



COUGAR NEWS

Dear CMHS Community,

We hope you all enjoy a wonderful Thanksgiving Week with your friends and family. We at Cardinal Mooney are thankful to each of you for entrusting your student to us.

We are thankful to see the students showcase all of their talents and fill our hallways with laughter, joy and love.

We are thankful for our teachers, who prepare tirelessly a well planned curriculum for your child while encouraging and caring for them at the same time.

We are thankful to our priests and Bishop for the guidance and support they provide our school.

We are thankful for our staff who work together with the same goal of supporting our school, students and families.

We are thankful for the Catholic Education we are able to provide to our students.

We are truly blessed! I wish you a very Happy Thanksgiving.

Mr. Ben Hopper

CALENDAR REMINDERS



Friday, November 18
IS A REQUIRED SCHOOL DAY!!

November 21-25
Thanksgiving Break

Tuesday, November 29
#GivingTuesday

Friday, December 9
All Assignments Due

December 12-16
Exam Week

After Black Friday and Cyber Monday is **#GivingTuesday2022**, the global day of giving when people come together around the values of service and giving. Values that are core to a Cardinal Mooney education.



Our goal is to garner fifty (50) donations, in a single day, to support the Cardinal Mooney Annual Fund. Join us on #GivingTuesday—Together, we can reach this important goal on November 29.

[CLICK HERE TO PARTICIPATE!](#)

SERVICE



CARDINAL MOONEY HIGH SCHOOL THANKSGIVING PROJECT FOR BETHESDA HOUSE & SVdP SOCIETY

(An organization that helps/supports families dealing with HIV/AIDS)



Sponsored by our St. Vincent de Paul Society

A big THANK YOU to all the students and families who donated to our Funds for Turkey collection. As a school we raised \$1,100.00 but with a more than donated match from Benjamin Kruse and family we are now donating \$2,700.00 to Bethesda House...record breaking year! And a big thank you to all students and families that have donated food items to the Thanksgiving Food Drive. Deadline is this Friday, November 18th at 2:30 pm. Any last-minute donations could be brought to school on Monday, November 21st no later than 9 am as we load the bus for delivery.

Thank you all again for your support – Cardinal Mooney St. Vincent de Paul Society



Join us for the 25th Annual Jingle and Jog 5K Run/Walk benefiting The Haven!

To participate in the run, click here: <https://runsignup.com/Race/FL/Sarasota/JingleandJog5k>

All funds raised by the event benefit the mission of The Haven, providing programs and services for children and adults with disabilities.

Click on the link below to sign up to help volunteer for the race.
<https://www.signupgenius.com/go/10c0f4ca4a923a3fcc52-jingle>

Thanksgiving Break

Community Service Opportunity

The Foundation or Dreams, Inc. and Dreams Oaks Camps are looking for students who would be available to come out and decorate some of our cabins for Christmas. Their campus will be open Mon-Tue-Wed, if any student(s) would like to decorate our cabins for Christmas sometime between 8-3, please contact:



Diane Bartoszek
Foundation or Dreams, Inc. and Dreams Oaks Camps Coordinator
Phone 941-746-5659
diane@foundationfordreams.org

LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.



**You are invited to join
Bishop Dewane
for World Youth Day 2023
in Lisbon, with 2 nights in Fatima!**

**WYD
LISBON
2023**

"Mary arose and went with haste" Lk 1:39

11-Day Pilgrimage: July 29 – August 8, 2023

2022 World Youth Day

click this link

for more information

<https://www.petersway.com/docs/9952WYD2023VeniceLisbonCathedral.pdf>

YEARBOOK SNAP

You take great photos every day. Send us your best photos for consideration in the CMHS yearbook!

2 WAYS TO SUBMIT YOUR PHOTOS TO THE YEARBOOK STAFF:

Download the Yearbook Snap mobile app from the App Store or Google Play, and enter our access code: **cougars**

OR

Go to yearbookforever.com, enter our school name, click on Yearbook Snap and enter our access code: **cougars**

It's your life. Share your photos of it!

ATTENTION PARENTS

Join Us!



Walking with Purpose Women's Bible Study meets
Wednesday, December 7, from 5:30-7:00 pm.

All women 21+ are invited.

***Dec. 14 you are invited to attend an Advent Evening in the Media Center at 5:30 pm.**

Email Dr. Lisa Kotasek at lkotasek@cmhs-sarasota.org to RSVP for the 2022-23 schedule and reading plan.



Moms, grandmas, sisters, aunts, friends, and female cousins. Please mark your calendars for Wednesday, Dec. 14, from 5:30 pm - 7:30 pm for the Advent Evening with Kelly Colangelo and several priests for adoration, reconciliation, and refreshments.

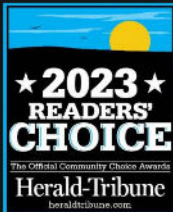

SAVE THE DATE FOR OUR LARGEST FUNDRAISER!

[CLICK HERE To Purchase Early Bird Tickets and Sponsorships.](#)

[2023 CMHS Sail Away Dinner Gala | 32auctions](#)

[Questions? Please contact Erica DiMinno at ediminno@cmhs-sarasota.org](#)

YOUR VOTE IS NEEDED



Cardinal Mooney Rocks!
We need YOUR help to nominate Cardinal Mooney for **BEST PRIVATE SCHOOL**

Please take a moment to nominate Mooney for Best of SRQ Local AND the Herald-Tribune's Reader's Choice Awards. This is the initial nomination period with final voting taking place in January. Use the direct links below to vote DAILY.

[SRQ Magazine Voting](#)[Herald Tribune Voting](#)

SAIL AWAY WITH MOONEY GALA

Benefitting Cardinal Mooney Catholic High School

Saturday, March 25, 2023
6:00 pm

Sarasota Yacht Club
1100 John Ringling Blvd. Sarasota
Dinner • Music • Dancing • Fun

Nautical Inspired Attire

Purchase Sponsorship and Tickets at:
<https://www.32auctions.com/cmhscomesailawaygala>

Jennifer Shields P '23, '25 Gala Chair

ACADEMIC SERVICES & GUIDANCE

Know an 8th grader interested in Cardinal Mooney?

The Cougar Experience



Wednesday, January 11, 2023
(8th Grade Students from St. Martha,
St. Mary Academy, Incarnation, Epiphany,
and St. Joseph schools)
Wednesday, January 25, 2023
9:00am - 2:00pm
(8th Grade Students from all other schools are invited.
Online registration is required.)
Register at: cmhs-sarasota.org/admissions/
Questions: call Rene Hebda 941-371-4917

CARDINAL MOONEY
Catholic High School



You Belong Here!

Placement Testing Dates
November 12th or November 21st
(for rising freshmen)
You must register online at:
www.cmhs-sarasota.org



HOMEWORK HELPERS

Any student of any grade level looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society Homework Help Monday – Thursday in room G105. This service begins at 2:40 pm and ends at 3:10 pm.

No appointment is necessary.

For any information, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.

Attention, Sophomores, Juniors, and Seniors!

REPRESENTATIVES FROM VARIOUS POST-SECONDARY OPPORTUNITIES ARE EAGER TO SPEAK WITH CARDINAL MOONEY STUDENTS.

How to Attend a Rep Visit

1. Sign Up in your Naviance Account under the What's New Tab
(Check for visit updates as the list grows.)
2. Let your teacher whose class you are missing know in advance
3. Create a Pass for the Visit

Athletics - GO COUGARS!

SWIMMING: We are proud to have five Mooney swimmers competing in the State Championships tomorrow in Stuart. Senior and defending state champion Michaela Mattes will compete in the 200 Individual Medley and 500 Freestyle. On the boys side Turner Mitten, Zander Mitten, Daniel Krajewski, and Michael Navarro-Lenza will be swimming in the 200 medley relay. Individually, Turner Mitten will be swimming in the 500 freestyle, while brother Zander will be swimming in the 100 backstroke. Daniel Krajewski will be swimming in the 200 Individual medley. Good luck Mooney swimmers!

FOOTBALL: The Cougars wrapped up the regular season with a convincing 51-3 win on Senior night against Bayshore . The boys will look to continue their season on the road in the playoffs at John Carroll again this Friday, kickoff at 7:30 pm.

BOYS SOCCER: The boys team opened their season with a win vs. Sarasota Military Academy on the road with a convincing 6-1 win. The Cougars drew even against BCS 1-1. Player of the match was goalkeeper Trey Higgins.

GIRLS SOCCER: The girls soccer team is currently 1-2 on the season. They split games with Braden River last week before losing a tough game at home vs. Carrollwood Day School.



BOYS GOLF: The boys finished 3rd place at The State Championship. This was the best showing for a Mooney golf team in the history of the school. The Cougars were led by Sophomore Nico Bencomo who finished with a 1 under par 71 and Tie for 2nd overall individually. Additionally Junior Tommy Tyler fired an even par 72 and finished Tied for 6th individually. Well done Cougar golfers and Coach Mitchell!



Congratulations to our Cougar seniors who have committed to play athletics at the next level.

Jordyn Byrd- University of Texas (Volleyball)

Olivia Davis- University of Tampa (Basketball)

Michaela Mattes- University of Florida (Swimming)

Jack MacKinnon- University of South Florida (Baseball)

Caitlyn Patterson- Florida Gulf Coast University (Softball)

Athletics - GO COUGARS!

Schedule week of 11-21-22

Day	Date	Time	Level	Sport	H/A	Opponent
MONDAY	11/21	12:45 PM	VARSITY	GBALL	AWAY	JAX TOURNEY-SANDALWOOD
MONDAY	11/21	5PM & 7PM	JV & VAR	BBSKT	AWAY	CHARLOTTE
TUESDAY	11/22	2:15 PM	VARSITY	GBALL	AWAY	JAX TOURNEY-CHAMINADE MADONNA
SAT	11/26	2:00 PM	VARSITY	GBALL	HOME	TAMPA BAY TECH

ATHLETIC CLEARANCE / HOME CAMPUS- Parents and athletes, please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. Paperwork will only be accepted online. Refresh your computer and/or phone if having issues with uploading. Thank you for your support! Please direct calls to Drew Mitchell at 941-371-4917 (ext. 117) if you need assistance with Home Campus.

FAMILY PASSES are now available for \$175. The pass includes 6 names to be emailed to the assistant AD, Drew Mitchell, dmitchell@cmhs-sarasasota.org. All children 10 and under are free when including your 6 names.

GATE COST: All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)

Watch all Cougar home outdoor games in Smithers Stadium on YouTube

<https://www.youtube.com/channel/UC17QeLXzyIIIfj4esSUckz3A>

School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7	7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7	Late Start Periods 1-3 7:30 - 9:22 Early Drop off Available in Selby Center. 9:27-10:55 Period 1 10:59-12:24 Period 2B 10:59-11:29 Lunch A 11:33-12:58 Period 2A 12:28-12:58 Lunch B 1:02-2:30 Period 3	7:55 Start time Periods 4-7 7:55-9:23 Period 4 9:27-10:55 Period 5 10:59-11:29 Lunch A 10:59-12:24 Period 6B 12:28-12:58 Lunch B 11:33-12:58 Period 6A 1:02-2:30 Period 7	7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7

NO items may be brought to school during the school day, including lunch, iPads, phones, and athletic gear.

Attendance/Tardy/Early Dismissal Form

This form needs to be filled out by 9 am each and every time your student is absent, arriving late or leaving early from school. Classes missed will be unexcused until the note is received.

Please use the link to upload any applicable doctor notes.

[Click here for the link.](#)

Please remember!

Only the CMHS uniform polo shirt from
CHILDREN'S WORLD UNIFORM
SUPPLY is allowed.

**SHIRTS MUST BE TUCKED IN
DURING THE SCHOOL DAY.**



Wear your ID EVERYDAY!!!