

COUGAR NEWS

Lent is a time of renewal for the whole Church, for each community and every believer.
Above all it is a time of grace." - Pope Francis



Secure your spot today! Re-Enroll by February 28th!
On March 1, we will open enrollment to all, which includes a waiting pool.

To complete our online re-enrollment process,
you will access your FACTS Family Portal through your existing login.

Log In Instructions

**FACTS PARENT
PORTAL:**
www.factsmgt.com

Click: "Parent Log In"
Click: "FACTS Family
Portal (ParentsWeb)"

Enter District Code:
CMHS-FL

Username: your
information

Password: your
information

(User & Password are
Case Sensitive)

Re-Enroll Instructions

Log in - Click
"Apply/Enroll"
Click
"Enrollment/Reenrollment"

—

"Click here to open
Enrollment"

Start Enrollment Packet

Once you review, submit
and pay the \$625 enrollment
fee it will say "*Submitted*".

If you have any questions
about the process, feel free
to contact Deb Butor at
941-371-4917 or email,
dbutor@cmhs-sarasota.org.

Course Request Instructions

Log in
Click the down arrow next to
STUDENT on the left menu
Click
"COURSE REQUEST"

Select courses using the
dropdown menus.

Continue until all of your
courses are selected.

**MOST IMPORTANT
CLICK "SAVE"**

to record your selections
The FACTS Family Portal
opened at 3:00 pm this
Thursday, February 23.
The portal will close at 12:00
midnight on Sunday, Feb. 26

Check your email for more
detailed information.



CALENDAR REMINDERS

February 23 at 3 pm	Course Request Portal Opens
February 24 7:55 am (Early Release)	Pre-ACT for 9th and 10th Grade -7:55 am start Junior Recognition Ceremony Senior Retreat in the Gym
February 26	Final day to submit course requests
February 27	Career Fair
February 28	Enrollment deadline College Fair in the Gym
March 8	7 period day - 7:55 Start Time <i>(NO Late Start)</i>
March 9 and 10	No School for Students Professional Development Days for Teachers
March 13-17	Spring Break





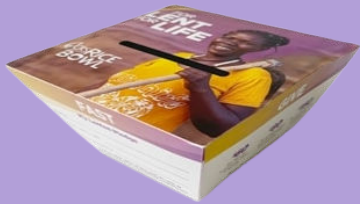
OUR FAITH



THE LENTEN SEASON HAS BEGUN!

What is Lent? Lent is a 40 day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ.

When and What is Fasting? Ash Wednesday and Good Friday are two days of fasting and abstinence. However, all Fridays of Lent are also days of abstinence from meat. Fasting is to be observed by all Catholics between the ages of 18 years and 59 years. On a fast day, one full meal is allowed or two smaller meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.



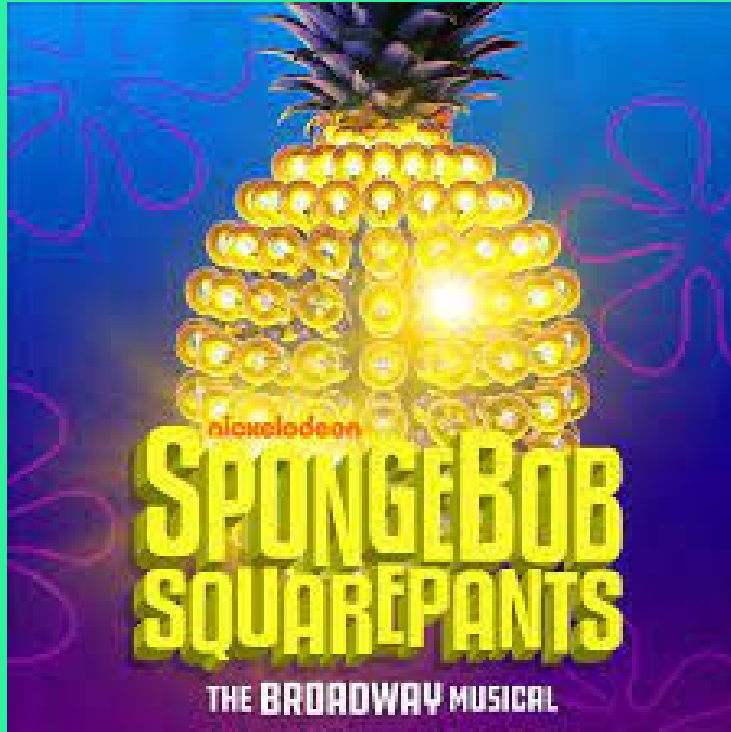
CRS Rice Bowl collection for the poor was distributed to all students this week. Students should see their Theology teacher if they did not receive their Rice Bowl. All Rice Bowls need to be returned to your Theology teacher by Tuesday, April 11, 2023.

Nationally-Known Pro-Life speaker **Lisa Rowe** will be speaking at our chapel on Tuesday, Feb.28 at 2:45pm. Lisa will be speaking on the topics: What is Abortion? How Prevalent is it? There is support after Abortion. How to speak to your friends and family about abortion. This event is free and open to the whole Cardinal Mooney community- students, parents, faculty and staff.



Upcoming Lenten Opportunities for our students
Friday, March 3rd - Living Rosary, 8:30 AM
Tuesday, March 7th - All School Mass
Wed, March 22nd - Stations of the Cross, 8:30 AM
Thursday, March 30th - Reconciliation Service

STUDENT LIFE



The Theatre Department is proud to present the high school area premier of
THE SPONGEBOB MUSICAL!

Based on the beloved Nickelodeon animated series,
THE SPONGEBOB MUSICAL follows our titular hero and his friends as they
come together to save the fate of their undersea world.

A musical about bravery, hope, and the power of positive thinking, **THE SPONGEBOB MUSICAL** features an original score by Panic! At the Disco, Plain White T's Cyndi Lauper, John Legend, Aerosmith, and more!

Come out and see the talented cast and crew of
THE SPONGEBOB MUSICAL

March 2-4 at 7:00 pm

March 5 at 2:00 pm

Tickets are \$10 and can be purchased online or at the door

Online ticket sales begin Monday, February 27th
(link on school website and Canvas.)

Mooney students with their school ID can purchase a \$5 ticket at the door

COUGAR COMMUNITY NEWS



HOMEWORK HELPERS

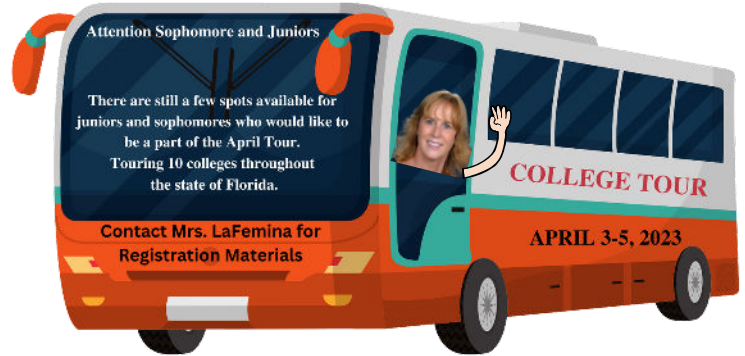
Any student of any grade level looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society Homework Help Monday – Thursday in room G105. This service begins at 2:40 pm and ends at 3:10 pm.

No appointment is necessary.

For any information, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.

COLLEGE TOUR

Deadline to register,
Friday, March 3, 2023.



CALLING ALL STUDENT VOLUNTEERS!

Mooney's largest fundraiser of the year is coming soon, and we need your help.

Sail Away with Mooney Dinner Gala

Saturday, March 25, 2023

Sarasota Yacht Club, 6 PM

Please contact Ms. DiMinno at ediminno@cmhs-sarasota.org or come see her in the front office to learn more about joining this fun, exciting event!

LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.



ACADEMIC SERVICES & GUIDANCE



Any student interested in the biological sciences or who have a passion for solving critical global challenges, the Florida Youth Institute (FYI) application deadline is days away!

Hosted by the University of Florida, with support from the College of Agricultural and Life Sciences and the Florida Department of Agriculture and Consumer Sciences, FYI is a summer residential camp offered to rising high school juniors and seniors. Two weeks of FYI will be offered in July of 2023. Participants will have the opportunity to experience indoor and outdoor laboratories and UF campus facilities, connect with leaders, innovators and entrepreneurs in Florida who are working to end hunger and poverty, present their own research and recommendations on solving key global challenges, and live in a campus residence hall for a week.

Remember, the application deadline is February 27th.

Application
<https://cals.ufl.edu/prospective/fyi/>

United States Military Academy at West Point

Current high school juniors and seniors can now open their application for admission to the United States Military Academy at West Point for the Class of 2024 entering the academy in late June/early July, 2024 at:

<https://www.usma.edu/admissions/apply-now>.

To learn more about the application process for the United States Military Academy contact your guidance counselor.

Sarasota Memorial Health Care System

Sarasota Memorial Hospital is offering a Summer Employment Program and the link to apply is live until Monday, March 13, 2023, at 8:00am. The application can be found on www.smh.com under the Careers Page and listed at the bottom under Features Events. The application link will be found under a sub header titled "Summer Employment Program". Please review the participating departments, their availability, and tasks in the attached PDF. The program is open to those aged 16-24 years old. The goal of the program is to provide support to SMHCS, as we have ~1100 vacancies, while also providing teens/young adults the opportunity to learn more about healthcare career opportunities.

Targeted Dates:

Begin: June 7th, 2023

End: August 4th, 2023

Professional development events/career learning opportunities dates will be shared once they are finalized.

For questions please reach out to Laurie Bennett, Vice President of Human Resources or Teran Dobson Administrative Assistant, (941) 917-1404 office, (941) 917-7588, mobile (941)225-5284, fax (941)917-7557.

Athletics - GO COUGARS!



GIRLS BASKETBALL

The Lady Cougars are headed to the State Championship game!

In the Class 3A Final Four game on Wednesday, the Cougars defeated King's Academy 53-39.

The Lady Cougars advance to their 3rd straight Florida High School Athletic Association State Championship game. They'll play Miami Country Day at 10am this Saturday in Lakeland.



BASEBALL



Congratulations to the JV and Varsity teams on their wins this week. The JV team won their opening game of the year 4-0 over Sarasota and lost a heartbreaker to Venice 5-4.

The Varsity team defeated Lemon Bay 3-2 with a great team effort all around! Strong pitching from Jack MacKinnon, Aiden Shea and Austin Shields. Next home game for the Cougars will be vs. Venice High on Wednesday, March 1st. First pitch 4pm!

GIRLS LACROSSE



The Cougars won both games this past week defeating Sarasota High 12-7 and Tampa Catholic 11-10. The Cougars are led by Senior Taylor Daly averaging 3 goals a game along with Ally Frank and Morgan Martin averaging nearly 2 goals a game as well. Cougars are next at home Monday, February 27th vs St. Pete Catholic @ 5pm!

BOYS LACROSSE



The boys varsity team defeated 2A powerhouse Plant High School this week with a thrilling 14-13 OT victory. Senior Sean Laureano led the way with 5 goals for the Cougars! Next home game for the Cougars will be this Friday, vs. Winter Park 7pm!



GIRLS WEIGHTLIFTING

Congratulations to Zoe Kirby. Zoe finished 7th at the state tournament last weekend! Congratulations Zoe!!
!

BEACH VOLLEYBALL



Opening day match on February 28th vs. Sarasota Christian at 4pm. Come out and support our Beach Volleyball team and check out the new courts! Mark your calendars...Hope to see you there!

TENNIS



Both girls and boys teams defeated Bradenton Christian this week in district play! The boy's doubles teams swept both matches and great wins for the girls singles in three matches! Player of the match was Collin Lockhart in boys #1 singles!

Athletics - GO COUGARS!

Support
CMHS BOYS LACROSSE
 outside the gym
BEST GAME IN THE WORLD
March 22
8AM-9:15AM
CHICKEN BISCUIT \$4.25
BUTTER BISCUIT \$2.50
CASH/CREDIT & ASK FOR JELLY

COUGAR ATHLETICS SCHEDULE WEEK OF 2-27-23

Day	Date	Time	Level	Sport	H/A	Opponent
MON	2/27	5:00 PM	V	GLAX	A	SPC
TUESDAY	2/28	7:00 PM	V	BLAX	A	CANTERBURY (FT MYERS)
TUESDAY	2/28	4:00 PM	VARSITY	BEACH	H	SARASOTA CHR.
TUES	2/28	4:00 PM	JV	BASEBALL	A	LEMON BAY
TUES	2/28	7:00 PM	VARSITY	BASEBALL	A	LEMON BAY
TUESDAY	2/28	330PM	V	BOYS / GIRLS TENNIS	A	SSES
TUESDAY	2/28	5:00 PM	JV	GLAX	H	RIVERVIEW

Cougar Softball Fundraiser
Cardinal Mooney
SPRING CLEANING TIME! Bring us all those shoes you have out grown or just don't wear any more! Nike, Reebok, Adidas-- it doesn't matter! Basketball, running, or even cleats. Help us not only to raise money but also to create less waste. Look for these bags around campus or just bring your shoes to E225. Don't have any shoes, we'll take \$ donations too!

Watch all Cougar home
indoor and outdoor games on
our

**CMHS Athletics YouTube
Channel**

<https://www.youtube.com/channel/UC17QeLXzyIIfj4esSUckz3A>

ATHLETIC CLEARANCE / HOME CAMPUS- Parents and athletes, please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. Paperwork will only be accepted online. Refresh your computer and/or phone if having issues with uploading. Thank you for your support! Please direct calls to Drew Mitchell at 941-371-4917 (ext. 117) if you need assistance with Home Campus.

GATE COST: All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)

School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1	7:55-8:47 Period 1	Late Start	7:55 Start time	7:55-8:47 Period 1
8:51-9:38 Period 2	8:51-9:38 Period 2	Periods 1-3	Periods 4-7	8:51-9:38 Period 2
9:42-10:29 Period 3	9:42-10:29 Period 3	7:30 - 9:22 Early Drop off		9:42-10:29 Period 3
10:33-11:20 Period 4	10:33-11:20 Period 4	Available in Selby Center.		10:33-11:20 Period 4
11:24-11:54 Lunch A	11:24-11:54 Lunch A	9:27-10:55 Period 1	7:55-9:23 Period 4	11:24-11:54 Lunch A
11:24-12:11 Period 5B	11:24-12:11 Period 5B	10:59-12:24 Period 2B	9:27-10:55 Period 5	11:24-12:11 Period 5B
12:15-12:46 Lunch B	12:15-12:46 Lunch B	10:59-11:29 Lunch A	10:59-12:24 Period 6B	12:15-12:46 Lunch B
11:59-12:46 Period 5A	11:59-12:46 Period 5A	11:33-12:58 Period 2A	12:28-12:58 Lunch B	11:59-12:46 Period 5A
12:50-1:37 Period 6	12:50-1:37 Period 6	12:28-12:58 Lunch B	11:33-12:58 Period 6A	12:50-1:37 Period 6
1:41-2:30 Period 7	1:41-2:30 Period 7	1:02-2:30 Period 3	1:02-2:30 Period 7	1:41-2:30 Period 7

****SUBJECT TO CHANGE BASED ON EVENTS****

Attendance/Tardy/Early Dismissal Form

This form needs to be filled out by 9 am each and every time your student is absent, arriving late or leaving early from school. Classes missed will be unexcused until the note is received.

Please use the link to upload any applicable doctor notes.

[Click here for the link.](#)

Please remember!

Only the CMHS uniform polo shirt from
CHILDREN'S WORLD UNIFORM
SUPPLY is allowed.

Polo Shirts are required (even under
sweatshirts) and **MUST BE TUCKED IN**
DURING THE SCHOOL DAY.



[Click here to purchase](#)

[Only 34 left](#)

[Don't Delay...order today!](#)



Sail Away with Mooney Dinner Gala

March 25, 2023, Sarasota Yacht Club

Silent Auction
baskets needed to fill
with treasures!

Have extra baskets in good condition?
Please bring to Advancement in the front office.



CLASS-THEMED BASKETS



We need your help for Gala Donations. We are asking every student to bring in an item related to their class theme. The class with the most participation will get free ice cream Friday 3/31.



SENIORS - Dorm Essential Basket.
Mini fridge, gift cards, office and desk supplies, bath towels, laundry basket, etc.



JUNIORS - Travel & Adventure Basket
Gas Cards, water bottles, portable phone charger, kayak experience, out door gear, etc



SOPHOMORES - That's Entertainment Basket
Movie tickets, restaurant gift cards, arts and culture, bowling, mini golf, etc



FRESHMEN - Lucky Duck Basket
Scratch off lottery tickets of any denomination

All Donations can be brought into the front office by Friday, March 10. The sooner the better. Thank you in advance!





Tickets are limited; call 941-379-9419

Sponsorship Opportunities

Sponsorships are still available

Receive promotional exposure targeting distinguished guests, friends, parents, Cardinal Mooney High School supporters, plus thousands of online bidders.

Commodore Sponsor \$5,000

- VIP table for ten guests with table wine
- Prominent recognition in all marketing materials and venue
 - Name/logo on the auction website and table centerpieces
 - Live sponsorship recognition at the event
- Full-page color advertisement on back cover of the event program

Fleet Captain \$2,000

- Faculty Table Sponsor allows four faculty to attend as your guests
- Table seating for additional four sponsor guests (total of eight guests)
 - Half-page advertisement in the event program
 - Name/logo on the auction website

Bosun Sponsor \$500

- Table seating for two guests at a table of eight
- Business card advertisement in the event program

Vice Commodore Sponsor \$3,000

- Table for eight guests with premium seating
- Half-page color advertisement in the event program
- Name/logo in marketing materials and on auction website

Flag Officer \$1,200

- Table seating for four guests at a table of eight
- Quarter-page advertisement in the event program
 - Name/logo on auction website

Deckhand Sponsor \$100

- Business or family name displayed at the venue