



# COUGAR NEWS

*This is the day the LORD has made;  
let us be glad and rejoice in it.*

*Congratulations to the Boys Weightlifting Team - Regional Champions!*



BOYS WEIGHTLIFTING WON REGIONALS LAST WEEK FOR THE FIRST TIME IN PROGRAM HISTORY. THE VICTORY FEATURED 3 REGIONAL CHAMPIONS, AND 7 STATE QUALIFIERS – MATTY MALONI, JOE CARLO, DREW MELLON, THOMAS MATT, JR ROSENBERG, IAN PARKER, AND JAVIER PASTOR. STATES ARE THIS SATURDAY IN LAKELAND RP FUNDING CENTER. GOOD LUCK BOYS!

**The 2023-24 School Calendar is now LIVE on our website!**  
<https://www.cmhs-sarasota.org/2023-2024-calendar/>




# A Garden of Gold

## PROM 2023

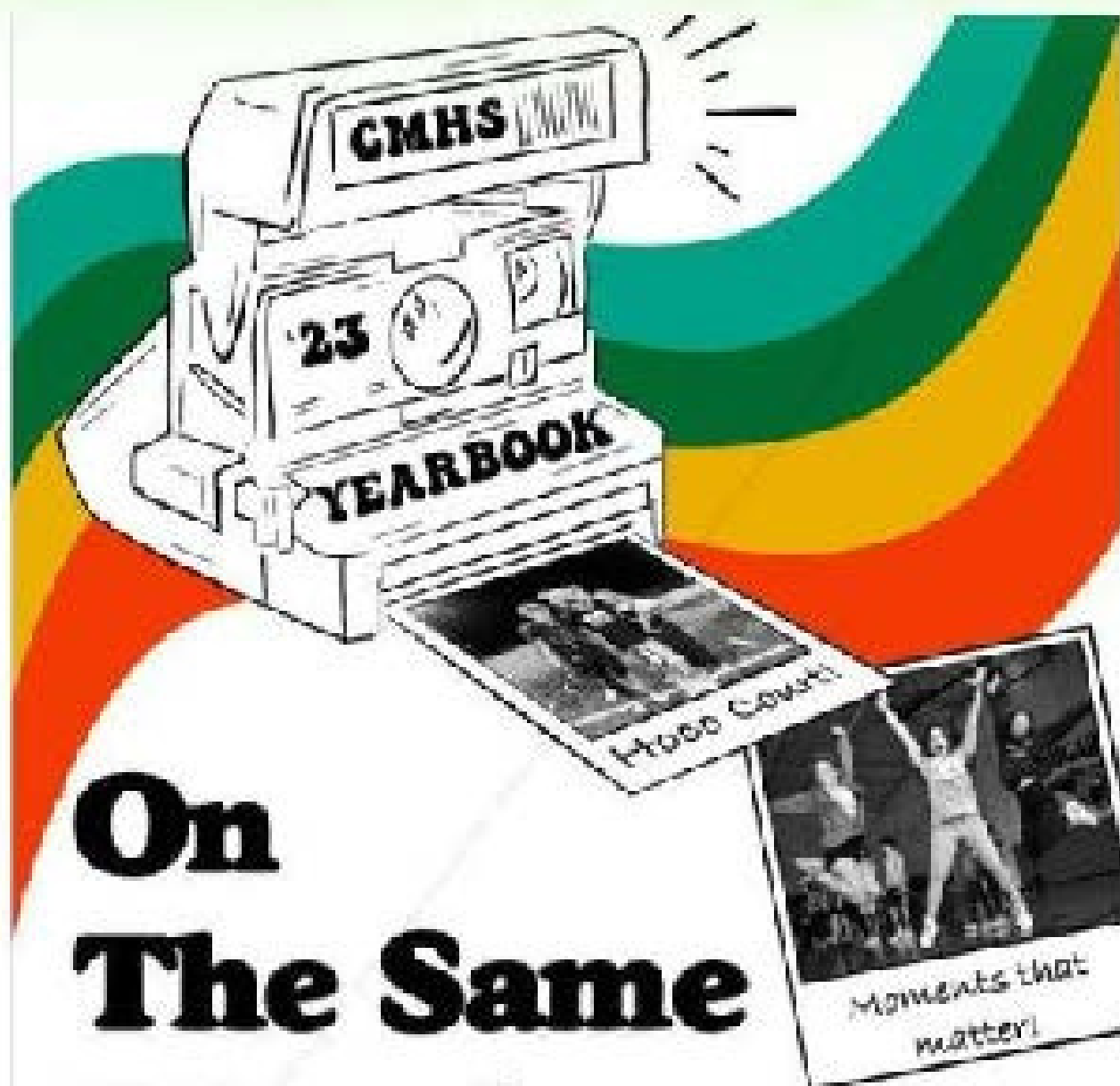
### **TICKET SALES CLOSE TODAY!!!**

Students can purchase their  
Prom tickets using the link  
sent to them via email.

Contact Mr. Krause at  
[rkrause@cmhs-sarasota.org](mailto:rkrause@cmhs-sarasota.org)  
as soon as possible if you have  
any questions or concerns.



COMING SOON...



**On  
The Same  
Wavelength**

GET YOURS ON DISTRIBUTION  
DAY!!

PARENTS CAN CONFIRM THE RECEIPT OF THEIR YEARBOOK/NO PURCHASE BY VISITING  
YEARBOOKFOREVER.COM AND SELECTING "FIND AN ORDER"

# STUDENT LIFE

**Now Accepting Applications  
for Class Officers  
for the 2023-24 School Year**

**Go to Canvas All-School to read more  
about the qualifications, application  
process and timeline.**

**Click on this link to apply:  
<https://forms.gle/jAiBcE8JfpAq7GRj9>**



## Important Dates!

April 19  
Art Show - Gym

April 25  
Blood Drive

April 26  
Spring Music Concert  
at St. Martha's

April 27  
Underclass Awards  
Ceremonies (9, 10, 11)

April 28  
Mr. Mooney Event

April 29  
Prom at The Grove

**Wednesday, May 3  
7:55 Start Day | 7 Period Day**



## To All 2023 Graduating Seniors and Parents!

On Friday, March 31, 2023 a major mailing and Renweb email was sent regarding the 2023 Baccalaureate Liturgy, Senior Awards Dinner, and Graduation.

Information containing dates, times, deadlines, practices and dinner guest reservations were included. Plus there are two forms that must be completed and submitted to your Senior Theology Teacher and Mrs. LaFemina by April 28th.

In order for all graduation events to run smoothly, to be enjoyable, and memorable, we need all seniors and parents on the same page with Cardinal Mooney. If you have not received this information please contact Mrs. LaFemina at ([alafemina@cmhs-sarasota.org](mailto:alafemina@cmhs-sarasota.org)) or Mr. Scheuer at ([sscheuer@cmhs-sarasota.org](mailto:sscheuer@cmhs-sarasota.org))



# STUDENT LIFE

Students for Life Club is sponsoring Guest Speaker Pam Stenzel on Tuesday April 25 from 2:40pm - 3:30pm in our Mooney chapel. She will be delivering a powerful Pro-Life talk on the issue of Abortion Exceptions?

This talk will be considered as part of an extra credit assignment for Sophomore Theology classes. All students from all grades attending will receive 1 community service hour. There will be sign in sheets.

See Mr. Shipe in room 226 with any questions. Mooney parents are welcome to attend. All students are encouraged to make arrangements with rides and coaches ahead of this event.



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**Save the Date**  
**Underclassmen Awards Ceremony**  
**Thursday, April 27th in the Chapel**

Grade 9 - 8:00 am

Grade 10 - 8:40 am

Grade 11 - 9:30 am

On Thursday, April 27th, the guidance department will hold our annual academic awards ceremonies for students in grades 9-11 in the chapel. Freshmen awards will begin promptly at 8 am, followed by our Sophomore ceremony at 8:40 and our Junior awards at 9:30. Parents can attend. In addition, our counselors will email parents of students receiving special awards beyond honor roll designation.

If you have questions about the awards ceremony,  
contact Mrs. George or Ms. Lewis

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**LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE  
YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?**

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at [sscheuer@cmhs-sarasota.org](mailto:sscheuer@cmhs-sarasota.org).



# Athletics - GO COUGARS!

Day	Date	Time	Level	Sport	H/A	Opponent
MON	4/17	6:00 PM	JV	BASEBALL	A	INSPIRATION
MON	4/17	4:00 PM	VARSITY	SOFTBALL	A	BCS
TUES	4/18	TBA	V	REGIONALS TENNIS	TBA	TBA
TUES	4/18	4:00 PM	JV	BASEBALL	AWAY	NORTHPORT
TUES	4/18	7:00 PM	VARSITY	BASEBALL	NORTH PORT	NORTH PORT
TUESDAY	4/18	3:45 PM	VARSITY	BEACH	HOME	BRADEN RIVER-
WEDNESDAY	4/20	TBA	VARSITY	TRACK	AWAY	DISTRICTS- LAKE PLACID
THURS.	4/20	4:00 PM	VARSITY	SOFTBALL	A	FAMILY CHR.
FRI	4/21	6:00 PM	VARSITY	BASEBALL	TAMPA CATH.	TAMPA CATH.
FRI	4/21	6:00 PM	V	BOYS WEIGHT	H	SELBY AWARDS NIGHT

LAST SIGNING DAY!! Wednesday, April 19th at 8:30 AM in the Media Center.



Winter All Area selections!!  
Congratulations to Junior Gabby Roberts  
who was selected to the 1st team all area  
girls soccer team presented by The  
Herald Tribune.



**BEACH VOLLEYBALL**  
The girls are 13-1 on the season  
and ranked 15th in the nation.  
The girls are gearing up for a big  
playoff run!!!  
We will be hosting the District  
Championships April 24-27  
Come cheer on the Cougars!



# Athletics - GO COUGARS!



## BASEBALL

The boys defeated Booker High last week 22-1 putting together 13 hits and only allowing 3 hits. The boys take on Tampa Catholic this Saturday, April 15th for a doubleheader - JV at 11 and Varsity at 2pm.



## GIRLS LACROSSE

The girls won their district 1st round game vs. Boca Ciega on Tuesday and then also defeated St. Pete Catholic Wednesday night in the semifinal game. The district championship game took place Thursday night against St. Stephen's. Check MaxPreps for results.



## BOYS LACROSSE

On Tuesday, the boys defeated Boca Ciega 18-2 in the district semi-final game. Thursday night, they took on St. Stephens in the district championship game. Check MaxPreps for results.



## BOYS AND GIRLS TENNIS

Both teams competed at Districts this week at St. Stephen's. We will post results in next week's Cougar News.



## SOFTBALL

The Lady Cougars played Lemon Bay at home last night. Results were not available at time of publication. Check MaxPreps for game results. The girls are in action next week for three games! Good Luck to Cougar Softball!



## TRACK AND FIELD

The team is gearing up for the district championships on Thursday at Lake Placid High School.

Best of luck to our Cougars!



# Athletics - GO COUGARS!



**Summer Camp Information and Registration is now available on our website at <https://www.cmhs-sarasota.org/athletic-camps/>**

## **Boys Basketball Camp - June 26-30, \$150**

Participants will learn and work on fundamental basketball drills and skills. The camp is taught by Mooney coaches. Times: 9 a.m. to noon. Ages: Entering grades 3-8

## **Cougar Cheer Camp - June 19-21, \$100**

Campers will learn cheers, dances, tumbling techniques and stunting. The camp is taught by Mooney coaches. Time: 9 a.m. to noon Ages: Grades pre-K and up

## **Football Camp - June 12-15, \$175**

Participants will learn and work on fundamental football drills and skills. The camp is taught by Mooney coaches. Ages - 4th-8th grade

## **Girls Basketball Camp, June 19-22, \$150**

Participants will learn and work on fundamental basketball drills and skills, plus play five-on-five games. The camp is taught by Mooney coaches. Time: 9 a.m. to noon. Entering grades 3-8

## **Volleyball Camp, July 10-13, \$175**

Participants will learn and work on fundamental volleyball drills and skills. The camp is taught by Mooney Head Coach Chad Davis. Time: 9 a.m. to noon Ages: 8 and up





Advertising Opportunity

## Fruitville Road Signage Program

Advertise Your Business to ~50,000 Vehicles Per Day

3 x 4 aluminum sign displayed on fence in front of school facing Fruitville Road

Six-months of exposure  
April - September

**\$1,000 per sign**

+ \$125 for one time cost to produce reusable sign

Contact Melissa Tomasso at [mtomasso@cmhs-sarasota.org](mailto:mtomasso@cmhs-sarasota.org) or 941-371-4917



**The 2022-23 Cardinal Mooney Annual Fund closes on June 30th—only weeks away!**  
**Every gift of Every size impacts the life of Every Mooney student.**

**Show your support today and join other families in making it a banner year. Click on Donate To Annual Fund - Cardinal Mooney Catholic High School: Sarasota Private School ([cmhs-sarasota.org](http://cmhs-sarasota.org))**

**Thank you!**

# ACADEMIC SERVICES & GUIDANCE



Applications for the Leadership Sarasota Class of 2024 are now open!

This program is designed to develop and enhance the leadership skills of high school juniors and seniors who are interested in making a positive impact in our community.

As a participant in the program, you will have the opportunity to engage with other like-minded individuals, learn from experienced leaders, and gain valuable insights into the issues facing our community. Through a series of interactive sessions and experiential learning opportunities, you will develop the skills and knowledge necessary to be an effective leader and make a meaningful contribution to our community.

If you know someone who would be a great fit for Leadership Sarasota, we encourage you to share this opportunity with them. Not only will you be helping them to develop their leadership skills, but you will also be making a positive impact on our community by supporting the next generation of leaders. If interested, please see the application in the email from your school counselor.

The deadline for Youth Leadership is June 10.



## HOMESCHOOL HELPERS

Any student of any grade level looking for assistance with homework or prepping for a quiz or test?

We offer National Honor Society Homework Help Monday – Thursday in room G105.

This service begins at 2:40 pm and ends at 3:10 pm.

No appointment is necessary.

For any information, please contact Mr. Scheuer at [sscheuer@cmhs-sarasota.org](mailto:sscheuer@cmhs-sarasota.org).



# School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1	7:55-8:47 Period 1	<b>Late Start</b>	<b>7:55 Start time</b>	7:55-8:47 Period 1
8:51-9:38 Period 2	8:51-9:38 Period 2	<b>Periods 1-3</b>	<b>Periods 4-7</b>	8:51-9:38 Period 2
9:42-10:29 Period 3	9:42-10:29 Period 3	<b>7:30 - 9:22 Early Drop off</b>		9:42-10:29 Period 3
10:33-11:20 Period 4	10:33-11:20 Period 4	<b>Available in Selby Center.</b>	7:55-9:23 Period 4	10:33-11:20 Period 4
11:24-11:54 Lunch A	11:24-11:54 Lunch A	9:27-10:55 Period 1	9:27-10:55 Period 5	11:24-11:54 Lunch A
11:24-12:11 Period 5B	11:24-12:11 Period 5B	10:59-12:24 Period 2B	10:59-11:29 Lunch A	11:24-12:11 Period 5B
12:15-12:46 Lunch B	12:15-12:46 Lunch B	10:59-11:29 Lunch A	10:59-12:24 Period 6B	12:15-12:46 Lunch B
11:59-12:46 Period 5A	11:59-12:46 Period 5A	11:33-12:58 Period 2A	12:28-12:58 Lunch B	11:59-12:46 Period 5A
12:50-1:37 Period 6	12:50-1:37 Period 6	12:28-12:58 Lunch B	11:33-12:58 Period 6A	12:50-1:37 Period 6
1:41-2:30 Period 7	1:41-2:30 Period 7	1:02-2:30 Period 3	1:02-2:30 Period 7	1:41-2:30 Period 7

**\*\*SUBJECT TO CHANGE BASED ON EVENTS\*\***

## Attendance/Tardy/Early Dismissal Form

This form needs to be filled out by 9 am each and every time your student is absent, arriving late or leaving early from school. Classes missed will be unexcused until the note is received.

Please use the link to upload any applicable doctor notes.

[Click here for the link.](#)



Time to clean out those closets!  
We will take your pre-loved uniform  
pants, shorts and polos!  
Drop off in the front office.

**SEE WHAT'S NEW  
FOR SPRING**

**HURRY**

**15% OFF**

**Ends 4/30**