



COUGAR NEWS

*One does not live on bread alone,
but on every word that comes forth from the mouth of God.
Matthew 4:4b*

Important Dates!

March 30
Reconciliation Service

April 3-5
College Tour - Round 2

April 5
7:55am Start Day
7 period schedule

April 6-10
No School
Easter Break

April 19
Art Show - Gym

April 25
Blood Drive

April 26
Spring Music Concert
at St. Martha's

April 27
Underclass Awards
Ceremonies (9, 10, 11)

April 28
Mr. Mooney Event

April 29
Prom at Grove



**The Sail Away with Mooney
online auction is live!**

Can't attend the gala?
You can submit a proxy bid
for your favorite silent auction item.
Scan the QR code below or click here to
support Mooney and join in the fun.



The 2023-24 School Calendar is now LIVE on our website!
<https://www.cmhs-sarasota.org/2023-2024-calendar/>

STUDENT LIFE



Congratulations to the 2023 National Honor Society Inductees



CHARACTER
SERVICE
LEADERSHIP
SCHOLARSHIP

Class of 2023

Accepted Sept. 22

Ashley Balot
Jacob Charles
Blakeley Coyne
Chloe Harpsoe
Justina Lekaj
Simon Maun
Erin McCusker
Daniel Taylor
Peyton White

Class of 2024

John Antonucci
Annabella Augustine
Taylor Balot
Lauren Burd
Kathleen Carro
Farid Dib
Madison Duncan
Brody Folkers
Alexander Frank
Leah Garner
Catalina Grieco
Cameron Hamley
Helena Hebda
Lily LaMorey
Annalise Love
Violet Marx
Gabriella Roberts
James Rowan
Tyler Ruben
Joseph Seifert
Giordana Spagnola
Cora Thayer
Charlotte Thompson
Gina Totera
Ruby Walker
Vincent Wren

Class of 2025

Kennedy Atwood
Lucia Cochrane
Gavin Connor
Avery Davis
Karel Dib
Madison Faust
Hunter Fiskness
Julia Haller
Eve Hare
Zoe Kirby
Daniel Krajewski
Morgan Martin
Annabella Masters
Kate Montesano
Megan Mroczkowski
Lucia Paras
Sy'monique Simon
Rebecca Thomas
Tessa Weigand
Mark Yencik

STUDENT LIFE



Last weekend, our very own Ms. Clare McVey was recognized as a Baltimore Orioles Community Hero for her work with Miracle League. Ms. McVey is the faculty advisor for this very special club.

The mission of the Miracle League of Manasota is to share the love of baseball with children, teens, and adults with disABILITIES.

Congratulations and thank you, Ms. McVey



The Awake Prayer Group along with the Cougars in Action Club are partnering with Fleece and Thank You (TM) to take part in a tie-blanket making Lenten service project to donate to children's hospitals.



Come help them make some blankets!

Friday, March 24 -2:30-3:30

*Service Hours can be earned!

Contact Bella Augustine at 24aaugustine@mycmhs.org for more information or see Mrs. Santiago

ATTENTION SENIORS ATTENDING GRAD BASH!
We will have a brief meeting on Monday after school in the chapel to discuss Grad Bash details. Please be sure to attend! Also, make sure to turn in your permission form!





TEN SENIORS COMPETE FOR THE TITLE

APRIL 28, 2023

**COMPETING
THIS YEAR:**

**JOE CARLO
OWEN CLOUGH
MARC DALMAU
GAGE HASSLER
LUCAS HASSLER**

**JACK MacKINNON
MATTY MALONI
SIMON MAUN
STUART McFALL
NATE SUTTHOFF**

WE NEED SPONSORS!

**DO YOU RUN A SMALL BUSINESS LOOKING
FOR AN ADVERTISING OPPORTUNITY?**

RED SPONSOR

**\$250 DONATION
HALF-PAGE AD IN PROGRAM
TWO SHOUTOUTS DURING EVENT**

GOLD SPONSOR

**\$500 DONATION
FULL-PAGE AD IN PROGRAM
THREE SHOUTOUTS DURING EVENT**

EMAIL MR. KRAUSE AT RKRAUSE@CMHS-SARASOTA.ORG TO EXPRESS INTEREST IN BEING A SPONSOR!



OUR FAITH



The Sacrament of RECONCILIATION

On Thursday, our students will have the opportunity to go to Reconciliation.

THE IMPORTANCE OF RECONCILIATION DURING LENT

Lent is a time of waiting and preparation for Easter, when we celebrate the resurrection of Jesus.

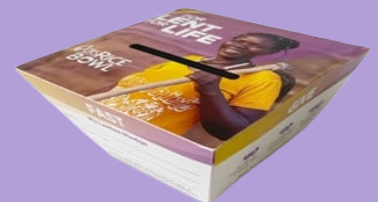
This season is one of penance, reflection, prayer, almsgiving and fasting in order that we can prepare ourselves to better celebrate and live Christ's Resurrection on Easter Sunday and beyond.

God's divine mercy is a central theme of Lent.

The priceless gift of God's mercy is highlighted and celebrated by the Church in the Sacrament of Reconciliation



Don't forget about your **CRS Rice Bowl** collection for the poor. All Rice Bowls need to be returned to your Theology teacher by Tuesday, April 11, 2023.



Upcoming Lenten Opportunities for our students
Thursday, March 30th - Reconciliation Service

Advertising Opportunity

Fruitville Road Signage Program

Advertise Your Business to ~50,000 Vehicles Per Day

3 x 4 aluminum sign displayed on fence in front of school facing Fruitville Road

Six-months of exposure
April - September

\$1,000 per sign

+ \$125 for one time cost to produce reusable sign

Contact Melissa Tomasso at mtomasso@cmhs-sarasota.org or 941-371-4917



HOMEWORK HELPERS

Any student of any grade level looking for assistance with homework or prepping for a quiz or test?

We offer National Honor Society Homework Help Monday – Thursday in room G105.

This service begins at 2:40 pm and ends at 3:10 pm.

No appointment is necessary.

For any information, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.

LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.



ACADEMIC SERVICES & GUIDANCE



2023 - 2024 SCHOLARSHIPS AVAILABLE

Cardinal Mooney has over \$40,000
in scholarship money to be awarded.

The deadline to apply is Monday, April 3.

Scholarships will be awarded on April 27.

For more information visit our website at:
<https://www.cmhs-sarasota.org/academics/scholarships/>
or
Contact Rene Hebda at rhebda@cmhs-sarasota.org

Sarasota Memorial Health Care System

Sarasota Memorial Hospital is offering a Summer Employment Program and the link to apply is live until Monday, March 13, 2023, at 8:00am. The application can be found on www.smh.com under the Careers Page and listed at the bottom under Features Events. The application link will be found under a sub header titled "Summer Employment Program". Please review the participating departments, their availability, and tasks in the PDF. The program is open to those aged 16-24 years old. The goal of the program is to provide support to SMHCS, as we have ~1100 vacancies, while also providing teens/young adults the opportunity to learn more about healthcare career opportunities.

Targeted Dates:

Begin: June 7th, 2023

End: August 4th, 2023

Professional development events/career learning opportunities
dates will be shared once they are finalized.

For questions please reach out to:

Laurie Bennett, Vice President of Human Resources or Teran Dobson
Administrative Assistant,

(941) 917-1404 office, (941) 917-7588, mobile (941) 225-5284, fax (941) 917-7557.

Athletics - GO COUGARS!

Day	Date	Time	Level	Sport	H/A	Opponent
TUESDAY	3/28	7:00 PM	V	BLAX	H	GULF COAST
TUESDAY	3/28	4:00 PM	VARSITY	BEACH	H	RIVERVIEW
TUESDAY	3/28	530PM	JV	BLAX	H	GULF COAST
TUES	3/28	4:30 PM	VARSITY	BASEBALL	H	CCC
TUES	3/28	330PM	V	BOYS/ GIRLS TENNIS	H	SSES
WED	3/29	6:00 PM	JV	BASEBALL	A	ODA
THURS	3/30	5:30 PM	JV	GLAX	H	ODA
THURSDAY	3/30	4:00 PM	VARSITY	BEACH	H	LEMON BAY
THURS	3/30	7:00 PM	VARSITY	BASEBALL	A	PALMETTO
THURS	3/30	4:30 PM	JV	BASEBALL	H	INSPIRATION
THURS.	3/30	4:00 PM	VARSITY	SOFTBALL	H	SOUTHEAST
FRIDAY	3/31	3:00 PM	VARSITY	TRACK	A	MANATEE
FRI	3/31	4:30 PM	JV	BASEBALL	H	CCC
FRI	3/31	4:30 PM	JV	GLAX	H	ODA
FRI	3/31	4:30 PM	VARSITY	BASEBALL	A	CCC
FRIDAY	3/31	7:00 PM	V	BLAX	H	OSCEOLA
SATURDAY	4/1	930AM	VARSITY	BEACH	H	GULF COAST HEAT / BERKELEY



Watch all Cougar home indoor and outdoor games on our
CMHS Athletics YouTube Channel

<https://www.youtube.com/channel/UC17QeLXzyIIfj4esSUckz3A>

GATE COST: All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)

Athletics - GO COUGARS!

BEACH VOLLEYBALL



The team is currently 6-0 on the season and just defeated rival Venice High 3-2 at Venice!! The next home game is Tuesday, March 28th vs. Riverview at 4pm.

GIRLS LACROSSE



The girls team is currently 4-5 on the season. They will have senior night this Thursday, March 23rd at 6:45pm and will be honoring nine senior lady Lacrosse players. Those players are Ashley Balot, Bryann Gropo, Zoe Halfpenny, Sofia McFadden, Erin McCusker, Sydney Opstal, Leah Hamilton, Taylor Daly and Finley Linehan.

BOYS LACROSSE



The boys (6-5) are currently ranked #11 in 1A. The next home match is tonight vs. #2 ranked Tampa Jesuit at 7 pm. Come cheer on your Boys Lacrosse team. See ya tonight!

TRACK AND FIELD



Marc Dalmau broke the school record in discus last right before break and then during Spring Break broke the record once again! You can watch the team in action this Saturday at Out of Door Academy. Start time is 8am.

BASEBALL



The baseball team defeated Venice High over spring break in a thrilling 7-6 win! The boys next home game will be Tuesday, March 28th vs. Clearwater Central Catholic at 4:30pm. Come out and support the guys as they are winding down their season.

TENNIS



The boys (6-3) and girls (3-4) are at home at Payne Park on March 28th when they take on district rival Saint Stephens at 3:30pm. Come cheer them on!

Calling Senior Winter Athletes!

Come by the athletic office to pick up your senior banners before or after school.

School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7	7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7	Late Start Periods 1-3 7:30 - 9:22 Early Drop off Available in Selby Center. 9:27-10:55 Period 1 10:59-12:24 Period 2B 10:59-11:29 Lunch A 11:33-12:58 Period 2A 12:28-12:58 Lunch B 1:02-2:30 Period 3	7:55 Start time Periods 4-7 7:55-9:23 Period 4 9:27-10:55 Period 5 10:59-11:29 Lunch A 10:59-12:24 Period 6B 12:28-12:58 Lunch B 11:33-12:58 Period 6A 1:02-2:30 Period 7	7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7

****SUBJECT TO CHANGE BASED ON EVENTS****

Attendance/Tardy/Early Dismissal Form

This form needs to be filled out by 9 am each and every time your student is absent, arriving late or leaving early from school. Classes missed will be unexcused until the note is received.

Please use the link to upload any applicable doctor notes.

[Click here for the link.](#)

**SAIL AWAY WITH MOONEY
GALA**

Benefitting Cardinal Mooney Catholic High School

Saturday, March 25, 2023
6:00 pm

Sarasota Yacht Club
1100 John Ringling Blvd. Sarasota
Dinner • Music • Dancing • Fun



Time to clean out those closets!
We will take your pre-loved uniform
pants, shorts and polos!
Drop off in the front office.

**SCORE 15% OFF
GAME DAY GEAR**

WHEN YOU SPEND \$100+

This spring, show up for your team in custom CARDINAL MOONEY COUGARS apparel and accessories, and get 15% OFF sitewide when you spend \$100+ with code SAVE15.

SHOP GAME DAY GEAR