

COUGAR NEWS

CARDINAL MOONEY
CATHOLIC HIGH SCHOOL

FRIDAY, SEPTEMBER 01, 2023



I can do all things through him
who strengthens me.

Philippians 4:13

Mooney
Pride

IMPORTANT INFO

School Calendar Change

Have a Wonderful
Long Weekend Mooney Families!

No School:
**September 4th & 5th and
the 11th for students.**
Updated Calendar on Last Page

Academic Deadlines

Late Work Deadlines:

Individual Class late work policies can be found in the class syllabus.

CMHS has two hard deadlines:

October 6: All late work from the first nine weeks
must be submitted

December 11: All late work post-October 6
must be submitted

Homework Helpers

NATIONAL HONOR SOCIETY HOMEWORK HELPERS

Any student looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society Homework Help Monday – Thursday in room G105. This free service begins at 2:40 and ends at 3:10. No appointment necessary. For any information please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org

**LUNCH
TIME**

MENU

Week A

MONDAY:

BURGERS \$5
CHICKEN FLATBREAD \$5
TOTS \$3

TUESDAY:

CHICKEN TENDERS \$5
ITALIAN SUBS \$5

WEDNESDAY:

MEATBALL SUB \$5
PASTA \$5

THURSDAY:

CHICKEN SANDWICH \$5
EMPANADAS \$5

FRIDAY:

MARCO'S PIZZA \$2.50 A SLICE

Week B

MONDAY:

BURGERS \$5
SPICY CHICKEN \$5
TOTS \$3

TUESDAY:

CHICKEN TENDERS \$5
STEAK-N-CHEESE \$5

WEDNESDAY:

PULL-A-PARTS \$5
PRESSED CUBANS \$5

THURSDAY:

CHICKEN SANDWICH \$5
BBQ PORK RIBBS \$5

FRIDAY:

MARCO'S PIZZA \$2.50 A SLICE

ACADEMIC SERVICES



Freshman & Sophomore Parents

The Academic Services department would like to welcome our parents for an informational presentation.

Freshmen Parents: **Wednesday, September 13th at 6:30pm.**

Sophomore Parents: **Wednesday, September 20th at 6:30pm.**



PSAT Information

The PSAT will be given to all students in grades 9, 10 and 11 on October 11th during the school day.

It is imperative that all students download the blue book app on their iPads by October 1st and are able to login with their College Board accounts. All students were instructed how to do this through their English class. It is very important that students do not create a new College Board account if they are unable to login to their old account.

If your student is unable to login to his or her College Board account, please call College Board at 866-630-9305.



College Visits

Attention juniors and seniors: The academic services office has two college visits scheduled for next week. University of Alabama will be visiting on Wednesday, Sept 6th at 9:30am.

Providence college will be visiting on Friday, September 8th at 10:35am.

Please make sure to register through Naviance at least 24 hours ahead

FAITH & SERVICE



COMMUNITY SERVICE

LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENT?

Opportunities to earn community service hours will always be available all school year and posted on Canvas under the All-School Module at the Community Service link. You will also find verification forms and requirements posted at this site and at your student's Theology teachers Canvas site. Please look over and review this graduation requirement for all students of Cardinal Mooney. If you have any questions please contact Mr. Scheuer on campus or at sscheuer@cmhs-sarasota.org

SUNCOAST BLOOD DRIVE ON CAMPUS

The Bloodmobile will be here today; 9:00 AM to 2:00 PM. Those who are at least 16 and in good health are eligible to donate the "gift of life." Three hours of community service is available for one pint of blood donated.

If you are 16 but not yet 17, you **MUST** bring a parental permission slip and a photo ID with you to the Bloodmobile.



SEEKING THE SACRAMENT OF CONFIRMATION?

The Diocese of Venice has a Religious Education Office that emphasizes the importance of the Sacrament of Confirmation with a two-year program. The young women and men go through a process where they complete one phase of their faith journey and prepare to begin the next phase as full Christians who are called to be more and reflect the love and goodness of Christ in their heart and soul.

[Click for more info](#)

PARENT INVOLVEMENT



Do You Own a Business?

Become a valued sponsor at our 2023 Cardinal Mooney Annual Golf Tournament Fundraiser. Please check out various [Sponsorship Levels here](#) or contact: [Erica Diminno](#)



All Are Welcome

We invite parents, students and faculty to join us for Mass on the first Friday of each month at 7:15am in the Mooney Chapel with Father Alex.

First Friday of the month @ 7:15am
September 1
October 6
November 3
December 1

Please join Us for Our First CARE Board Meeting

Wednesday Sept. 6th @ 9:45am

- **Volunteer for the CARE Board as:**
 - **Vice President**
 - **Secretary**
- **Join Sub-Committee Teams**
 - **Way to Go Wed. for teachers**
 - **Catholic School Week**
 - **Grandparents Day**
 - **Teacher Appreciation Week**
 - **College Fair Visits**

COUGAR COMMUNITY



BOYS GOLF: The Golf team opened the season with a 7th place finish in the John Ryan Memorial. Junior Nico Bencomo led the way with a one over par 73. The Cougars also went to Bradenton Country Club and defeated BCS 152-160.

GIRLS GOLF: The girls golf team is off to a nice start. They won their first two matches against Sarasota High and Manatee High before losing to St. Stephens by 4 strokes. In the loss the ladies were led by Jolie Pastorek (39) and Kaitlyn Galvin (40).



FOOTBALL: The Varsity team is off to a great start with victories over crosstown rival Booker 24-20 in the kickoff classic. The Cougars opened up week one with an impressive 54-0 win over Avon Park. Next up the Cougars face Lakewood Ranch at home!

CROSS COUNTRY: Senior Addie Dempsey placed first last week at the Lemon Bay meet with a time of 18:04. The girls finished 8th overall out of 18 teams. The boys finished 15th overall.



VOLLEYBALL: The girls volleyball team is off to a fast start in 2023. The Lady Cougars have defeated Port Charlotte and Palmetto thus far. They travel to Wesley Chapel this weekend for the Nike Tournament of Champions.

STUDENT LIFE



TICKETS

[Click Here to Buy Family Pass and Tickets to Cougar Games](#)

All tickets can be purchased through the Go Fan website.



VARSITY FOOTBALL

9/01 **Home** Game
Mooney Vs. LWR HS 7:00pm

FOOTBALL GAME THEMES

8/25 RED W 54-0 	9/1 USA 	9/8 Hawaiian 	9/14 JERSEY NIGHT 
9/22 WHITE OUT 	9/29 NEON NIGHT 	10/13 PINK OUT 	10/20 GOLD OUT 
10/27 HOMECOMING/ BLACK OUT 			11/3 TIE DYE 



Calling All Cougar Crazies-

See You Tonight @ 7pm in Your Best **USA** Attire.



Cardinal Mooney Catholic High School

2023 Annual Golf Tournament

Supporting the CMHS Adopt-A-Student program
golf, food, drinks, raffles, games, and prizes

Friday, October 6

Registration
12 noon



Shotgun
1:30 pm

Foursome
\$800

Early Bird
Foursome
\$750
(by September 11)

Individuals
\$225

Super Ticket \$50 includes:
2 Balldrops, 2 Raffles, and
2 Mulligans

50/50 Helicopter Ball Drop
\$25 for 1
\$100 for 5

For Tickets and Sponsorship Opportunities
visit: cmhs-sarasota.org
or contact Erica DiMinno 941-379-9419
ediminno@cmhs-sarasota.org

Cardinal Mooney Catholic High School | 2023-2024 CALENDAR

Calendar is subject to change.

- 1 Fiscal Year Begins
- 4 Independence Day

JULY 2023						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JANUARY 2024						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- 5 PD Day (No School for Students)
- 8 Classes Resume
- 15 MLK Day - No School
- 28-Feb 3 Catholic Schools Week

- 1 First Day Teachers
- 3 New Parent Orientation – 6:30pm
- 7 Orientation – Transfer Students
9am-12noon
- 8 1st Day of School-7:55AM-2:30pm
FRESHMEN
- 9 1st Day of School-7:55am-11:30am
SOPHOMORES, JUNIORS, SENIORS
- 10 First Full-Day for All Students
- 23 Parent Back to School Night

AUGUST 2023						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FEBRUARY 2024						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

- 19 Presidents' Day – No School

- 4 Labor Day – No School
- 5 No School
- 11 Diocesan In-Service –
No School for Students

SEPTEMBER 2023						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MARCH 2024						
S	M	T	W	Th	F	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- 9 Gala
- 15 Diocesan In-service
No School for Students
- 28-April 7 Easter Break – No School

- 6 Golf Tournament
- 11 PSAT Testing Day (No School Seniors)
- 16 Fall Holiday – No School
- 27 Homecoming Football Game
- 28 Homecoming Dance

OCTOBER 2023						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL 2024						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

- Mar 28 – April 7
Easter Break - No School

- 8 Classes Resume
- 26 Mr Mooney
- 27 Prom

- 8 Open House
- 11 8th Grade Testing
- 20 8th Grade Testing
- 20-24 Thanksgiving Break

NOVEMBER 2023						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY 2024						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- 15 Baccalaureate Mass
- 17 Graduation
- 20-24 Underclassmen Exams
- 24 Semester 2 Ends (92 Days)
- 24 Last Day for Students
- 27 Memorial Day
- 30 Last Day for Teachers

- 14-20 Semester Exams
- 20 Semester 1 Ends (89 Days)
- 21 - Jan 4 Christmas Break

DECEMBER 2023						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JUNE 2024						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

***Kindly note:**
All times and dates are subject to change.
Please consult the monthly school calendar or
online calendar for updates and new events.

- Special Schedule
- Closed
- Professional Development
- Special Events