# **COUGAR NEWS**

"He gives strength to the weary and increases the power of the weak. Even the youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on the wings like eagles; they will run and not grow weary; they will walk and not be faint."

ISAIAH 40:29-31



## MOONEY DAY 2023



Students wear your Mooney Day T-Shirts today!!

7:55 AM - 12 NOON



## Catholic Schools Week

# CELEBRATION



Speaking at our Parishes



Grandparents

Day



Lunch treats



Mooney Day Shirt Winner



Poor Pecorating



District Champs





## STUDENT LIFE



#### **Attention Juniors:**

If you would like to sing with the choir at the Junior Recognition Mass, please plan to attend rehearsal on Tuesday, February 14th, from 2:35-3:15 in the Chapel. See Ms. Lacertosa if you have questions.



#### **Mooney Day Shirts**

This year's Mooney Day shirt was designed by Junior Art Student Kayla Coddington. Mrs. Topp's students submitted nearly 20 different designs. They were all amazing. Congrats to Kayla!

A very special thank you to our shirt sponsors:

Let's Jump Events is providing the inflatables featured at this year's Mooney Day festivities.

ITS provides us with all of our technology needs. Director of Technical Services Mike Hebert is a Mooney graduate and this is not the first time he has donated to our cause! We appreciate our sponsors!



#### GO OUT WITH A BASH



**CLICK HERE TO PURCHASE** 

your Grad Bash Ticket today.



Click here to purchase

#### **Bloodmobile**

The Bloodmobile will be here Tuesday, February 7st from 9:00 AM to 2:00 PM. Those who are at least 16 and in good health are eligible to donate the "gift of life." Three hours of community service is available for one pint of blood donated.

If you are 16 but not yet 17, you MUST bring a parental permission slip and a photo ID with you to the Bloodmobile. You can obtain a permission form when you sign up.

You should have a healthy breakfast before donating. To sign up for this Blood drive, see the Blood Bank recruiters at lunch time on Thursday, February 2nd or Monday, February 6th.

If you have any questions please see Mr. Scheuer

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	January 27	Re-Enrollment Begins
	January 29 - February 4	Catholic School's Week
	February 3 7:55 am - 12 pm	MOONEY DAY  This is an official school day  Attendance Required
	<b>February 4</b> 6 pm	Mooney Trivia Night benefitting All Children's Hospital
	February 1 8:30 am	Grandparents and Special Friends Day for Freshmen and Sophomores Reservations required
	February 1 5:30 pm - 6:30 pm	C.A.R.E. Board Meeting
	February 8 8:30 am	Grandparents and Special Friends Day for  Juniors and Seniors  Reservations required
	February 8 6 pm	Sophomore Parent Night
	February 15	Junior CAE Studies for College Admissions with Mrs. LaFemina (RSVP Required)
\	February 24 7:55 am (Early Release more info coming soon)	Pre-ACT for 9th and 10th Grade Junior Recognition Ceremony Senior Retreat in the Gym
	February 27	Career Fair
	February 28	Enrollment deadline
	March 9 and 10	No School for Students Professional Development Days for Teachers
	March 13-17	Spring Break

## **COUGAR COMMUNITY NEWS**



SRQ Magazine Best Of

If you do not use the direct link and go to the SRQ magazine website, click on "Events & Competitions" in the menu bar.

Vote for Mooney HERE

#### Secure your spot today! Re-Enroll by February 28th!

Cardinal Mooney Catholic High School's administration and staff are already looking ahead and making plans for next school year. In preparation for the start of 2023-2024, please take time now to complete your student's re-enrollment for next year.

Please do this by February 28, 2023, for early course registration. On March 1, we will open enrollment to all, which includes a waiting pool.

To complete our online re-enrollment process, you will access your FACTS Family Portal through your existing login.

#### **FACTS PARENT PORTAL:**

www.factsmgt.com

Click: "Parent Log In"
Click: "FACTS Family Portal (ParentsWeb)"

Enter District Code: CMHS-FL
Username: your information
Password: your information
(User & Password are Case Sensitive)

Log in - Click "Apply/Enroll" - Click "Enrollment/Reenrollment" – "Click here to open Enrollment"

Start Enrollment Packet

Once you review, submit and pay the \$625 enrollment fee it will say Submitted.

If you have any questions about the process, feel free to contact Deb Butor at 941-371-4917 or dbutor@cmhs-sarasota.org.

## LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.



## **ACADEMIC SERVICES & GUIDANCE**



Pictured: Vincent Wren, Mr. Hopper and Addison Dempsey

In January, the gifts of Christ character program focused on "humility." Students embraced the wisdom and knowledge that their mentors and teachers have to offer, and understood that they can learn from their knowledge and experiences. They were humbled with the knowledge and talents they have and can always learn more. This month we would like to recognize two students who embody humility, **Vincent Wren and Addison Dempsey**. Congratulations!

For February our focus is on fortitude. Students can do all things through Christ who strengthens them. Students will seek courage in difficult situations in pursuit of what is true, beautiful and good.

#### HOMEWORK HELPERS

Any student of any grade level looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society
Homework Help Monday – Thursday in room G105. This service begins at 2:40 pm and ends at 3:10 pm.

No appointment is necessary.

For any information, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.



# CAREFAIR

#### **CAREER FAIR 2023**

Seeking career professionals to attend our career fair to speak with our sophomore students.

Location: CMHS Gymnasium
Date: Monday, February 27, 2023
Time: 12:55 pm -1:40 pm
Check-in and set up 12:30

**Event Contact: Ann LaFemina** 

Dean of Academic Services, College Counselor.

941-371-4917 Ext. 165

ALaFemina@cmhs-sarasota.org

**RSVP: FEBRUARY 17, 2023** 

## **ACADEMIC SERVICES & GUIDANCE**



#### JOIN MRS. LAFEMINA FEBRUARY 15, 2023-RSVP REQUIRED

- All participants will be given the opportunity to read the 3 sample college admissions applications prior to the event.
- The sample applications will be discussed in small groups led by a college admissions representative officer. As a group, you will decide which students will be accepted, denied, or deferred.

You will learn the following:

- What colleges look for in an applicant
- What colleges value academically and how a student spends their free time
- How difficult it is to choose between applicants
- How students can evaluate their own strengths, skills, and qualities they bring to the process and how to convey them on their college application.

Students and families will gain insight and understanding as to what is valued in the application.

Space for this event is limited. please contact Mrs. Ann LaFemina, College Counselor at ALaFemina@cmhs-sarasota.org/941-371-4917 ext. 165. To RSVP no later than 2/10/2023.

COLLEGE TOUR
Deadline to register,
Friday, March 3,2023.



## **ACADEMIC SERVICES & GUIDANCE**

#### **ATTENTION JUNIORS**

The application is now open to participate in the Boys State Leadership program. Participation can lead to scholarship award money. Information about the program and the application were sent via email from Mrs. LaFemina. Those interested should complete the application by January 30th and then email that to Mr. Barry Shuck at barry.shuck@hotmail.com, or you can drop it off at the American Legion Post 266; 5201 Richardson Road, Sarasota, Florida 34232. In addition, applications can lead to interviews as part of the selection process. Questions about the application and interview process can be directed to Mr. Shuck at the email address above.

#### WHAT IS BOYS STATE?

Boys State is a unique, one-week, summertime educational program for rising seniors that focuses on participation and personal experience in a model state, complete with governmental bodies and elected public officials. It is designed to mirror the structure and operation of Florida's state government, while providing hands-on training in practical citizenship, leadership and character development through a non-partisan perspective.

# THE COOLIDGE SCHOLARSHIP IS NOW OPEN AND ACCEPTING APPLICATIONS.

The Coolidge Scholarship is an annually awarded, full-ride, presidential scholarship that covers a student's tuition, room, board, and expenses for four years of undergraduate study.

Awarded funds may be used by recipients at any accredited college or university in the United States.

<a href="https://coolidgescholars.org/apply/">https://coolidgescholars.org/apply/</a>



Now accepting applications for the 2023-24 Academic Yea



#### Mary Fran Carroll Scholarship

The Catholic Community Foundation is proud to offer multiple \$3,000. Mary Fran-Carroll Scholarships to residents of Sarsota County, Florida for futilities, buoks and fees (housing and fiving expenses not eligible). These scholarships may be received annually for up to 5 years for students maintaining a 3.2 GPA as they pursue their undergraduate degree.

and recent migh school graduates (within the last 2 years) who wish to pursue an undergraduate degree in any accredited college of university.

The Non-traditional Scholarships are open to adult learners who are returning to school to obtain a collegi degree or vocational certification after being out of high school for three or more years.



#### JAMES E. & MARGARET M. SCHWARZ SCHOLARSHIP

The Catholic Community Foundation is proud to offer the Schwarz scholarship valued at approximately S6,800 to a graduating sentor from Cardinal Mooney Catholic High School in Sarasota, Florida that will be pursuing a career in education. This scholarship is nonrenewable and can be used for tuition, books, fees and housing expenses.



#### Barry L. Carey, MD Scholarship

he Catholic Community Foundation is proud to offer the Barry L. Carey, MD Scholarship alued at approximately \$400 to a practicing Catholic student graduating from a atholic, private, public or home-school high school within the ten counties of the foccess of Ventice in Florida. Scholarship recipients must be the first generation in their omily to attend a college or university. This scholarship is a four-year renewable cholarship for students maintaining a 3.0 GPA and can be used for tutton, books, fees and housing expenses.

#### Frank & Florence Coseglia Scholarship

The Catholic Community Foundation is proud to offer the Frank and Florence Coseglia Scholarship valued at approximately \$1,100 for a Catholic college bound, financially needy student graduating from one of the four Catholic high schools in the Docese of Ventice. This is a one year non-renewable scholarship. A submission of an essay on what your Catholic education has meant to you and your future goals is required upon application.



Apply For All Scholarships at: www.ccfdioceseofvenice.org Deadline: February 21, 2023 at 11:59 pm

1000 Pinebrook Rd., Venice, FL 34285 | 941.441.1124 | ccf@dioceseofvenice.org

# The 2023 Hispanic Scholarship Fund Program Application is now open and closes on February 15, 2023, 5:00 PM PT.

#### Eligibility:

- Must be of Hispanic heritage
- U.S. citizen, permanent legal resident
- Minimum of 3.0 GPA on a 4.0 scale (or equivalent) for high school students; minimum of 2.5 GPA on a 4.0 scale (or equivalent) for college and graduate students
- Plan to enroll full-time in an accredited, public or not-for-profit, four-year university, or graduate school, in the U.S., for the 2023-2024 academic year
- Submit the FAFSA or state-based financial aid forms (if applicable)

#### About HSF:

HSF empowers families with the knowledge and resources to successfully complete a higher education, while providing scholarships and support services to as many exceptional students as possible.

Founded in 1975, HSF has awarded over \$708 million in scholarships. HSF Scholars have access to valuable Scholar Support Services and, as funding permits, scholarships ranging from \$500 to \$5,000.

- It takes an average of 30 minutes for students to complete Phase I of the 2023 HSF Scholar Program Application
- No essays, recommendations, or document uploads are required in Phase I
- To get started, visit HSF.net and log into or create your myHSF profile to access the HSF Scholar Program Application

#### **United States Military Academy at West Point**

Current high school juniors and seniors can now open their application for admission to the United States Military Academy at West Point for the Class of 2024 entering the academy in late June/early July, 2024 at:

https://www.usma.edu/admissions/apply-now.

To learn more about the application process for the United States Military Academy contact your guidance counselor.

## Athletics - GO COUGARS!

#### Girls Weightlifting

The following athletes will represent Mooney at the Regional championship on Saturday, February 4th at Lemon Bay HS (Englewood). These ladies have worked hard all season (including Thanksgiving break and Christmas break) to be ready to represent our school. Based on their performance at Regionals, we'll know who would qualify for States.

#### **TRADITIONAL**

#### (clean and bench)

110 Ella Curran (District Champion)
119 Caroline Teto
119 Shelly DiLorenzo
129 Annabella Masters
154 Trinity Forget
169 Rue Borchet
169 Maddi Davenport
183 Zoe Kirby (District Champion)
183 Josephine Timemerman
199 Sierra VanPelt
UNL Elle Lambert
UNL Shelby Bernstein

#### **OLYMPIC** (snatch and clean)

110 Ella Curran (District Champion)
119 Caroline Teto
119 Shelly DiLorenzo
129 Annabella Masters
154 Trinity Forget
169 Rue Borchet
169 Maddi Davenport
183 Zoe Kirby (District Champion)
183 Josephine Timemerman
199 Sierra VanPelt
UNL Elle Lambert
UNL Shelby Bernstein

#### **Attention Spring Sports Seniors!**

Picture day for your senior banner is Wednesday, February 15th in the main gym immediately after school. Be dressed in your full uniform.



**Girls Soccer** 

Congratulations to the girls soccer team who defeated St. Pete Catholic 4-2 to win the district championship this week. This is back-to-back district championships for the Cougars soccer program. The ladies will be back in action at home on Tuesday, February 7th at 7 pm vs. an opponent yet to be determined. Cost is \$7 and no family passes accepted.

#### **Boys Soccer**

The Boys made it all the way to the district semifinal game. They concluded their season on Tuesday. Congratulations to Boys Soccer on a great season.

#### **Boys Basketball**

The boys team will host the district semi-final game at 7 pm on Wednesday. All district games are \$6 and no family passes are accepted.

#### Girls Basketball

The Cougars will face Bradenton
Christian **TONIGHT**- Friday,
February 3rd at 7 pm for the district
championship. The cost is \$6 per
person and no family passes are
accepted. The Cougars will begin
regional play on Thursday, February
9th at a site to be determined.



## Athletics - GO COUGARS!





**ATHLETIC CLEARANCE / HOME CAMPUS-** Parents and athletes, please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. Paperwork will only be accepted online. Refresh your computer and/or phone if having issues with uploading. Thank you for your support! Please direct calls to Drew Mitchell at 941-371-4917 (ext. 117) if you need assistance with Home Campus.

**FAMILY PASSES** are now available for \$175. The pass includes 6 names to be emailed to the assistant AD, Drew Mitchell, dmitchell@cmhs-sarasasota.org. All children 10 and under are free when including your 6 names.

**GATE COST**: All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)

Watch all Cougar home indoor and outdoor games on our CMHS Athletics YouTube Channel

https://www.youtube.com/channel/UC17QeLXzyIIfj4esSUckz3A



### **School Reminders and Everyday Information**

#### Monday

7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7

#### Tuesday

7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7

#### Wednesday Late Start

Periods 1-3
7:30 - 9:22 Early Drop off
Available in Selby Center.

9:27-10:55 Period 1 10:59-12:24 Period 2B 10:59-11:29 Lunch A 11:33-12:58 Period 2A 12:28:12:58 Lunch B 1:02-2:30 Period 3

#### Thursday 7:55 Start time Periods 4-7

7:55-9:23 Period 4 9:27-10:55 Period 5 10:59-11:29 Lunch A 10:59-12:24 Period 6B 12:28-12:58 Lunch B 11:33-12:58 Period 6A 1:02-2:30 Period 7

#### Friday

7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7

## \*\*SUBJECT TO CHANGE BASED ON EVENTS\*\*

#### **Attendance/Tardy/Early Dismissal Form**

This form needs to be filled out by 9 am each and every time your student is absent, arriving late or leaving early from school. Classes missed will be unexcused until the note is received.

Please use the link to upload any applicable doctor notes.

Click here for the link.

## Please remember!

Only the CMHS uniform polo shirt from CHILDREN'S WORLD UNIFORM SUPPLY is allowed.



Polo Shirts are required (even under sweatshirts) and MUST BE TUCKED IN DURING THE SCHOOL DAY.



# CALENDAR REMINDERS



#### Wednesday, Feb 8

**Grandparent's Day** for 11th and 12th

Monday, Feb. 27

Career Day

#### Tuesday, Feb. 28

College Fair Re-Enrollment Deadline

#### March 6 - 8

We will run a 7-period schedule with NO Late Start on March 8 7:55 am - 2:30 pm

#### March 9 - 10

No Classes for Student



#### Tickets are limited; call 941-379-9419

# Sponsorships are still available Receive promotional exposure targeting distinguished guests, friends, parents, Cardinal Mooney High School supporters, plus thousands of online bidders.

# We are collecting for our Class-Themed Baskets, please bring any items to the front office.

Thank you!

**Senior Class:** *Dorm Essentials Basket*- Mini fridge, gift cards, office and desk supplies, shower caddy, flip flops, bath towels, alarm clock, laundry basket etc.

**Junior Class:** *Travel & Adventure Basket*- Gas cards, day trip experiences, backpack, water bottles, Gift Cards, portable phone charger, wireless headphones, outdoor gear, etc.

**Sophomore Class:** *That's Entertainment Basket*- Movie tickets, restaurant gift cards, tours & sightseeing, arts & culture, etc.

Freshman Class: Lucky Duck Basket-Scratch off lottery tickets

Please contact Erica DiMinno at ediminno@cmhs-sarasota.org or 941-379-9419 with any questions. Thank you for supporting Cardinal Mooney High School.



## **Sponsorship Opportunities**

#### Commodore Sponsor \$5,000

- VIP table for ten guests with table wine
- Prominent recognition in all marketing materials and venue
  - Name/logo on the auction website and table centerpieces
    - Live sponsorship recognition at the event
- Full-page color advertisement on back cover of the event program

#### Fleet Captain \$2,000

- Faculty Table Sponsor allows four faculty to attend as your guests
- Table seating for additional four sponsor guests (total of eight guests)
  - Half-page advertisement in the event program
    - Name/logo on the auction website

#### **Bosun Sponsor \$500**

- Table seating for two guests at a table of eight
- Business card advertisement in the event program

#### Vice Commodore Sponsor \$3,000

- Table for eight guests with premium seating
- Half-page color advertisement in the event program
- Name/logo in marketing materials and on auction website

#### Flag Officer \$1,200

- Table seating for four guests at a table of eight
- Quarter-page advertisement in the event program
  - Name/logo on auction website

#### **Deckhand Sponsor \$100**

• Business or family name displayed at the venue