



COUGAR NEWS

*God so loved the world that he gave his only-begotten Son;
so that everyone who believes in him might have eternal life.
John 3:16*

A Prayer for Spring Break



We remember, dear God, that on the last day of creation, you rested and told us to do the same.

Give us rest from our routine during this Spring Break. Fill us with joy.

Keep us safe and be with us as we play together and enjoy quiet time alone.

We thank you, holy One, for days of work and learning and days of play and rest.

AMEN

A Special Message from our principal

I pray that you all have a safe and restful spring break and are all able to enjoy this time away from school to recharge and spend time with your loved ones.

Upon our return from break, we will be counting down the final week before our annual Gala!

Many thanks to all who have responded. It promises to be a fun-filled evening for us all.

I pray that the blessings of Christ fill you with grace and joy throughout the remainder of Lent.

God Bless,
Ben C. Hopper
Principal



Please note...Important Calendar Update!

Our Annual Art Show will be held on April 19th in the Gym from 7-8:30
(This is a change of date)

Mark your calendars for this great showcase of talent from our art students!

STUDENT LIFE

Student Government Association (SGA)

Are you interested in serving our school and playing a significant role in the student life events that take place on our campus? Do you want to grow your leadership skills? If so, please consider running for SGA Officer. Go to Canvas to learn more about the positions!

https://cmhs.instructure.com/courses/3647/pages/sga-officer-positions-and-duties?module_item_id=216511

Thursday, March 23rd – Applications due
(*[Click here to apply](#))

March 24-30 – Campaign Period

Friday, March 31– Election Day

Monday, April 3 – First Meeting

SGA Student Government Association



The Awake Prayer Group along with the Cougars in Action Club are partnering with Fleece and Thank You (TM) to take part in a tie-blanket making Lenten service project to donate to children's hospitals.



Come help them make some blankets!

Thursday, March 24 – 2:30-3:30

Friday, March 25 – 7-7:45 AM and 2:30-3:30

*Service Hours can be earned!

Contact Bella Augustine at 24aaugustine@mycmhs.org for more information or see Mrs. Santiago

ATTENTION SENIORS!

if you purchased a Grad Bash ticket,
please turn in your permission form (found on Canvas)
to Ms. Lacertosa in E-126 by March 27th.





TEN SENIORS COMPETE FOR THE TITLE

APRIL 28, 2023

**COMPETING
THIS YEAR:**

**JOE CARLO
OWEN CLOUGH
MARC DALMAU
GAGE HASSLER
LUCAS HASSLER**

**JACK MacKINNON
MATTY MALONI
SIMON MAUN
STUART McFALL
NATE SUTTHOFF**

WE NEED SPONSORS!

**DO YOU RUN A SMALL BUSINESS LOOKING
FOR AN ADVERTISING OPPORTUNITY?**

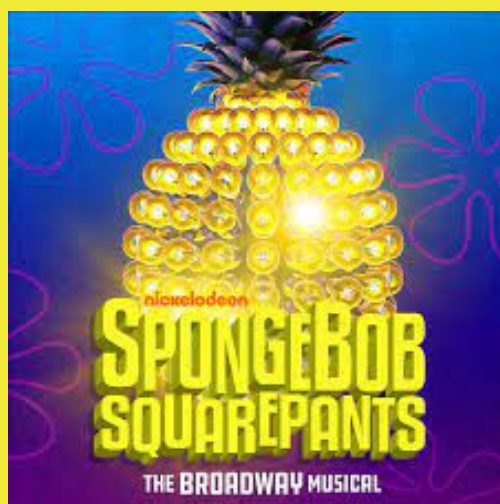
RED SPONSOR

**\$250 DONATION
HALF-PAGE AD IN PROGRAM
TWO SHOUTOUTS DURING EVENT**

GOLD SPONSOR

**\$500 DONATION
FULL-PAGE AD IN PROGRAM
THREE SHOUTOUTS DURING EVENT**

EMAIL MR. KRAUSE AT RKRAUSE@CMHS-SARASOTA.ORG TO EXPRESS INTEREST IN BEING A SPONSOR!



THANK YOU TO EVERYONE WHO
CAME OUT TO SEE THE
SPONGEBOB MUSICAL!

CONGRATULATIONS TO THE ENTIRE
CAST AND CREW ON AN AMAZING
PRODUCTION!



OUR FAITH



EUCCHARISTIC ADORATION AVAILABLE TODAY!

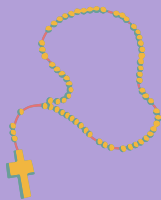
Friday, March 10 from 9 am -3 pm

We are offering adoration in our chapel today during our Diocesan Symposium

Please feel free to stop by to spend some quite time in prayer with our Lord.

All are welcome...please check in at the front office when you arrive and then head to the chapel.

The Living Rosary A Mooney Lenten Tradition



Last Friday, over 60 of our students lead our school in praying the Rosary.

What is a living rosary?

A living rosary is when people are used to represent each bead of the rosary. Each person leads one prayer.



Thank you to all of our student leaders! It is such a joy to pray together as a faith community.



CRS Rice Bowl collection for the poor was distributed to all students this week. Students should see their Theology teacher if they did not receive their Rice Bowl. All Rice Bowls need to be returned to your Theology teacher by Tuesday, April 11, 2023.



Upcoming Lenten Opportunities for our students

Friday, March 10 - Adoration, 9 am - 3 pm

Wed, March 22nd -All School Mass, 9:30 AM

Thursday, March 30th - Reconciliation Service

CALLING ALL STUDENT VOLUNTEERS!

Mooney's largest fundraiser of the year is coming soon,
and we need your help.

Sail Away with Mooney Dinner Gala

Saturday, March 25, 2023

Sarasota Yacht Club, 6 PM



- Earn service hours
- Many areas to serve
- Food & Drinks provided

Please contact Ms. DiMinno at ediminno@cmhs-sarasota.org or come see me in the front office to learn more about joining this fun, exciting event!

"Alone we can do so little; together we can do so much." – Helen Keller



~WIN A GREAT PRIZE!~

**Headed to the Sail Away with Mooney Gala
on March 25?**

**Click here to buy your chances to
play Heads or Tails**

1 for \$25 or 3 for \$60

Advertising Opportunity

Fruitville Road Signage Program

Advertise Your Business to ~50,000 Vehicles Per Day

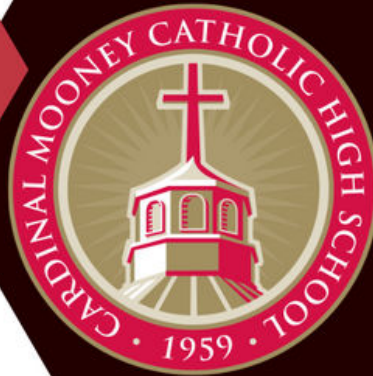
3 x 4 aluminum sign displayed on fence in front of school facing Fruitville Road

Six-months of exposure
April - September

\$1,000 per sign

+ \$125 for one time cost to produce reusable sign

Contact Melissa Tomasso at mtomasso@cmhs-sarasota.org or 941-371-4917



HOMEWORK HELPERS will resume on March 20th

Any student of any grade level looking for assistance with homework or prepping for a quiz or test?

We offer National Honor Society Homework Help Monday – Thursday in room G105. This service begins at 2:40 pm and ends at 3:10 pm.

No appointment is necessary.

For any information, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.

LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.



ACADEMIC SERVICES & GUIDANCE

COLLEGE TOUR

Don't delay...sign up today!
Contact Mrs. LaFemina



Thank you, Mrs.
LaFemina!...
For another amazing
College Fair
&
Career Fair
2023

Sarasota Memorial Health Care System

Sarasota Memorial Hospital is offering a Summer Employment Program and the link to apply is live until Monday, March 13, 2023, at 8:00am. The application can be found on www.smh.com under the Careers Page and listed at the bottom under Features Events. The application link will be found under a sub header titled "Summer Employment Program".

Please review the participating departments, their availability, and tasks in the PDF. The program is open to those aged 16-24 years old. The goal of the program is to provide support to SMHCS, as we have ~1100 vacancies, while also providing teens/young adults the opportunity to learn more about healthcare career opportunities.

Targeted Dates:

Begin: June 7th, 2023

End: August 4th, 2023

Professional development events/career learning opportunities
dates will be shared once they are finalized.

For questions please reach out to:

Laurie Bennett, Vice President of Human Resources or Teran Dobson
Administrative Assistant,

(941) 917-1404 office, (941) 917-7588, mobile (941)225-5284, fax (941)917-7557.

Athletics - GO COUGARS!



SOFTBALL

BIG WINS for our Cougar softball team! Our girls trounced Family Christian Academy/Pt. Charlotte 15-0 last Friday and on Tuesday, the team ousted Southeast HS/Bradenton 15-4. Caity Patterson lead the Cougars to victory with eight strikeouts and with Maddi Duncan behind the plate with a hot bat...these two are a force to be reckoned with. The next home game is on March 28. Go Cougars!

Cougar Athletics **Schedule week of 3-13-23**

Day	Date	Time	Level	Sport	H/A	Opponent
MON	3/13	5:00 PM	JV	BASEBALL	A	SARASOTA
TUES	3/14	7:00 PM	VARSITY	BASEBALL	A	VENICE
TUESDAY	3/14	6:00 PM	V	BLAX	A	LAKE HIGHLAND PREP
WED	3/15	3:00PM	V	BOYS / GIRLS TENNIS	A	ODA
THURS	3/16	4:30 PM	JV	BASEBALL	H	INSPIRATION
FRIDAY	3/17	7:00 PM	V	BLAX	H	LAKE MARY
FRI	3/17	7:00 PM	VARSITY	BASEBALL	A	ODA
SAT	3/18	TBA	VARSITY	TRACK	A	IMG



**Watch all Cougar home indoor and outdoor games on our
CMHS Athletics YouTube Channel**

<https://www.youtube.com/channel/UC17QeLXzyIIfj4esSUckz3A>

GATE COST: All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)

Athletics - GO COUGARS!

BEACH VOLLEYBALL



The team is currently 3-0 on the season and have not lost a set yet!! Their next home game is on Monday, March 20th vs. Manatee at 4pm. Come check them out on their brand new courts.

GIRLS LACROSSE



The girls team is currently 3-3 on the season. The girls are led by senior Taylor Daly's 2.8 goals for and 1 assist. The girls next home match is Thursday, March 23rd vs. Bishop Verot at 6pm.

BOYS LACROSSE



The boys are off to a fast start this season with a 6-3 record. Senior captain Sean Laureano leads the offensive attack so far leading the team in total goals! Next home game is Friday, March 17th vs. Lake Mary 7pm.



TRACK



Congratulations to Marc Dalmau for breaking the school record in discus last week! The team competed at North Port last night (results not available at time of posting). Keep up the great work Track team members!

BASEBALL



Come join us today at 4 pm for a home game against Inspiration. See you there!

TENNIS



The boys and girls teams travel to face ODA next week. The match is at 3:00 on Wednesday at ODA. Come cheer them on. The boys currently boast a winning record of 5-2. You can find both teams at home at Payne Park on March 28th when they take on Saint Stephens at 3:30pm.

School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1	7:55-8:47 Period 1	Late Start	7:55 Start time	7:55-8:47 Period 1
8:51-9:38 Period 2	8:51-9:38 Period 2	Periods 1-3	Periods 4-7	8:51-9:38 Period 2
9:42-10:29 Period 3	9:42-10:29 Period 3	7:30 - 9:22 Early Drop off	7:55-9:23 Period 4	9:42-10:29 Period 3
10:33-11:20 Period 4	10:33-11:20 Period 4	Available in Selby Center.	9:27-10:55 Period 5	10:33-11:20 Period 4
11:24-11:54 Lunch A	11:24-11:54 Lunch A	9:27-10:55 Period 1	10:59-11:29 Lunch A	11:24-11:54 Lunch A
11:24-12:11 Period 5B	11:24-12:11 Period 5B	10:59-12:24 Period 2B	10:59-12:24 Period 6B	11:24-12:11 Period 5B
12:15-12:46 Lunch B	12:15-12:46 Lunch B	10:59-11:29 Lunch A	12:28-12:58 Lunch B	12:15-12:46 Lunch B
11:59-12:46 Period 5A	11:59-12:46 Period 5A	11:33-12:58 Period 2A	11:33-12:58 Period 6A	11:59-12:46 Period 5A
12:50-1:37 Period 6	12:50-1:37 Period 6	12:28-12:58 Lunch B	1:02-2:30 Period 7	12:50-1:37 Period 6
1:41-2:30 Period 7	1:41-2:30 Period 7	1:02-2:30 Period 3		1:41-2:30 Period 7

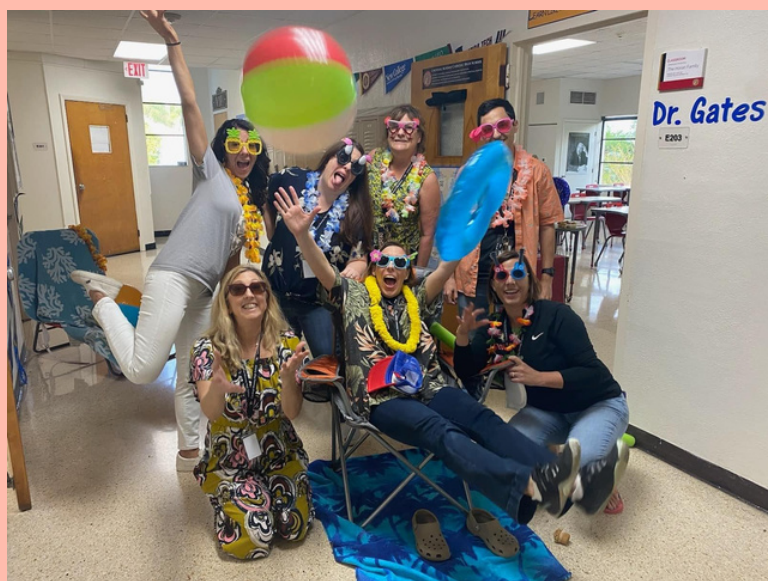
****SUBJECT TO CHANGE BASED ON EVENTS****

Attendance/Tardy/Early Dismissal Form

This form needs to be filled out by 9 am each and every time your student is absent, arriving late or leaving early from school. Classes missed will be unexcused until the note is received.

Please use the link to upload any applicable doctor notes.

[Click here for the link.](#)



Enjoy your Spring Break, Cougars!

See you back at school on
Monday, March 20th!



[Click here to purchase](#)

[Only 10 left](#)

[Don't Delay...order today!](#)



Reminder - We will take your pre-loved uniform pants, shorts and polos! Drop off in the front office.