



COUGAR NEWS

"Prayer is powerful! It fills the earth with mercy; it makes the Divine clemency pass from generation to generation, right along the course of the centuries. Wonderful works have been achieved through prayer."

– St. Francis Xavier



Our hearts are filled with gratitude for the support of the Mooney community given on #GivingTuesday2022. With the help of our wonderful student volunteers, we exceeded our goal by garnering 54 gifts and raising over \$15,000.00 for the Cardinal Mooney Annual Fund!



Join the Music Department for a fabulous evening of holiday music performed by the Cardinal Mooney Cougar Symphonic Orchestra and Guitar Ensemble.

Our annual Christmas Concert will be held on
Wed, December 7th at 7:00 p.m. in the Music Hall.

Admission is free and donations are welcome!



WEDNESDAY, DECEMBER 7
MUSIC CONCERT

FRIDAY, DECEMBER 9
ALL ASSIGNMENTS DUE

DECEMBER 12-16
EXAM WEEK

WEDNESDAY, DECEMBER 14
LAST DAY TO DONATE GIFTS
TO ANDREW'S TOYBOX

MONDAY, DECEMBER 19
CHRISTMAS BREAK BEGINS

JANUARY 4
STUDENTS RETURN TO CAMPUS

STUDENT LIFE



Join us!



ATTENTION PARENTS

SAVE THE DATE FOR OUR LARGEST FUNDRAISER!



[CLICK HERE To Purchase Early Bird Tickets
and Sponsorships.](#)

[2023 CMHS Sail Away Dinner Gala | 32auctions](#)

[Questions? Please contact Erica DiMinno at
ediminno@cmhs-sarasota.org](#)

VOLUNTEERS NEEDED!

**The SAIL AWAY WITH MOONEY GALA PLANNING COMMITTEE will be holding a meeting on
Tuesday, December 6 at 8 am in the front office.**

**We would LOVE your participation in planning the event: registration, silent auction, live auction,
wine pull, and more.**

Please join us and meet other parents.

Can't make it but want to help? Please contact Erica DiMinno at ediminno@cmhs-sarasota.org or 941-
371-4917 ext. 299

**Business sponsorships and silent auction donations are very much appreciated to ensure our largest
fundraiser is a success! Please contact agorman@cmhs-sarasota.org or 941-371-4917 ext. 222 for
more information**

ACADEMIC AND COMMUNITY SERVICE



Invitation for Juniors and Families, Class of 2024

Mrs. LaFemina, College Counselor and Senior Class Academic Advisor will host a meeting for the Class of 2024 to learn about the navigating the college selection and application process as well as to share in how she assists students and families. Juniors and Junior families are encouraged to attend this event to learn more about this process.

Post-Secondary College Information Night

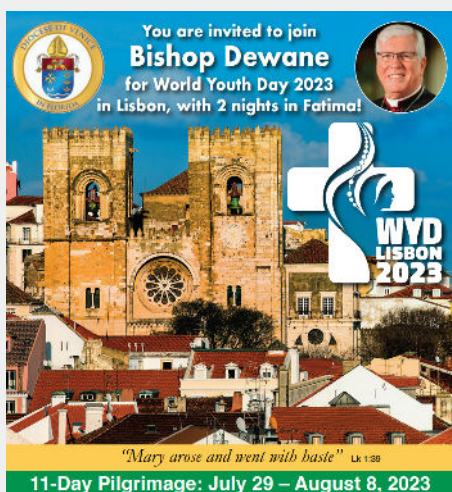
Date: Wednesday, January 4, 2023

Time: 6:30 pm

Where: Selby Center

Questions: Contact Mrs. Ann LaFemina

ALaFemina@cmhs-sarasota.org



Saturday, July 29, 2023 to Tuesday, August 8, 2023 -

World Youth Day Lisbon 2023

You are invited to join

Bishop Dewane for World Youth Day 2023

in Lisbon, with 2 nights in Fatima!

Space is Limited! More information available in Canvas

LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.

ACADEMIC SERVICES & GUIDANCE

Know an 8th grader interested in Cardinal Mooney?

The Cougar Experience



Wednesday, January 11, 2023

(8th Grade Students from St. Martha,
St. Mary Academy, Incarnation, Epiphany,
and St. Joseph schools)

Wednesday, January 25, 2023

9:00am - 2:00pm

(8th Grade Students from all other schools are invited.)

Online registration is required.)

Register at: cmhs-sarasota.org/admissions/

Questions: call Rene Hebda 941-371-4917



HOMEWORK HELPERS

Any student of any grade level looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society Homework Help Monday – Thursday in room G105. This service begins at 2:40 pm and ends at 3:10 pm.

No appointment is necessary.

For any information, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.

Attention, Sophomores, Juniors, and Seniors!

REPRESENTATIVES FROM VARIOUS POST-SECONDARY OPPORTUNITIES ARE EAGER TO SPEAK WITH CARDINAL MOONEY STUDENTS.

How to Attend a Rep Visit

1. Sign Up in your Naviance Account under the What's New Tab
(Check for visit updates as the list grows.)
2. Let your teacher whose class you are missing know in advance
3. Create a Pass for the Visit

Athletics - GO COUGARS!

SWIMMING: Congratulations to Senior Michaela Mattes on her amazing accomplishments while representing Cardinal Mooney High School. She finished states last week winning her 4th State Title in the 500 yard freestyle, winning by over 10 seconds to the next competitor! **Michaela won the event all four years while attending Cardinal Mooney.** She also earned a silver medal in the 200 IM. Freshmen Turner Mitten made the top 16 in the 500 freestyle and finished 13th overall. Well done Mooney swimmers!

BOYS SOCCER: The boys are currently 3-0-1 on the season. They have 15 goals for and only 3 goals against. The Cougars just defeated Sarasota Christian 7-1 this past Tuesday. Next match is Thursday vs. Sarasota Military Academy at home. 6:30pm start.

GIRLS SOCCER: The Cougars just recently defeated Manatee High School 8-0. The girls have had 6 scorers thus far on the season to help balance the offensive attack. The Cougars are now 2-2 on the season. Their next home game is this Thursday, December 1st vs. Sarasota Military Academy at 4:30pm.

GIRLS BASKETBALL: The girls varsity team is off to fast start opening the season with 3 straight wins. The Cougars are led by senior Olivia Davis who is averaging 21 points a game and Sophomore Sy'monique Simon is leading the way on the boards averaging 11 rebounds a game. Sophomore Kali Barrett is averaging a double double so far for the Cougars with a 17 point and 10 rebound a game average. The next home game for the Cougars is this Friday vs. St. Pete Lakewood at 7pm.

BOYS BASKETBALL: The boys team just recently defeated Manatee High to move their record to 2-1 on the season. They will next be at home on Monday, December 5th at 7pm vs. St. Pete Canterbury.



Athletics - GO COUGARS!

Schedule week of 12-5-22

Day	Date	Time	Level	Sport	H/A	Opponent
MONDAY	12/5	7:00 PM	VARSITY	BBSKT	HOME	CANTERBURY
TUESDAY	12/6	5:00 PM	JV	BBSKT	AWAY	BCS
TUESDAY	12/6	7:00 PM	VARSITY	BBSKT	AWAY	BCS
TUESDAY	12/6	6:00 PM	VARSITY	GIRLS SOCCER	AWAY	MANATEE
THURSDAY	12/8	4:00 PM	VARSITY	GWEIGHT	AWAY	VENICE
THURSDAY	12/8	6:00 PM	VARSITY	GIRLS SOCCER	HOME	PARRISH
FRIDAY	12/9	4:30 PM	JV & VAR	BBSKT	AWAY	SEFFNER CHR.
FRIDAY	12/9	7:00 PM	VARSITY	BBSKT	AWAY	SEFFNER CHR.
FRIDAY	12/9	6:00 PM	VARSITY	GBALL	AWAY	SEFFNER CHR.
SATURDAY	12/10	TBA	VARSITY	BBSKT	AWAY	CITY PALMS TOURNEY

ATHLETIC CLEARANCE / HOME CAMPUS- Parents and athletes, please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. Paperwork will only be accepted online. Refresh your computer and/or phone if having issues with uploading. Thank you for your support! Please direct calls to Drew Mitchell at 941-371-4917 (ext. 117) if you need assistance with Home Campus.

FAMILY PASSES are now available for \$175. The pass includes 6 names to be emailed to the assistant AD, Drew Mitchell, dmitchell@cmhs-sarasasota.org. All children 10 and under are free when including your 6 names.

GATE COST: All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)

Watch all Cougar home outdoor games in Smithers Stadium on YouTube

<https://www.youtube.com/channel/UC17QeLXzyIIIfj4esSUckz3A>

School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7	7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7	Late Start Periods 1-3 7:30 - 9:22 Early Drop off Available in Selby Center. 9:27-10:55 Period 1 10:59-12:24 Period 2B 10:59-11:29 Lunch A 11:33-12:58 Period 2A 12:28-12:58 Lunch B 1:02-2:30 Period 3	7:55 Start time Periods 4-7 7:55-9:23 Period 4 9:27-10:55 Period 5 10:59-11:29 Lunch A 10:59-12:24 Period 6B 12:28-12:58 Lunch B 11:33-12:58 Period 6A 1:02-2:30 Period 7	7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7

NO items may be brought to school during the school day, including lunch, iPads, phones, and athletic gear.

Attendance/Tardy/Early Dismissal Form

This form needs to be filled out by 9 am each and every time your student is absent, arriving late or leaving early from school. Classes missed will be unexcused until the note is received.

Please use the link to upload any applicable doctor notes.

[Click here for the link.](#)

Please remember!

Only the CMHS uniform polo shirt from
CHILDREN'S WORLD UNIFORM
SUPPLY is allowed.

SHIRTS MUST BE TUCKED IN
DURING THE SCHOOL DAY.



Wear your ID EVERYDAY!!!