

# COUGAR NEWS

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand. Isaiah 41:10



**Enroll  
Now**

**Secure your spot today! Re-Enroll by February 28th!**

*On March 1, we will open enrollment to all, which includes a waiting pool.*

To complete our online re-enrollment process, you will access your FACTS Family Portal through your existing login.

## **FACTS PARENT PORTAL:**

[www.factsmgt.com](http://www.factsmgt.com)

**Click:** “Parent Log In”

**Click:** “FACTS Family Portal (ParentsWeb)”

**Enter District Code:** CMHS-FL

**Username:** your information

**Password:** your information

(User & Password are Case Sensitive)

**Log in - Click** “Apply/Enroll”

**Click** “Enrollment/Reenrollment” –

“Click here to open Enrollment”

**Start Enrollment Packet**

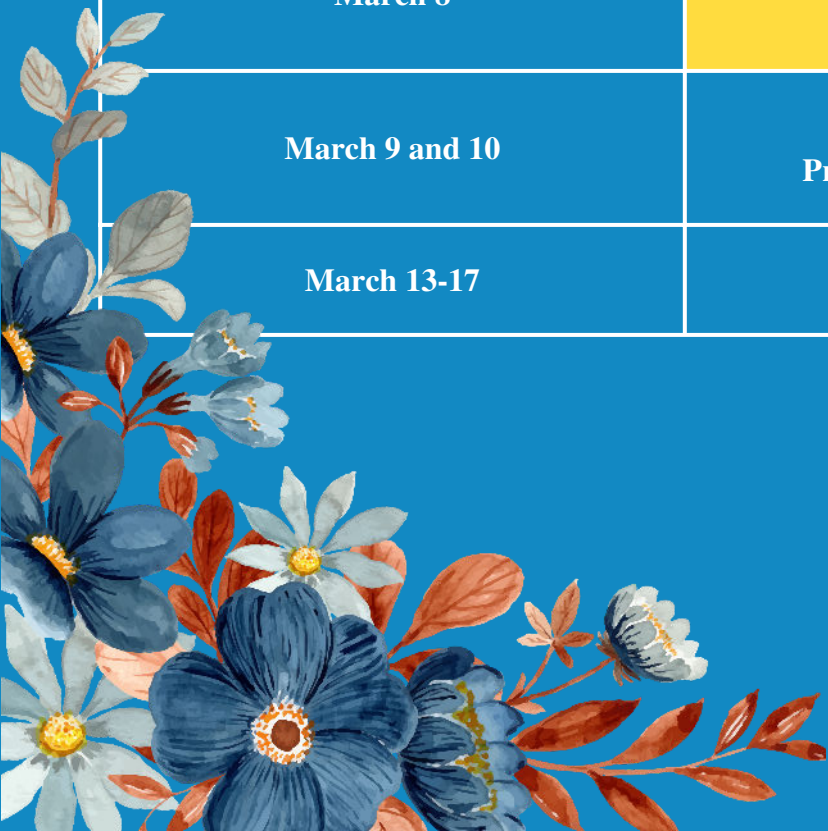
Once you review, submit and pay the \$625 enrollment fee it will say *"Submitted"*.

If you have any questions about the process, feel free to contact Deb Butor at 941-371-4917 or email, [dbutor@cmhs-sarasota.org](mailto:dbutor@cmhs-sarasota.org).



# CALENDAR REMINDERS

February 20	President's Day- No School
February 23 at 3 pm	Course Requests Begin
February 24 7:55 am (Early Release)	Pre-ACT for 9th and 10th Grade -7:55 am start Junior Recognition Ceremony Senior Retreat in the Gym
February 26	Final day to submit course requests
February 27	Career Fair
February 28	Enrollment deadline College Fair in the Gym
March 8	7 period day - NO Late Start
March 9 and 10	No School for Students Professional Development Days for Teachers
March 13-17	Spring Break





## ASH WEDNESDAY LITURGY & THE BEGINNING OF THE LENTEN SEASON:

Wednesday, February 22, 2023, we will have our All School Ash Wednesday Liturgy.

***What is Ash Wednesday?*** Ash Wednesday is the start of the Lenten season leading up to Easter when Jesus was resurrected. During this period, Christians show repentance and mourning for their sins, because they believe Christ died for them. We receive ashes during mass to symbolize both death and repentance.

***When and What is Fasting?*** February 22, 2023, and Good Friday, April 7, 2023, are two days of fasting and abstinence. However, all Fridays of Lent are also days of abstinence from meat. Fasting is to be observed by all Catholics between the ages of 18 years and 59 years. On a fast day, one full meal is allowed or two smaller meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

*If possible, the fast on Good Friday is to continue until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.*

**Note:** If a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial that are suitable to their condition.

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.



CRS Rice Bowl collection for the poor will be distributed to all students the week of Ash Wednesday and need to be returned to your Theology teacher by Tuesday, April 11, 2023.



# STUDENT LIFE



## CALLING ALL STUDENT VOLUNTEERS!

Mooney's largest fundraiser of the year is coming soon, and we need your help.

Sail Away with Mooney Dinner Gala

Saturday, March 25, 2023

Sarasota Yacht Club, 6 PM

Please contact Ms. DiMinno at [ediminno@cmhs-sarasota.org](mailto:ediminno@cmhs-sarasota.org) or come see her in the front office to learn more about joining this fun, exciting event!



[Click here to purchase](#)



## HOMEWORK HELPERS

Any student of any grade level looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society Homework Help Monday – Thursday in room G105. This service begins at 2:40 pm and ends at 3:10 pm.

No appointment is necessary.

For any information, please contact Mr. Scheuer at [sscheuer@cmhs-sarasota.org](mailto:sscheuer@cmhs-sarasota.org).



# COUGAR COMMUNITY NEWS

## COLLEGE TOUR

Deadline to register,  
Friday, March 3, 2023.



### Catholic Community Foundation of Southwest Florida College & Vocational Scholarships

*Now accepting applications for the 2023-24 Academic Year*



#### Mary Fran Carroll Scholarship

The Catholic Community Foundation is proud to offer multiple \$3,000 Mary Fran Carroll Scholarships to residents of Sarasota County, Florida for tuition, books and fees (housing and living expenses not eligible). These scholarships may be renewed annually for up to 5 years for students maintaining a 3.2 GPA as they pursue their undergraduate degree.

The Traditional Scholarships are open to graduating seniors and recent high school graduates (within the last 2 years) who wish to pursue an undergraduate degree in any accredited college or university.

The Non-traditional Scholarships are open to adult learners who are returning to school to obtain a college degree or vocational certification after being out of high school for three or more years.



#### JAMES E. & MARGARET M. SCHWARZ SCHOLARSHIP

The Catholic Community Foundation is proud to offer the Schwarz scholarship valued at approximately \$6,800 to a graduating senior from Cardinal Mooney Catholic High School in Sarasota, Florida that will be pursuing a career in education. This scholarship is non-renewable and can be used for tuition, books, fees and housing expenses.



#### Barry L. Carey, MD Scholarship

The Catholic Community Foundation is proud to offer the Barry L. Carey, MD Scholarship valued at approximately \$400 to a practicing Catholic student graduating from a Catholic, private, public or home-school high school within the ten counties of the Diocese of Venice in Florida. Scholarship recipients must be the first generation in their family to attend a college or university. This scholarship is a four-year renewable scholarship for students maintaining a 3.0 GPA and can be used for tuition, books, fees and housing expenses.



#### Frank & Florence Coseglia Scholarship

The Catholic Community Foundation is proud to offer the Frank and Florence Coseglia Scholarship valued at approximately \$1,100 for a Catholic college bound, financially needy student graduating from one of the four Catholic high schools in the Diocese of Venice. This is a one year non-renewable scholarship. A submission of an essay on what your Catholic education has meant to you and your future goals is required upon application.



APPLY FOR ALL SCHOLARSHIPS AT: [www.ccfdioceseofvenice.org](http://www.ccfdioceseofvenice.org)  
DEADLINE: February 21, 2023 at 11:59 pm

1000 Pinebrook Rd., Venice, FL 34285 | 941.441.1124 | [ccf@dioceseofvenice.org](mailto:ccf@dioceseofvenice.org)



Check this out!!!

**Summer Medical Science Academy at LECOM**

**Lake Erie College of Osteopathic Medicine – Bradenton Campus is excited to announce their summer Medical Science Academy from June 5th-16th for students entering 9th-12th grades. This year's theme is Cardiology. Please see Mrs. LaFemina for more information.**

## LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at [sscheuer@cmhs-sarasota.org](mailto:sscheuer@cmhs-sarasota.org).



# ACADEMIC SERVICES & GUIDANCE



## CAREER FAIR 2023

Seeking career professionals to attend our career fair to speak with our sophomore students.

**Location:** CMHS Gymnasium

**Date:** Monday, February 27, 2023

**Time:** 12:55 pm -1:40 pm

**Check-in and set up** 12:30

**Event Contact:** Ann LaFemina

Dean of Academic Services, College Counselor.

941-371-4917 Ext. 165

ALaFemina@cmhs-sarasota.org

**RSVP: FEBRUARY 17, 2023**

### United States Military Academy at West Point

Current high school juniors and seniors can now open their application for admission to the United States Military Academy at West Point for the Class of 2024 entering the academy in late June/early July, 2024 at:

<https://www.usma.edu/admissions/apply-now>.

To learn more about the application process for the United States Military Academy contact your guidance counselor.

## DUAL-ENROLLMENT INFORMATION

*Are you a current sophomore or junior interested in dual enrollment for next year?*

There will be a meeting for students on **Wednesday, February 22 at 8:30 am** in the media center with our rep from SCF to talk about dual enrollment. She will explain the benefits and process for enrollment. Students must have a 3.0 GPA and meet certain testing requirements. More information can be found here:

<https://www.scf.edu/StudentServices/Registrar/EarlyCollege/default.asp>

Please reach out to Mrs. George with any questions.

# Athletics - GO COUGARS!

## GIRLS BASKETBALL



The Cougars are back in the Regional finals for the 3rd consecutive year! The girls defeated Tampa Catholic 60-42 Tuesday and were led by Olivia Davis with 31 points. They will take on Tampa Prep tonight at 7 pm- **It's a WHITE outcome and cheer them on here at CMHS!!**

## GIRLS LACROSSE



Congratulations to the ladies on their first win of the season! The Cougars defeated Sarasota 12-7 on Wednesday, February 15th. Top performers were Morgan Martin, Morgan Costallos, Taylor Daly, Ally Frank, and Zoe Halfpenny. The Cougars are now 1-1 on the year.



## GIRLS WEIGHTLIFTING

Best of luck to Zoe Kirby at the State Championships tomorrow!

## BEACH VOLLEYBALL



Opening day match on February 28th vs. Sarasota Christian at 4pm. Come out and support our Beach Volleyball team and check out the new courts! Mark your calendars...Hope to see you there!

## BASEBALL



The baseball had their pre-season debut where they went 1-1. They had a tough loss to Sarasota and came back with a win vs Manatee on Wednesday. Catch the Cougars at home Tuesday at 4 pm. vs. Lemon Bay.

## BOYS LACROSSE



The Cougars split their opening weeks games with a win vs. Sarasota 17-2 and a tough loss on the road to state ranked #3 The Bolles School 12-9. Come support the boys in their next home game, Tuesday, February 21st vs. Plant High at 7pm.

## TENNIS



The boys and girls teams got into action this week and had a tough loss against Riverview (Sarasota). Both teams rebounded on Wednesday, defeating Braden River (Boys 6-1) and (Girls 7-0). The teams will travel to Bradenton Christian on Tuesday for their next matches. Good Luck!

# Athletics - GO COUGARS!

*Support*

**CMHS BOYS LACROSSE**  
outside the gym

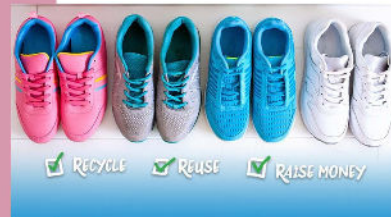
**BEST GAME IN THE WORLD**

**February 15**  
8AM-9:15AM

**CHICKEN BISCUIT**  
\$4.25

**BUTTER BISCUIT**  
\$2.50

CASH/CREDIT & ASK FOR JELLY

## Cougar Softball Fundraiser

Cardinal Mooney



**SPRING CLEANING TIME!** Bring us all those shoes you have out grown or just don't wear any more! Nike, Reebok, Adidas-- it doesn't matter! Basketball, running, or even cleats.

Help us not only to raise money but also to create less waste. Look for these bags around campus or just bring your shoes to E225.

Don't have any shoes, we'll take \$ donations too!

## Cougar Athletics Schedule week of 2-20-23

Day	Date	Time	Level	Sport	H/A	Opponent
MON	2/20	7:00 PM	JV	BASEBALL	A	SARASOTA
TUESDAY	2/21	7:00 PM	V	BOYS LACROSSE	H	PLANT
TUESDAY	2/21	4:00 PM	VARSITY	BASEBALL	H	LEMON BAY
TUESDAY	2/21	330PM	V	TENNIS	A	BCS
TUESDAY	2/21	TBA	JV	BASEBALL	A	SARASOTA
TUESDAY	2/21	4:00 PM	VARSITY	SOFTBALL	A	CCC
WEDNESDAY	2/22	10:00 AM	V	GIRLS BASKETBALL	A	STATE SEMIS
THURSDAY	2/23	3:30 PM	VARSITY	BOYS WEIGHT	A	VENICE
THURSDAY	2/23	4:00 PM	JV	BOYS LACROSSE	A	RIVERVIEW
THURSDAY	2/23	4:00 PM	VARSITY	BEACH	A	CHARLOTTE
THURSDAY	2/23	4:00 PM	VARSITY	BASEBALL	H	PARRISH
THURSDAY	2/23	4:00 PM	VARSITY	SOFTBALL	H	BCS
THURSDAY	2/23	3:00 PM	V	BOYS/GIRLS TENNIS	H	SARASOTA
FRIDAY	2/24	7:00 PM	V	BOYS LACROSSE	H	WINTER PARK
FRIDAY	2/24	3:00 PM	VARSITY	TRACK	A	RIVERVIEW



# Athletics - GO COUGARS!



**Watch all Cougar home indoor and outdoor games on our  
CMHS Athletics YouTube Channel**

**<https://www.youtube.com/channel/UC17QeLXzyIIfj4esSUckz3A>**

**ATHLETIC CLEARANCE / HOME CAMPUS-** Parents and athletes, please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. Paperwork will only be accepted online. Refresh your computer and/or phone if having issues with uploading. Thank you for your support! Please direct calls to Drew Mitchell at 941-371-4917 (ext. 117) if you need assistance with Home Campus.

**FAMILY PASSES** are now available for \$175. The pass includes 6 names to be emailed to the assistant AD, Drew Mitchell, [dmitchell@cmhs-sarasasota.org](mailto:dmitchell@cmhs-sarasasota.org). All children 10 and under are free when including your 6 names.

**GATE COST:** All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)

# School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7	7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7	<b>Late Start</b> Periods 1-3 7:30 - 9:22 Early Drop off Available in Selby Center. 9:27-10:55 Period 1 10:59-12:24 Period 2B 10:59-11:29 Lunch A 11:33-12:58 Period 2A 12:28-12:58 Lunch B 1:02-2:30 Period 3	7:55 Start time Periods 4-7 7:55-9:23 Period 4 9:27-10:55 Period 5 10:59-11:29 Lunch A 10:59-12:24 Period 6B 12:28-12:58 Lunch B 11:33-12:58 Period 6A 1:02-2:30 Period 7	7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7

**\*\*SUBJECT TO CHANGE BASED ON EVENTS\*\***

## Attendance/Tardy/Early Dismissal Form

This form needs to be filled out by 9 am each and every time your student is absent, arriving late or leaving early from school. Classes missed will be unexcused until the note is received.

Please use the link to upload any applicable doctor notes.

[Click here for the link.](#)

# Please remember!

Only the CMHS uniform polo shirt from  
CHILDREN'S WORLD UNIFORM  
SUPPLY is allowed.



Polo Shirts are required (even under sweatshirts) and **MUST BE TUCKED IN DURING THE SCHOOL DAY.**





Sail Away with Mooney Dinner Gala

March 25, 2023, Sarasota Yacht Club

*Silent Auction  
baskets needed to fill  
with treasures!*

Have extra baskets in good condition?  
Please bring to Advancement in the front office.



## CLASS-THEMED BASKETS



We need your help for Gala Donations. We are asking every student to bring in an item related to their class theme. The class with the most participation will get free ice cream Friday 3/31.



**SENIORS - Dorm Essential Basket.**  
Mini fridge, gift cards, office and desk supplies, bath towels, laundry basket, etc.



**JUNIORS - Travel & Adventure Basket**  
Gas Cards, water bottles, portable phone charger, kayak experience, out door gear, etc



**SOPHOMORES - That's Entertainment Basket**  
Movie tickets, restaurant gift cards, arts and culture, bowling, mini golf, etc



**FRESHMEN - Lucky Duck Basket**  
Scratch off lottery tickets of any denomination

All Donations can be brought into the front office by Friday, March 10. The sooner the better. Thank you in advance!





**Tickets are limited; call 941-379-9419**

## **Sponsorship Opportunities**

**Sponsorships are still available**

**Receive promotional exposure targeting distinguished guests, friends, parents, Cardinal Mooney High School supporters, plus thousands of online bidders.**

### **Commodore Sponsor \$5,000**

- VIP table for ten guests with table wine
- Prominent recognition in all marketing materials and venue
  - Name/logo on the auction website and table centerpieces
  - Live sponsorship recognition at the event
- Full-page color advertisement on back cover of the event program

### **Fleet Captain \$2,000**

- Faculty Table Sponsor allows four faculty to attend as your guests
- Table seating for additional four sponsor guests (total of eight guests)
  - Half-page advertisement in the event program
  - Name/logo on the auction website

### **Bosun Sponsor \$500**

- Table seating for two guests at a table of eight
- Business card advertisement in the event program

### **Vice Commodore Sponsor \$3,000**

- Table for eight guests with premium seating
- Half-page color advertisement in the event program
- Name/logo in marketing materials and on auction website

### **Flag Officer \$1,200**

- Table seating for four guests at a table of eight
- Quarter-page advertisement in the event program
  - Name/logo on auction website

### **Deckhand Sponsor \$100**

- Business or family name displayed at the venue