



# COUGAR NEWS



Christ became obedient to the point of death, even death on a cross.

Because of this, God greatly exalted him  
and bestowed on him the name which is above every name.

Phil 2:8-9

## Important Dates!

April 3-5  
College Tour - Round 2

**Wednesday, April 5**  
**7:55am Start Day**  
**7 period schedule**

April 6-10  
No School  
Easter Break

April 19  
Art Show - Gym

April 25  
Blood Drive

April 26  
Spring Music Concert at  
St. Martha's

April 27  
Underclass Awards  
Ceremonies (9, 10, 11)

April 28  
Mr. Mooney Event

April 29  
Prom at Grove



Our Sail Away Gala was huge success!  
We thank everyone who came out and supported  
the event. Every dollar raised will benefit each  
and every student at Cardinal Mooney.

**The 2023-24 School Calendar is now LIVE on our website!**  
<https://www.cmhs-sarasota.org/2023-2024-calendar/>

# STUDENT LIFE

## Congratulations to the 2023-24 National Honor Society Officers



**President - Tyler Ruben**  
**Vice President - Brianne Roux**  
**Secretary - Catalina Grieco**  
**Treasurer - Cameron Hamley**  
**Board Member - Lauren Burd**  
**Board member - Lily LaMorey**



### **To All 2023 Graduating Seniors and Parents!**

On Friday, March 31, 2023 a major mailing and Renweb email will be sent regarding the 2023 Baccalaureate Liturgy, Senior Awards Dinner, and Graduation. Information containing dates, times, deadlines, practices and dinner guest reservations will be included. Plus there are two forms that must be completed and submitted to your Senior Theology Teacher and Mrs. LaFemina.

In order for all graduation events to run smoothly, to be enjoyable, and to be memorable, we need all seniors and parents on the same page with Cardinal Mooney. Please look for both the Renweb email and mailing to your home this coming week.

If you have any questions please contact Mrs. LaFemina at (alafemina@cmhs-sarasota.org) or Mr. Scheuer at (sscheuer@cmhs-sarasota.org)

Tonight, our seniors are attending Grad Bash at Universal in Orlando.

Wishing everyone a safe trip.

Special thank you to Ms. Lacertosa for all she does to make this event possible for our senior class!

Have fun, Seniors!!!



# STUDENT LIFE

**Congratulations to Samuel Gontis and Cece Cosgrove**  
our March Gifts of Christ recipients!

The Gift of Christ for March was **prudence**. These two students embrace learning from others and understand the importance of sharing their knowledge and talents by teaching others as well. In April, our Gift of Christ will be affability. Students will be kind and treat others the way they want to be treated. Students treat others with respect and will be approachable and friendly.



Thank you to junior Bella Augustine, the Awake Prayer Group, Cougars in Action Club and several volunteers who all assisted in our blanket tying service project!



## LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at [sscheuer@cmhs-sarasota.org](mailto:sscheuer@cmhs-sarasota.org).







**TEN SENIORS COMPETE FOR THE TITLE**

**APRIL 28, 2023**

**COMPETING  
THIS YEAR:**

**JOE CARLO  
OWEN CLOUGH  
MARC DALMAU  
GAGE HASSLER  
LUCAS HASSLER**

**JACK MacKINNON  
MATTY MALONI  
SIMON MAUN  
STUART McFALL  
NATE SUTTHOFF**

**WE NEED SPONSORS!**

**DO YOU RUN A SMALL BUSINESS LOOKING  
FOR AN ADVERTISING OPPORTUNITY?**

**RED SPONSOR**

**\$250 DONATION  
HALF-PAGE AD IN PROGRAM  
TWO SHOUTOUTS DURING EVENT**

**GOLD SPONSOR**

**\$500 DONATION  
FULL-PAGE AD IN PROGRAM  
THREE SHOUTOUTS DURING EVENT**

**EMAIL MR. KRAUSE AT [RKRAUSE@CMHS-SARASOTA.ORG](mailto:RKRAUSE@CMHS-SARASOTA.ORG) TO EXPRESS INTEREST IN BEING A SPONSOR!**



# OUR FAITH



## Stations of the Cross

The Stations of the Cross are a 14-step Catholic devotion that commemorates Jesus Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day, beginning with His condemnation.

The Stations of the Cross are commonly found in churches as a series of 14 small icons or images. They can also appear in church yards arranged along paths. The stations are most commonly prayed during Lent on Wednesdays and Fridays, and especially on Good Friday, the day of the year upon which the events actually occurred.

- 1st Station: Jesus is condemned to death
- 2nd Station: Jesus carries His cross
- 3rd Station: Jesus falls the first time
- 4th Station: Jesus meets His Mother
- 5th Station: Simon of Cyrene helps Jesus to carry his cross
- 6th Station: Veronica wipes the face of Jesus
- 7th Station: Jesus falls the second time
- 8th Station: Jesus meets the women of Jerusalem
- 9th Station: Jesus falls a third time
- 10th Station: Jesus clothes are taken away
- 11th Station: Jesus is nailed to the cross
- 12th Station: Jesus dies on the cross
- 13th Station: The body of Jesus is taken down from the cross
- 14th Station: Jesus is laid in the tomb



We ask the Cardinal Mooney community to pray for the families involved in The Covenant School shooting in Nashville. The safety and welfare of our students and staff are our top priorities at Mooney. Strong security measures continue to remain in place during the school day including a lockdown drill performed just last week.

Don't forget about your **CRS Rice Bowl** collection for the poor. All Rice Bowls need to be returned to your Theology teacher by Tuesday, April 11, 2023.





Advertising Opportunity

## Fruitville Road Signage Program

Advertise Your Business to ~50,000 Vehicles Per Day

3 x 4 aluminum sign displayed on fence in front of school facing Fruitville Road

Six-months of exposure  
**April - September**

**\$1,000 per sign**

+ \$125 for one time cost to produce reusable sign

Contact Melissa Tomasso at [mtomasso@cmhs-sarasota.org](mailto:mtomasso@cmhs-sarasota.org) or 941-371-4917



**C.A.R.E. Board**  
Cougars Are Reason Enough

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**Tuesday, April 4**  
**8:00 -9:00 AM \*Time Change**

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Cardinal Mooney Conference Room

This is our parent organization.  
Please RSVP to [mtomasso@cmhs-sarasota.org](mailto:mtomasso@cmhs-sarasota.org)

# ACADEMIC SERVICES & GUIDANCE



## 2023 - 2024 SCHOLARSHIPS AVAILABLE

Cardinal Mooney has over \$40,000  
in scholarship money to be awarded.

The deadline to apply is Monday, April 3.

Scholarships will be awarded on April 27.

For more information visit our website at:

<https://www.cmhs-sarasota.org/academics/scholarships/>

or

Contact Rene Hebda at [rhebda@cmhs-sarasota.org](mailto:rhebda@cmhs-sarasota.org)



## HOMEWORK HELPERS

Any student of any grade level looking for  
assistance with homework or prepping for a quiz or test?

We offer National Honor Society Homework Help Monday – Thursday in room G105.

This service begins at 2:40 pm and ends at 3:10 pm.

No appointment is necessary.

For any information, please contact Mr. Scheuer at [sscheuer@cmhs-sarasota.org](mailto:sscheuer@cmhs-sarasota.org).



# Athletics - GO COUGARS!

Day	Date	Time	Level	Sport	H/A	Opponent
MON	4/3	4:30 PM	JV	BASEBALL	H	PARRISH
MON	4/3	7:00 PM	VARSITY	BASEBALL	A	BOOKER
MONDAY	4/3	4:00 PM	VARSITY	BEACH	H	SARASOTA
MONDAY	4/3	5:00 PM	JV	BLAX	H	RIVERVIEW
MONDAY	4/3	7:00 PM	V	BLAX	H	RIVERVIEW- SR NIGHT
TUESDAY	4/4	5:00 PM	V	GLAX	A	ODA
TUES	4/4	4:00 PM	VARSITY	SOFTBALL	H	BOOKER
TUESDAY	4/4	7:00 PM	V	BLAX	H	SPRINGBORO (OH)
TUESDAY	4/4	4:00 PM	VARSITY	BEACH	H	VENICE
TUES	4/4	4:30 PM	VARSITY	BASEBALL	H	STRONG ROCK
WED	4/5	4:30 PM	JV	BASEBALL	H	ODA
WEDNESDAY	4/5	4:00 PM	VARSITY	BEACH	H	CHARLOTTE
THURS	4/6	530PM	V	GLAX	H	VENICE
SAT	4/8	3:00 PM	VARSITY	TRACK	A	IMG

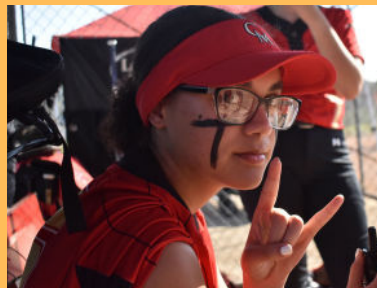
Softball senior night is April 4th  
against Booker.

Come out and watch

Perla Pelegrin-Santos and

Caity Patterson

be honored for their hard work and  
dedication to our school!



Watch all Cougar home indoor and outdoor games on our  
CMHS Athletics YouTube Channel

<https://www.youtube.com/channel/UC17QeLXzyIIIfj4esSUckz3A>

**GATE COST:** All athletic home contest are \$5 for adults and Cardinal Mooney students are free.  
Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)



# Athletics - GO COUGARS!

## BEACH VOLLEYBALL

The girls are still undefeated with an impressive record of 7 wins and 0 losses. The girls have won 33 games to their opponents 2. They will next have a home match this Saturday starting at 9am vs. Berkeley Prep.

## GIRLS LACROSSE

The girls won a tight contest on senior night defeating rival Bishop Verot 11-9. The last home game is this Thursday, April 6th vs. Venice. Come support them!

## BOYS LACROSSE

The boys team lost a heartbreaker to #2 ranked Tampa Jesuit 15-13 last Friday. They rebounded with a convincing 15-6 victory over Gulf Coast. The boys next play home on Monday vs. Riverview and its senior night! Come out and support the Cougars! 7pm start.

## BOYS AND GIRLS TENNIS

**Boys** - finished the season with a HUGE district win versus Saint Stephen's 4-3 with the deciding match won by Court 2 singles player PJ Svilokis in a 3rd set tiebreaker. Boys finished 9-3 for the season.

**Girls** - will complete their regular season next Tuesday vs Riverview.

Both teams will be heading off to Districts on Tuesday, April 11th at St. Stephen's

## BOYS WEIGHTLIFTING

Wednesday, the Boys weightlifting team won districts for the first time in Mooney history. We had several individual district champions including: Matty Maloni, JR Rosenberg, Thomas Matt, Ian Parker, and Javier Pastor. Most of our boys will move on to regionals next week on Wednesday at Frostproof.



## TRACK AND FIELD BREAKING RECORDS

Marc Dalmau - discus by throwing 152'0" at the North Port Bobcat Relays 2023.

Boys distance medley team of Christian Kline, Gage Hassler, Michael Yencik and Sawyer Michel who beat the record last set in 2007 by running the medley in 11:47.84.

The 4x200 boys relay team of Sean Scurry, Lucas Hassler, Scott Silva and Marcus Scurry broke the school record with a time of 1:38.19.



# Athletics - GO COUGARS!



**Summer Camp Information and Registration is now available on our website at <https://www.cmhs-sarasota.org/athletic-camps/>**

## **Boys Basketball Camp - June 26-30, \$150**

Participants will learn and work on fundamental basketball drills and skills. The camp is taught by Mooney coaches. Times: 9 a.m. to noon. Ages: Entering grades 3-8

## **Cougar Cheer Camp - June 19-21, \$100**

Campers will learn cheers, dances, tumbling techniques and stunting. The camp is taught by Mooney coaches. Time: 9 a.m. to noon Ages: Grades pre-K and up

## **Football Camp - June 12-15, \$175**

Participants will learn and work on fundamental football drills and skills. The camp is taught by Mooney coaches. Ages - 4th-8th grade

## **Girls Basketball Camp, June 19-22, \$150**

Participants will learn and work on fundamental basketball drills and skills, plus play five-on-five games. The camp is taught by Mooney coaches. Time: 9 a.m. to noon. Entering grades 3-8

## **Volleyball Camp, July 10-13, \$175**

Participants will learn and work on fundamental volleyball drills and skills. The camp is taught by Mooney Head Coach Chad Davis. Time: 9 a.m. to noon Ages: 8 and up

# School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1	7:55-8:47 Period 1	<b>Late Start</b>	<b>7:55 Start time</b>	7:55-8:47 Period 1
8:51-9:38 Period 2	8:51-9:38 Period 2	<b>Periods 1-3</b>	<b>Periods 4-7</b>	8:51-9:38 Period 2
9:42-10:29 Period 3	9:42-10:29 Period 3	7:30 - 9:22 Early Drop off Available in Selby Center.	7:55-9:23 Period 4	9:42-10:29 Period 3
10:33-11:20 Period 4	10:33-11:20 Period 4	9:27-10:55 Period 1	9:27-10:55 Period 5	10:33-11:20 Period 4
11:24-11:54 Lunch A	11:24-11:54 Lunch A	10:59-12:24 Period 2B	10:59-11:29 Lunch A	11:24-11:54 Lunch A
11:24-12:11 Period 5B	11:24-12:11 Period 5B	10:59-11:29 Lunch A	10:59-12:24 Period 6B	11:24-12:11 Period 5B
12:15-12:46 Lunch B	12:15-12:46 Lunch B	11:33-12:58 Period 2A	12:28-12:58 Lunch B	12:15-12:46 Lunch B
11:59-12:46 Period 5A	11:59-12:46 Period 5A	12:28-12:58 Lunch B	11:33-12:58 Period 6A	11:59-12:46 Period 5A
12:50-1:37 Period 6	12:50-1:37 Period 6	1:02-2:30 Period 3	1:02-2:30 Period 7	12:50-1:37 Period 6
1:41-2:30 Period 7	1:41-2:30 Period 7			1:41-2:30 Period 7

**\*\*SUBJECT TO CHANGE BASED ON EVENTS\*\***

## Attendance/Tardy/Early Dismissal Form

This form needs to be filled out by 9 am each and every time your student is absent, arriving late or leaving early from school. Classes missed will be unexcused until the note is received.

Please use the link to upload any applicable doctor notes.

[Click here for the link.](#)



Time to clean out those closets!  
We will take your pre-loved uniform  
pants, shorts and polos!  
Drop off in the front office.

**NEW CARDINAL MOONEY COUGARS  
SPRING ARRIVALS**

Kickoff spring with all-new CARDINAL MOONEY COUGARS things. Now thru Fri., score 15% OFF tops, tanks, jackets and more on \$100+ orders with code SAVE15.

**EXPLORE WHAT'S NEW**

<https://tinyurl.com/2p8nwa9x>