



COUGAR NEWS

God is our refuge and strength, an ever-present help in distress. Thus we do not fear, though earth be shaken and mountains quake to the depths of the sea, though its waters rage and foam and mountains totter at its surging. The Lord of hosts is with us, our stronghold is the God of Jacob.

Psalm 46; 2-4

Disaster Relief for the Diocese of Venice in the wake of Hurricane Ian

Our Catholic Faith calls each of us to care for those in need, and, at this time in particular, for those who are suffering in the wake of Hurricane Ian.

If you would like to donate to aid in the diocese please visit <https://dioceseofvenice.org/hurricaneian>

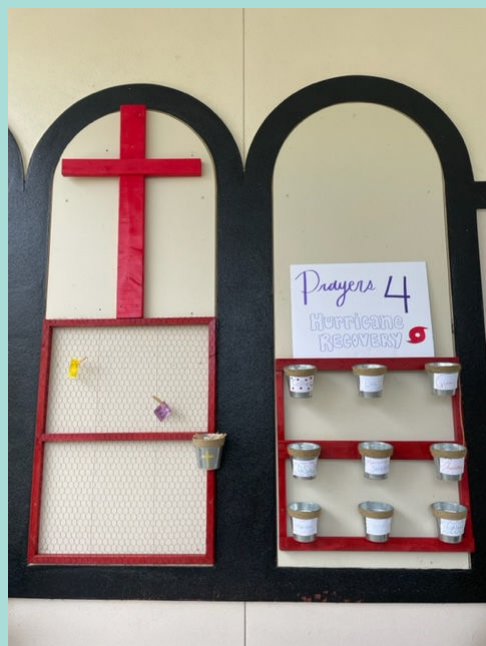
Your generosity and prayers for the people of the Diocese of Venice are deeply appreciated.
You may mail your donation to: Diocese of Venice in Florida/Disaster Relief, 1000 Pinebrook Road,
Venice, Florida 34285

If you are in need of help, or would like to volunteer, please visit Catholic Charities Diocese of Venice at catholiccharitiesdov.org

Thank you to the Mercurio Family for creating our new Prayer Wall.

Our students are encouraged to fill out prayer cards with their special intentions and then hang their prayers under the cross.

For the next few weeks we will be offering prayers for hurricane recovery.



CALENDAR REMINDERS

Wednesday, October 12

PSAT -7:55 am Start Time

Grades: 9,10,11

Seniors No School

Thursday-October 13

7:55 am Start Time

7 class periods

Friday- October 14

Monday-October 15

NO SCHOOL for Students

STUDENT ACTIVITIES

Freshmen Class Retreat Rescheduled!

Our Freshmen Class Retreat presented by our Senior Ministry team will now take place on Tuesday, October 25th on campus from 8-2:30 pm.



Deputy Jeff's Corner:



“What if I meet people who don’t like me or the things I do?” asked Tiny Dragon.

“You must walk your own path, “ said Big Panda. “Better to lose them than lose yourself.”

Homecoming Week is Almost is here!

Homecoming Football game - Friday, Oct. 21, 7 pm

*Our court will be introduced and the King and Queen will be crowned at half-time of the game.

Homecoming Dance - Saturday, Oct. 22 from 7:30-10:00

*Tickets for the dance will go on sale next week!

Next week's issue of Cougar News will include a detailed list of all the Homecoming events.

Thank you to our Homecoming Shirt Sponsors!

We asked and you answered.

Thank you to the following sponsors of this year's 2022 Homecoming T-shirts.

The Hassler Family - Ki Hassler, D.O., F.A.C.C

The Benson Family - Integrated Dental

The Stuart Family - Health Sciences Assurance Consulting

Print My T's

Students for Life Club

Students for Life Club will have our first meeting this month on Monday Oct.10 to replace the missed meeting due to Hurricane Ian. Please come to Mr. (Theology) Shipe's room E-226 right after school next Monday. We will discuss the March for Life trip, getting a pro-life podcast started, and other opportunities for pro-life witness. If any parents wish to donate any food or beverages for the meeting please contact Mr. Shipe at tshipe@cmhs-sarasota.org. Thank you!



STUDENT ACTIVITIES

AUDITIONS: The SpongeBob Musical
Auditions for Mooney's spring musical, The SpongeBob Musical are October 20th. Audition and show information can be found in Canvas All School. Auditions are open to all Cardinal Mooney students. Please see Ms. Lacertosa if you have questions.

Happy National Yearbook Week!

#yearbook

Enjoy 10% off all Senior Ads with coupon code "seniors" until Sunday, October 9th.
Due to the nature of publication deadlines, all Senior Ads must be purchased by Monday, October 17th.
To purchase a Senior Ad, click on yearbookforever.com.

Full page ad - \$300

Half page ad - \$160

Parents have the choices of:

- CMHS Yearbook staff designing the page with your 10 uploaded photos, congratulatory message, and your recommendations (colors, fonts, etc.).
- Uploading a completed ad created by you or a professional that follows the specifications and guidelines from yearbookforever.com.
- Designing an ad using the online templates at yearbookforever.com.

Please reach out to Mrs. Turley at lturley@cmhs-sarasota.org with any questions.

Cardinal Mooney tenth grader Marianna Cardona and club sponsor Mrs. Schiebel have brought back the Cardinal Mooney Equestrian Club! English teacher, Mrs. Jeanne Schiebel, is the club sponsor. Schiebel is a former horse trainer with many equine contacts in the Sarasota area. There are about twenty members. Some have horses and compete at local shows; others just want to learn. The club hopes to visit and volunteer for community farms and go on fun field trips. So far, the officers are planning a club trail ride at Rosaire's Riding Academy and a beach ride on Anna Maria Island. Three boys from the club (Kruiz McDaniel, Nathan Hubert and Bryan Cruz) recently volunteered at a dressage farm in the Saddle Creek community and returned for hurricane cleanup. The farm owner was impressed with their hard work and integrity.





Dear CMHS Families,

Cardinal Mooney has begun the Gifts of Christ character program. The focus for September was truth. Students should seek to understand the truth in all situations. They should be truthful in how they act and respond and accept the truth around them. While we see students embody this gift of Christ throughout the year, two students have stood out this month.

Our first recipients of the Gifts of Christ program are Julia Foy and Matthew Compa. Congratulations on a job well done! October's Gift of Christ is **beauty**. Faculty and staff will be watching for students who seek beauty in all things and in all situations. Students will find the beauty of God's creation and wonders around them.

The JFK Library's annual Profile in Courage Essay Contest is now open. Now more than ever, it's crucial that students learn about elected officials who were guided by their conscience to make decisions for the greater good. That's why each year, we invite high school students to submit an essay on an elected official who demonstrated political courage. Twenty-five students will be recognized and the first-place winner will receive \$10,000 for college! Essay submissions are now open. The contest deadline is January 13th, 2023. To learn more, go to <https://www.jfklibrary.org/learn/education/profile-in-courage-essay-contest/getting-started>

Attention Sophomores, Juniors and Seniors!

REPRESENTATIVES FROM VARIOUS POST-SECONDARY OPPORTUNITIES ARE EAGER TO SPEAK
WITH CARDINAL MOONEY STUDENTS.

How to Attend a Rep Visit

1. Sign Up in your Naviance Account under the What's New Tab
(Check for visit updates as the list will grow.)
2. Let your teacher whose class you are missing know in advance
3. Create a Pass for the Visit

Athletics - GO COUGARS!

WINTER SPORTS START DATES

GIRLS / BOYS SOCCER

OCTOBER 17TH

GIRLS WEIGHTLIFTING

OCTOBER 24TH

GIRLS BASKETBALL

OCTOBER 24TH

BOYS BASKETBALL

OCTOBER 31ST

DETAILED TIMES AND LOCATIONS TO COME NEXT COUGAR NEWS.....

ATHLETIC CLEARANCE / HOME CAMPUS- Parents and athletes, please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. Paperwork will only be accepted online. Refresh your computer and/or phone if having issues with uploading. Thank you for your support! Please direct calls to Drew Mitchell at 941-371-4917 (ext. 117) if you need assistance with Home Campus.

FAMILY PASSES are now available for \$175. The pass includes 6 names to be emailed to the assistant AD, Drew Mitchell, dmitchell@cmhs-sarasasota.org. All children 10 and under are free when including your 6 names.

GATE COST: All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)

Watch all Cougar home outside games in Smithers Stadium on YouTube

<https://www.youtube.com/channel/UC17QeLXzyIIIfj4esSUckz3A>

From the Advancement Office

Have you registered for our Homecoming Fish Fry??

Friday, October 21,

Purchase your tickets by [clicking here!](#)

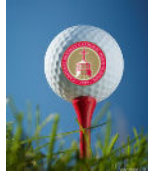
One of Mooney's longest-standing traditions with our Fish Fry still being catered by Walt's Fish Market! Then watch the Homecoming Game as the Mooney Cougars take on Bishop Verot HS Vikings. A great half-time salute to Mooney Alumni Reunion Classes.

Come Join us in Honoring the CMHS Class of 1962 (first class)

Volunteers needed- Please contact Amy Gorman-941-371-4917 ext. 222



CMHS Annual Golf Tournament! Monday, October 10th!



CMHS GOLF TOURNAMENT

Benefitting Adopt-A-Student Financial Assistance Program

Thank you to our golf tournament supporters for helping us raise funds for our Adopt-A-Student Financial Assistance Program! We truly appreciate your support of this fundraiser, as it provides financial assistance to Mooney students through our Adopt-A-Student program. We will undoubtedly have families in need of financial assistance for tuition due to significant losses resulting from Hurricane Ian, and your support directly helps those in need. We keep all of our families in our prayers.

Unable to attend, but would like to participate in the fundraiser? Go shopping! Great gift ideas

Shop our online auction, which will continue live at the tournament, so be sure to stay in the game and put in your proxy bid!

Click here: [Cardinal Mooney High School Annual Golf Tournament | 32auctions](#)

or

Purchase a Helicopter Ball Drop ticket- 50/50 Raffle: \$10 a chance.

[CLICK HERE](#) for the link and then click on "REGISTER NOW"





HOCO NEWS

HOMEcoming 2022 - Information/Dress Code

We are looking forward to our annual Homecoming Dance on Saturday, Oct. 22 from 7:30 pm-10:00 pm on our campus. All CMHS students are invited to attend. (No outside guests will be permitted at this event.) Tickets will go on sale one week before the date and will be sold online & in advance. No tickets will be sold at the door. Stay tuned for more detailed information in the coming weeks.

In the meantime, we know that our students are getting prepared and planning their outfits for the evening. We look forward to seeing our students out of their usual school uniforms and in their semi-formal attire for this special occasion. When choosing an outfit, modesty and appropriate fit must be of primary concern. We have listed some guidelines below to assist in your sound decision-making.

Semi-Formal Dance Dress Code

Gentlemen: Semi-formal

Should be appropriately dressy (semi-formal or formal).

- Button-down, collared shirt (short or long sleeve)
- Dress slacks and tie
- No jeans or t-shirts
- Jackets are not required
- No flip-flops

Ladies: Semi-formal

Should be appropriately dressy (semi-formal or formal).

- Hemlines should be longer than the lady's fingertips when her arm is extended by her side.
- Dress slits should begin lower than the fingertips.
- No shorts, bare midriff, low cut back (no lower than natural waistline), slip dresses or rompers.
- No flip-flops
- No strapless dresses and no plunging necklines
- Undergarments should not be visible or see-thru dresses

NOTE: Spaghetti Straps and sleeved off-the-shoulder dresses are permitted.

Dresses may be pre-approved by Mrs. Santiago (JuSantiago@cmhs-sarasota.org) or Mrs. Mercurio (KMercurio@cmhs-sarasota.org) prior to purchase if there are any concerns. Bring or email a picture of the dress and they will let you know if it falls within our guidelines.

A student who does not adhere to these guidelines will not be permitted to enter the dance. All school dress code rules apply in addition to the dance guidelines.

If you have any questions, please let us know. We are looking forward to a great Homecoming Week!

School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1	7:55-8:47 Period 1	Late Start	7:55 Start time	7:55-8:47 Period 1
8:51-9:38 Period 2	8:51-9:38 Period 2	Periods 1-3	Periods 4-7	8:51-9:38 Period 2
9:42-10:29 Period 3	9:42-10:29 Period 3	7:30 - 9:22 Early Drop off		9:42-10:29 Period 3
10:33-11:20 Period 4	10:33-11:20 Period 4	Available in Selby Center.		10:33-11:20 Period 4
11:24-11:54 Lunch A	11:24-11:54 Lunch A	9:27-10:55 Period 1	7:55-9:23 Period 4	11:24-11:54 Lunch A
11:24-12:11 Period 5B	11:24-12:11 Period 5B	10:59-12:24 Period 2B	9:27-10:55 Period 5	11:24-12:11 Period 5B
12:15-12:46 Lunch B	12:15-12:46 Lunch B	10:59-11:29 Lunch A	10:59-12:24 Period 6B	12:15-12:46 Lunch B
11:59-12:46 Period 5A	11:59-12:46 Period 5A	11:33-12:58 Period 2A	12:28-12:58 Lunch B	11:59-12:46 Period 5A
12:50-1:37 Period 6	12:50-1:37 Period 6	12:28-12:58 Lunch B	11:33-12:58 Period 6A	12:50-1:37 Period 6
1:41-2:30 Period 7	1:41-2:30 Period 7	1:02-2:30 Period 3	1:02-2:30 Period 7	1:41-2:30 Period 7

NO items may be brought to school during the school day, including lunch, iPads, phones, and athletic gear.

Attendance/Tardy/Early Dismissal Form

This form needs to be filled out each and every time your student is absent/tardy or needs to be dismissed early from school. It must be completed by 9 AM.

[Click here for the link.](#)

Please remember!

Only the CMHS uniform polo shirt from CHILDREN'S WORLD UNIFORM SUPPLY is allowed.

SHIRTS MUST BE TUCKED IN DURING THE SCHOOL DAY.



Wear your ID EVERYDAY!!!



Cardinal Mooney Blood Drive!

The Bloodmobile will be here Tuesday, October 25th from 9:00 AM to 2:00 PM. Those who are at least 16 and in good health are eligible to donate the “gift of life.” Three hours of community service is available for one pint of blood donated. If you are 16 but not yet 17, you **MUST** bring a parental permission slip and a photo ID with you to the Bloodmobile. You can obtain a permission form when you sign up. You should have a healthy breakfast before donating. To sign up for this Blood drive, see the Blood Bank recruiters at lunch time on Friday, October 21st or Monday, October 24th.

If you have any questions please see Mr. Scheuer

Sarasota Making Strides Walk!

The Making Strides Against Breast Cancer Walk is Saturday, October 22nd at Nathan Bendersen Park, check in begins at 7:30 am, walk at 8:00 am and parent pick up 9:30 am.

Minimum \$15 donation & participation earns students 3hrs of community service, Cardinal Mooney Making Strides t-shirt (while they last), & a Making Strides Bracelet. Please use Cardinal Mooney Team registration QR code.

Please register by Friday, October 21st.

See Mr. Scheuer room G105 for details.



HOMEWORK HELPERS

Any student of any grade level looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society Homework Help Monday – Thursday in room G105. This service begins at 2:40 and ends at 3:10. No appointment is necessary. For any information, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.

LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?



The All School Module found on Canvas has a routinely updated community service link. Opportunities current and yearlong are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.