

COUGAR NEWS

“For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace” (Isaiah 9:6).

Dear Cardinal Mooney Families,

Merry Christmas! As your student prepares to put down their books and join you in celebration of Jesus' birth, we send our deepest thanks to you for letting us provide a Catholic Education to your student. We pray that you enjoy the graces of this joyful season and that the Christmas break provides you and your families with wonderful memories together. We look forward to seeing you all in the New Year.

**January 4 - January 6
we will run a 7 Period Schedule
School begins at 7:55 am**

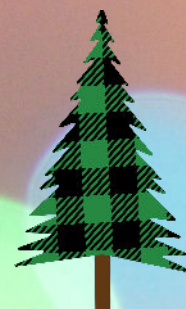
**IN YOUR SEAT AT 7:55 AM IS ON TIME
WALKING THROUGH THE GATE IS LATE!**

**REMINDER:
WEAR YOUR ID BADGE AND UNIFORM**



MERRY CHRISTMAS

STUDENT ACTIVITIES



The Equestrian club rode last Sunday at Rosaire's Riding Academy. Their first outing was to a local dressage stable, where students learned horse safety, grooming and horse care. The Equestrian Club was founded this year by our club president Marianna Cardoso. The teacher sponsor is English teacher and alumni, Ms. Schiebel. Our members learned the basics of riding, so that we can go on future trail rides. We have also had three presentations this year that were given by Mooney students, who own horses and compete locally. Our club also aspires to do a ride at the beach!



Christmas Movie Night in the Stadium

Thank you to our Senior Class Officers for putting on a great Movie Night in the stadium last Friday. Our students loved watching "Home Alone" while enjoying popcorn and a hot chocolate bar.

A very special thank you to our friends at Rise & Nye's. They provided the hot chocolate for the North Pole event and our Movie Night last week. We are grateful for their support and for our partnership with them.



Rise & Nye's...An amazing Coffee and Ice Cream Shop run by people with intellectual and developmental disabilities.

Located at 1534 State Street in downtown Sarasota.

Be sure to visit them!



The Pastries for Paws Club bake goodies for teachers and students after school in the cafeteria. They have baked for the 9th grade Parent Night and at the North Pole event too. Taylor Daly and Ally Frank created the club this year and Ms. Lewis is their advisor



STUDENT ACTIVITIES



Symphonic Orchestra



The Cardinal Mooney Symphonic Orchestra performed at UTC Mall on Monday, Dec. 5th . The students played Christmas carols and festive pieces for the shoppers and parents who came to the mall to listen.



ACADEMIC SERVICES & GUIDANCE

Invitation for Juniors and Families, Class of 2024

Mrs. LaFemina, College Counselor and Senior Class Academic Advisor will host a meeting for the Class of 2024 to learn about the navigating the college selection and application process as well as to share in how she assists students and families. Juniors and Junior families are encouraged to attend this event to learn more about this process.

Post-Secondary College Information Night

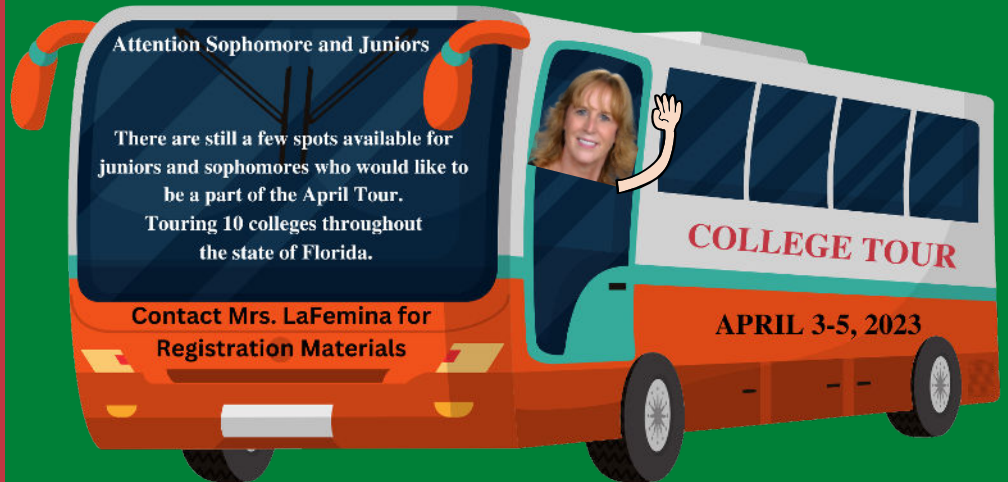
Date: Wednesday, January 4, 2023

Time: 6:30 pm

Where: Selby Center

Questions: Contact Mrs. Ann
LaFemina

ALaFemina@cmhs-sarasota.org



Class of 2023 Early Acceptances!

Albion College
Appalachian State University
Arizona State University
Auburn University
Ave Maria University
Baldwin Wallace
Ball State University
Baylor University
Belmont University
Clemson University
Eckerd College
Emmanuel College
Embry-Riddle
Fisher College
Flagler College
Florida Atlantic University
Florida Gulf Coast University

Florida Institute of Technology
Florida International University
Florida Polytechnic University
Florida Southern
Florida State University
Illinois State University
Indiana State University
Keystone College
Louisiana State University
Lynn University
Michigan State University
Middle Tennessee State U
Mississippi State University
Missouri State University
Montana State University
Montclair State University
New College of Florida

Northeastern University
Nova Southeastern University
Ohio State University
Oklahoma State University
Pace University
Palm Beach Atlantic University
Pace University
Palm Beach Atlantic University
Penn State University
Rollins College
Santa Fe College
Samford University
Savannah College of Art & Design
State College of Florida
University of Alabama
University of Arizona

University of Central Florida
University of Florida
University of Georgia
University of Kansas
University of Kentucky
University of Mass- Boston
University of Michigan -Flint
University of Mississippi
University of Montana
University of North Florida
University of North Georgia
University of Oklahoma
University of South Florida
University of South Carolina
University of Tampa
University of Texas Austin
Xavier University

ACADEMIC SERVICES & GUIDANCE

Know an 8th grader interested in Cardinal Mooney?

The Cougar Experience



Wednesday, January 11, 2023
(8th Grade Students from St. Martha,
St. Mary Academy, Incarnation, Epiphany,
and St. Joseph schools)

Wednesday, January 25, 2023
9:00am - 2:00pm
(8th Grade Students from all other schools are invited.
Online registration is required.)

Register at: cmhs-sarasota.org/admissions/
Questions: call Rene Hebda 941-371-4917

LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.



Attention, Sophomores, Juniors, and Seniors!

REPRESENTATIVES FROM VARIOUS POST-SECONDARY OPPORTUNITIES ARE EAGER TO SPEAK WITH CARDINAL MOONEY STUDENTS.

How to Attend a Rep Visit

1. Sign Up in your Naviance Account under the What's New Tab
(Check for visit updates as the list grows.)
2. Let your teacher whose class you are missing know in advance
3. Create a Pass for the Visit



SAIL AWAY WITH MOONEY GALA

We are in full swing planning for our BIGGEST FUNDRAISER OF THE YEAR, and we need your help!
Tickets, experiences, and gift cards, OH MY!

This year we are collecting for our Class-Themed Baskets.
Please bring any items to the front office, thank you!

Senior Class: Dorm Essentials Basket- Mini fridge, covered with gift cards, office and desk supplies, shower caddy, flip flops, bath towels, alarm clock, laundry basket etc.

Junior Class: Travel & Adventure Basket- Gas cards, day trip experiences, backpack, water bottles, Gift Cards, portable phone charger, wireless headphones, outdoor gear, etc.

Sophomore Class: That's Entertainment Basket- Movie tickets, restaurant gift cards, tours & sightseeing, arts & culture, etc.

Freshman Class: Lucky Duck Basket-Scratch off lottery tickets

Please contact Erica DiMinno at ediminno@cmhs-sarasota.org
or 941-371-4917 ext. 299 with any questions.
Thank you!

Join Us and Sail Away With Mooney Gala- Saturday, March 25, 2023



SAIL AWAY WITH MOONEY GALA

Benefitting Cardinal Mooney Catholic High School

Saturday, March 25, 2023
6:00 pm

Sarasota Yacht Club
1100 John Ringling Blvd. Sarasota
Dinner • Music • Dancing • Fun

Nautical Inspired Attire

Purchase Sponsorship and Tickets at:
<https://www.32auctions.com/cmhscomesailawaygala>

Jennifer Shields P '23, '25 Gala Chair

To Purchase Early Bird Tickets and Sponsorships.
for the
2023 CMHS Sail Away Dinner Gala | 32auctions
CLICK HERE!!

Questions? Please contact Erica DiMinno at
ediminno@cmhs-sarasota.org

Early Bird Discounted Tickets
Sponsorship Opportunities
50/50 Raffle Tickets (You need not be present to win.)

INTERESTED IN SPONSORSHIPS?

Please contact Amy Gorman at 941-371-4917
or agorman@cmhs-sarasota.org

Athletics - GO COUGARS!

GIRLS WEIGHTLIFTING: The girls weightlifting team finished 4th in the county last week. The girls were led individually by Ella Curran who finished 2nd in the county. Annabella Masters, Rue Borchert, and Sierra VanPelt finished 4th in the county; Caroline Teto, Elle Lambert and Lillian VanderPol finished 5th in the county; Valentina Barretta and Zoe Kirby finished 6th in the county, all in their individual weight classes. Awesome job Mooney lifters!!



Girls Soccer Game Update!

Our Girls Soccer team was scheduled to play SMA tonight @5pm. SMA will not be able to play the game because of several injuries.

We will now host Lemon Bay TONIGHT @ 6pm.

Hope to see you all there.

Come out and support our Lady Cougar Soccer Team!



Congratulations to Senior Kate Ruona who recently announced her commitment to run Cross Country at FSU next fall. Congratulations Kate!!

CARDINAL MOONEY BASKETBALL PROGRAM
PRESENTS

**COACH CHERRY
HOLIDAY HOOPS**
BASKETBALL CAMP
2022



2 DATES
DECEMBER 27
1-3 PM
DECEMBER 29

GRADES
3-8

4171 FRUITVILLE RD.
SARASOTA, FL
34232



\$30 PER DAY
INCLUDES PRIZE
HOME GAME TICKET

RESERVE YOUR SPOT
BY REGISTERING IN
ADVANCE.

REGISTER

CASH AT DOOR, IF
SPOTS ARE
AVAILABLE.

COUGARSBASKETBALL2022@GMAIL.COM

Athletics - GO COUGARS!

SPRING START DATES

BOYS WEIGHTLIFTING	JANUARY 9
GIRLS / BOYS TENNIS	JANUARY 16
SOFTBALL	JANUARY 23
BASEBALL	JANUARY 23
GIRL / BOYS LACROSSE	JANUARY 23
TRACK	JANUARY 30
BEACH VOLLEYBALL	FEBRUARY 6

SPRING SPORT STUDENT ATHLETE INTEREST MEETING

Wednesday, January 5th
(Selby Gym 2:40pm)

SPRING SPORT PARENT MEETING

Wednesday, January 18th
(Selby Gym 6:30pm)

ATHLETIC CLEARANCE / HOME CAMPUS- Parents and athletes, please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. Paperwork will only be accepted online. Refresh your computer and/or phone if having issues with uploading. Thank you for your support! Please direct calls to Drew Mitchell at 941-371-4917 (ext. 117) if you need assistance with Home Campus.

FAMILY PASSES are now available for \$175. The pass includes 6 names to be emailed to the assistant AD, Drew Mitchell, dmitchell@cmhs-sarasasota.org. All children 10 and under are free when including your 6 names.

GATE COST: All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)



**Watch all Cougar home indoor and
outdoor games on our CMHS Athletics
YouTube Channel**

<https://www.youtube.com/channel/UC17QeLXzyII fj4esSUckz3A>

School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1	7:55-8:47 Period 1	Late Start	7:55 Start time	7:55-8:47 Period 1
8:51-9:38 Period 2	8:51-9:38 Period 2	Periods 1-3	Periods 4-7	8:51-9:38 Period 2
9:42-10:29 Period 3	9:42-10:29 Period 3	7:30 - 9:22 Early Drop off		9:42-10:29 Period 3
10:33-11:20 Period 4	10:33-11:20 Period 4	Available in Selby Center.		10:33-11:20 Period 4
11:24-11:54 Lunch A	11:24-11:54 Lunch A	9:27-10:55 Period 1	7:55-9:23 Period 4	11:24-11:54 Lunch A
11:24-12:11 Period 5B	11:24-12:11 Period 5B	10:59-12:24 Period 2B	9:27-10:55 Period 5	11:24-12:11 Period 5B
12:15-12:46 Lunch B	12:15-12:46 Lunch B	10:59-11:29 Lunch A	10:59-12:24 Period 6B	12:15-12:46 Lunch B
11:59-12:46 Period 5A	11:59-12:46 Period 5A	11:33-12:58 Period 2A	12:28-12:58 Lunch B	11:59-12:46 Period 5A
12:50-1:37 Period 6	12:50-1:37 Period 6	12:28-12:58 Lunch B	11:33-12:58 Period 6A	12:50-1:37 Period 6
1:41-2:30 Period 7	1:41-2:30 Period 7	1:02-2:30 Period 3	1:02-2:30 Period 7	1:41-2:30 Period 7

****SUBJECT TO CHANGE BASED ON EVENTS****

Attendance/Tardy/Early Dismissal Form

This form needs to be filled out by 9 am each and every time your student is absent, arriving late or leaving early from school. Classes missed will be unexcused until the note is received.

Please use the link to upload any applicable doctor notes.

[Click here for the link.](#)

Please remember!

Only the CMHS uniform polo shirt from
CHILDREN'S WORLD UNIFORM
SUPPLY is allowed.

Polo Shirts are required (even under
sweatshirts) and **MUST BE TUCKED IN**
DURING THE SCHOOL DAY.



Wear your ID EVERYDAY!!!