christian @ 17th St Fields

TBA Boys Basketball
Preseason Classic
Away @ Charlotte



Save time and purchase your
athletic tickets from home.

Visit the CMHS Go Fan Ticket page!



Cougar Fans live stream athletic
events from our HOME stadium and
gymnasium through CMHS Athletics'
YouTube channel. **Subscribe today!**



Concessions

Pay by Cash, Credit cards,
Apple Pay, Google Pay