



# COUGAR NEWS

"May the favor of the Lord our God rest on us; establish the work of our hands for us—  
yes, establish the work of our hands." Psalms 90:17

## HOMECOMING WEEK 2022

Congratulations to our  
2022 Homecoming  
King and Queen  
Celeste Harrell  
and  
JR Rosenberg.

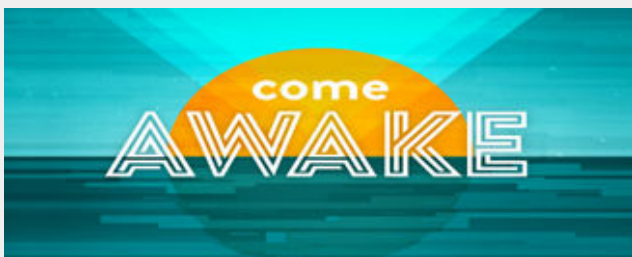


Our hearts are filled  
with gratitude to  
everyone who  
contributed to this  
amazing week of fun,  
faith and service spent  
with our amazing  
community!





# STUDENT ACTIVITIES



Our new bible study called “Awake” will have their next meeting on Wednesday, November 2nd at 8:30 in the chapel. All are invited to attend! Hope to see you there.

## FRESHMEN RETREAT

A special thank you to our 62 Senior Ministry students for putting on a great Freshmen Retreat on Tuesday. The day started with mass with Fr. Alex followed by games, skits and faith-sharing.

The retreat theme was “Called by Name.”

**But now, thus says the Lord, who created you, O Jacob, he who formed you, O Israel: Fear not, for I have redeemed you; I have called you by name, you are mine." Isaiah 43:1**



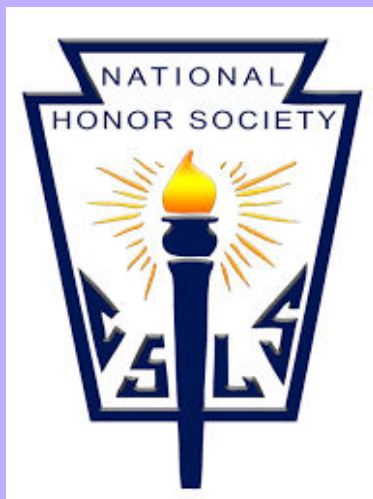
## SOPHOMORE CLASS MASS and BREAKFAST

Thank you to all the families who donated to the Sophomore Class Mass and Breakfast on Wednesday. Our sophomores celebrated mass together with Fr. Eric and then enjoyed some food and fellowship in the Selby after mass.

Any parent who wishes to attend the March for Life, as a Chaperone, with our Cardinal Mooney group, needs to contact Mr. Shipe at [tshipe@cmhs-sarasota.org](mailto:tshipe@cmhs-sarasota.org).

There is a need for all adults to get cleared through the Diocese of Venice in order to be an adult volunteer—please contact the Diocese to see if you have completed this process or to get started with the process. We will be booking flights and hotel in the next couple of weeks. God bless, Mr. Shipe

We would like to congratulate the following seniors recently accepted in our school's charter of the National Honor Society:



Ashley Balot  
Jacob Charles  
Blakeley Coyne  
Chloe Harpsoe  
Justina Lekaj  
Simon Maun  
Erin McCusker  
Daniel Taylor  
Peyton White

**YEARBOOK SNAP**

You take great photos every day. Send us your best photos for consideration in the CMHS yearbook!

**2 WAYS TO SUBMIT YOUR PHOTOS TO THE YEARBOOK STAFF:**

Download the Yearbook Snap mobile app from the App Store or Google Play, and enter our access code: **cougars**

OR

Go to [yearbookforever.com](http://yearbookforever.com), enter our school name, click on Yearbook Snap and enter our access code: **cougars**

**It's your life. Share your photos of it!**

## LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?

The All School Module found on Canvas has a routinely updated community service link. Opportunities, current and yearlong, are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at [sscheuer@cmhs-sarasota.org](mailto:sscheuer@cmhs-sarasota.org).



## HOMEWORK HELPERS

Any student of any grade level looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society Homework Help Monday – Thursday in room G105. This service begins at 2:40 and ends at 3:10. No appointment is necessary. For any information, please contact Mr. Scheuer at [sscheuer@cmhs-sarasota.org](mailto:sscheuer@cmhs-sarasota.org).



We think Cardinal Mooney is GREAT so we need YOUR help to nominate our school for the Best Private School in Sarasota!

Please nominate Cardinal Mooney once per day starting today through Wednesday, November 16, 2022, at 11:59 PM. This is the initial nomination period and final voting will take place in January.

[Vote Here for Mooney](#)

## CALENDAR REMINDERS

**Tuesday, Nov. 1**

**All Saints Day Liturgy**

**Tuesday, Nov. 8**

**Sophomore Retreat**

**Tuesday, Nov. 15**

**Junior Retreat**

**Friday, November 18**

**IS A REQUIRED SCHOOL DAY!!**

**Friday, December 9**

**All Assignments Due**

**December 12-16**

**Exam Week**

# ACADEMIC SERVICES & GUIDANCE

## Day Tour to Ave Maria University November 4th, 2022 Attention Sophomores, Juniors, and Seniors

We are announcing Cardinal Mooney's day trip to tour and visit the campus of Ave Maria University on Friday, November 4th. The tour includes lunch on campus. This small group tour will consist of 12 students, and there is no cost. We will travel on our school minibus. We anticipate leaving Cardinal Mooney at approximately 7 am and will return at 3 pm. To learn more about the trip and to pick up permission slips, see Mrs. LaFemina in room E202

**If your student takes AP courses, your FACTS account has been billed for their AP exams. It is labeled “incidental fee.” AP exam fees will be due on Friday, December 16th.**

**Fees will vary depending on the number and type of AP tests. They are as follows:**

AP Test: \$97

AP Test Reduced: \$53

AP Capstone: \$145

AP Capstone Reduced: \$101

FLVS AP Test: Free

**Please contact Lori Lewis, Counselor/AP Coordinator, with any questions or concerns.**



**Do you have test anxiety? Is it making it difficult for you to be successful in test-taking? We have a solution for you! The guidance office will be hosting a lunch bunch on Thursday, November 17th for both A and B lunches. Pizza will be provided. Space is limited, so please come by the guidance office to reserve your space soon!**

## Attention, Sophomores, Juniors, and Seniors!

**REPRESENTATIVES FROM VARIOUS POST-SECONDARY OPPORTUNITIES ARE EAGER TO SPEAK WITH CARDINAL MOONEY STUDENTS.**

### How to Attend a Rep Visit

1. Sign Up in your Naviance Account under the What's New Tab (Check for visit updates as the list grows.)
2. Let your teacher whose class you are missing know in advance
3. Create a Pass for the Visit

# Athletics - GO COUGARS!

## WINTER SPORTS START TIMES

**Boys Basketball:** Tryouts October 31st at 3:30 pm in the main gym or Selby depending on Volleyball

**BOYS GOLF:** The boys golf team finished 2nd place in districts out of 10 teams and will move onto regionals Wednesday, November 2nd at The Eagles. Sophomore Nico Bencomo and Junior Tommy Tyler led the way for the Cougars with scores of 73 and 74.

**GIRLS GOLF:** The girls team also advanced from districts to regionals. Sophomore Kaitlyn Galvin led the way for the Cougars with a 97. The girls will travel to Clearwater next Tuesday, November 1st at Cove Cay.

**VOLLEYBALL:** Districts took place last weekend and a common theme transpired as The Cougars girls and boys team both advancing to regionals this week. Junior Addison Dempsey set a school record with a time of 17 minutes and 29 seconds. Kate Ruona placed 4th. For the boys team, Christian Kline led the charge finishing 3rd and Gage Hassler finishing 7th. Both teams are heading to Lakeland's Holloway Park this Thursday for regionals.

**FOOTBALL:** Tonight football team competes against Bishop Verot! Our campus will be buzzing with activity! We look forward to seeing you there. Fans- it is a Black Out with Pink Accessories- supporting Breast Cancer Awareness Month.

**Cross Country:** The Cougars girls and boys teams both took 2nd at districts on Saturday. Junior Addison Dempsey was the top female finisher and set a school record with a time of 17 minutes and 29 seconds. Kate Ruona placed 4th. For the boys team, Christian Kline led the charge finishing 3rd and Gage Hassler finished 7th. Both teams competed in the Regional Championships at Lakeland's Holloway Park yesterday. Check social media for results

**SENIOR NIGHT-** We will recognize ALL of our Fall Senior Athletes during football's halftime  
Friday, November 4th, vs. Bayshore.

Parents and family members are encouraged to attend.



# Athletics - GO COUGARS!

Day	Date	Time	Level	Sport	H/A	Opponent
TUES	11/1	7:00 PM	V	VOLLEY	TBA	REGION FINALS- @ TBD
TUES	11/1	8:00 AM	V	GIRLS GOLF	A	GIRLS REGIONALS- COVE CAY
WED	11/2	8:00 AM	V	BOYS GOLF	A	BOYS REGIONALS- THE EAGLES
WED	11/2	7:00 PM	V	BOYS SOCCER	A	@ SARASOTA HIGH -PRE SEASON
FRI	11/4	5:00 PM	V	BOYS SOCCER	A	@ SARASOTA HIGH -PRE SEASON VS. RIVERVIEW
FRI	11/4	7:00 PM	V	VOLLEY	A	STATE SEMIFINALS- TBA
FRI	11/4	7:00 PM	V	FOOTBALL	H	BAYSHORE (SENIOR NIGHT)
SAT	11/5	8:15 AM	V	CROSS COUNTRY	A	<u>STATES- Apalachee Regional Park</u>
SAT	11/5	1:00 PM	V	SWIM	A	<u>REGION FINALS @ North Shore Park</u>

## WINTER BANNER AND INDIVIDUAL SPORTS PHOTO PACKETS INFO

The senior banner date for Winter Sports is set for Wednesday, November 2nd in the gym immediately after school. Please see Mr. Mitchell with any questions. The flyer is for any student-athletes interested in individual athletic picture packages. Billy D Photography's contact information is listed on the flyer. (SENIOR PORTRAITS NOT INCLUDED- ONLY ATHLETIC PORTRAITS OFFERED)

**Cardinal Mooney Sports**

Student's Name: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

**Hey Seniors! Call to schedule your senior portrait!!!**

**Sports Team** \_\_\_\_\_ **Sports #** \_\_\_\_\_ **J/V** \_\_\_\_\_

Package 'A'	Package 'B'	Package 'C'
(1) Group 8x10 (1) 8x10 Individual (2) 5x7 (16) Wallets (2) Buttons	(1) 8x10 (2) 5x7 (8) Wallets (1) Button	(2) 5x7 (8) Wallets (1) Button
<b>\$80.00</b>	<b>\$55.00</b>	<b>\$43.00</b>

The items below may be ordered ONLY in ADDITION to ordering one of the above packages.

**Additional Photos**  
 Individual Photos  
 (1) 8x10 \_\_\_\_\_ \$20.00 X \_\_\_\_\_  
 (2) 5x7 \_\_\_\_\_ \$20.00 X \_\_\_\_\_  
 (8) Wallets \_\_\_\_\_ \$20.00 X \_\_\_\_\_  
 (1) Button \_\_\_\_\_ \$10.00 X \_\_\_\_\_  
 (1) Magnet \_\_\_\_\_ \$10.00 X \_\_\_\_\_  
 (1) Mug \_\_\_\_\_ \$28.00 X \_\_\_\_\_  
 (1) Mouse Pad \_\_\_\_\_ \$26.00 X \_\_\_\_\_

**Group Photos**  
 (1) 8x10 \_\_\_\_\_ \$17.00 X \_\_\_\_\_  
 (1) 5x7 \_\_\_\_\_ \$11.00 X \_\_\_\_\_

**Package Ordered**  
 Package Amount \$ \_\_\_\_\_  
 Additional Photo Amount \$ \_\_\_\_\_  
 Total Amount Due \$ \_\_\_\_\_  
All prices include tax

(Please Print)  
 Name on check \_\_\_\_\_  
 Check # \_\_\_\_\_

Please make checks payable to:  
**Billy D Photography**

**bd**  
 www.billydphotos.com Mobile 941-321-1306

**ATHLETIC CLEARANCE / HOME CAMPUS-** Parents and athletes, please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. Paperwork will only be accepted online. Refresh your computer and/or phone if having issues with uploading. Thank you for your support! Please direct calls to Drew Mitchell at 941-371-4917 (ext. 117) if you need assistance with Home Campus.

**FAMILY PASSES** are now available for \$175. The pass includes 6 names to be emailed to the assistant AD, Drew Mitchell, dmitchell@cmhs-sarasasota.org. All children 10 and under are free when including your 6 names.

**GATE COST:** All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)

Watch all Cougar home outside games in Smithers Stadium on YouTube

<https://www.youtube.com/channel/UC17QeLXzyIIfj4esSUckz3A>

# School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7	7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7	<b>Late Start</b> <b>Periods 1-3</b> <b>7:30 - 9:22 Early Drop off</b> <b>Available in Selby Center.</b> 9:27-10:55 Period 1 10:59-12:24 Period 2B 10:59-11:29 Lunch A 11:33-12:58 Period 2A 12:28-12:58 Lunch B 1:02-2:30 Period 3	<b>7:55 Start time</b> <b>Periods 4-7</b> 7:55-9:23 Period 4 9:27-10:55 Period 5 10:59-11:29 Lunch A 10:59-12:24 Period 6B 12:28-12:58 Lunch B 11:33-12:58 Period 6A 1:02-2:30 Period 7	7:55-8:47 Period 1 8:51-9:38 Period 2 9:42-10:29 Period 3 10:33-11:20 Period 4 11:24-11:54 Lunch A 11:24-12:11 Period 5B 12:15-12:46 Lunch B 11:59-12:46 Period 5A 12:50-1:37 Period 6 1:41-2:30 Period 7

**NO items may be brought to school during the school day, including lunch, iPads, phones, and athletic gear.**

## **Attendance/Tardy/Early Dismissal Form**

**This form needs to be filled out each and every time your student is absent/tardy or needs to be dismissed early from school. It must be completed by 9 AM.**

[Click here for the link.](#)

# Please remember!

Only the CMHS uniform polo shirt from  
CHILDREN'S WORLD UNIFORM  
SUPPLY is allowed.

**SHIRTS MUST BE TUCKED IN  
DURING THE SCHOOL DAY.**



**Wear your ID EVERYDAY!!!**