



COUGAR NEWS

HOMECOMING 2022 - Information/Dress Code

We are looking forward to our annual Homecoming Dance on Saturday, Oct. 22 from 7:30 pm-10:00 pm on our campus. All CMHS students are invited to attend. (No outside guests will be permitted at this event.) Tickets will go on sale one week before the date and will be sold online & in advance. No tickets will be sold at the door. Stay tuned for more detailed information in the coming weeks.

In the meantime, we know that our students are getting prepared and planning their outfits for the evening. We look forward to seeing our students out of their usual school uniforms and in their semi-formal attire for this special occasion. When choosing an outfit, modesty and appropriate fit must be of primary concern. We have listed some guidelines below to assist in your sound decision-making.

Semi-Formal Dance Dress Code

Gentlemen: Semi-formal

Should be appropriately dressy (semi-formal or formal).

- Button-down, collared shirt (short or long sleeve)
- Dress slacks and tie
- No jeans or t-shirts
- Jackets are not required
- No flip-flops

Ladies: Semi-formal

Should be appropriately dressy (semi-formal or formal).

- Hemlines should be longer than the lady's fingertips when her arm is extended by her side.
- Dress slits should begin lower than the fingertips.
- No shorts, bare midriff, low cut back (no lower than natural waistline), slip dresses or rompers.
- No flip-flops
- No strapless dresses and no plunging necklines
- Undergarments should not be visible or see-thru dresses

NOTE: Spaghetti Straps and sleeved off-the-shoulder dresses are permitted.

Dresses may be pre-approved by Mrs. Santiago (JuSantiago@cmhs-sarasota.org) or Mrs. Mercurio (KMercurio@cmhs-sarasota.org) prior to purchase if there are any concerns. Bring or email a picture of the dress and they will let you know if it falls within our guidelines.

A student who does not adhere to these guidelines will not be permitted to enter the dance. All school dress code rules apply in addition to the dance guidelines.

If you have any questions, please let us know. We are looking forward to a great Homecoming Week!



PICTURE RETAKES TUESDAY, SEPTEMBER 20, 2022

To have a picture taken, your son or daughter
MUST have a RETAKE DAY PASS.

Please [CLICK HERE](http://www.VernonPhoto.com/Retakes) or go to
www.VernonPhoto.com/Retakes
to obtain your pass.

VERNON PHOTO - RETAKE POLICY:
(Please send your child with their retake pass)

- If your child was absent on Picture Day
- If your child is new to the school
- If you purchased a package, but you are not satisfied. Please have your child bring their complete package

No refunds will be made after 30 days from the delivery of your order.

PLEASE CONTACT
SERVICE@VERNONPHOTO.COM FOR
QUESTIONS OR CONCERNS.

Student Choreographer(s) Needed!

The theatre department is looking for associate choreographers for its spring production of The SpongeBob Musical. Students with dance or choreography experience are encouraged to apply. This is an exciting way to get involved with the arts at Cardinal Mooney and a fun way to earn service hours! Any interested students should see Ms. Lacertosa in room E-126 or email her at klacertosa@cmhs-sarasota.org.

Clubs are kicking off this month!!

Most clubs are holding their first meetings of the year this month. It's not too late to join the fun. You can check out our list of clubs and a brief description in Canvas/All School/Clubs & Activities. You will also find a listing of the clubs with the Club Advisor's name and the date and location of the first meeting. Feel free to speak to the Club Advisor if you have any questions.

SAVE THE DATE:

Wednesday, Sept. 21

Junior Class Mass and Breakfast at 8:30 am in the Chapel.

We look forward to gathering as a class and celebrating mass in the Chapel with Father Alex. We will then enjoy some food and fellowship in the Selby after mass. **Junior Class parents** - thank you for your donations for this special event. We still have a few more slots to fill.

Click here to sign up if you can:

<https://www.signupgenius.com/go/70a0b4cabaf2fa1f58-class>

Friday, Sept. 23

Freshmen Class Elections

TODAY is the deadline for applications for Freshmen Class Officers (president, vice-president, treasurer or secretary). Application forms can be found in Canvas/All School/Clubs and Activities. The application process includes two teacher recommendations and those forms are also in Canvas. Next week candidates may campaign and then elections will take place next Friday, Sept. 23rd. Good Luck!

Interested in playing
softball this spring?

Join Mrs. Chappell
on the field Tuesdays
from 3:20-4:00!

Bring your glove and
come ready to play!



Cougars Connected for Christ

Will be meeting Wednesday, September 21
from 2:35 pm - 3:10 pm. Please join us in G102,
please bring a bible and yellow notebook.

HELP NEEDED!



Please contact Amy Gorman at 941-371-4917 Ext 222 or agorman@cmhs-sarasota.org with any questions.

**DONATIONS FOR THE SILENT
AUCTION ARE VERY MUCH
APPRECIATED! Think Gift Cards, Car
Wash, Bottles of liquor and wine, Sporting
goods, etc.**

WE NEED HELP WITH:

Pre-Event Needs:

- Gathering silent auction donations and arrange baskets
- Selling raffle tickets and helicopter ball drop tickets

Day of the event needs:

- Set up
- Registration
- Silent Auction (set up and check out)
- Sell raffle and helicopter ball drop tickets



Attention Sophomores, Juniors and Seniors!



REPRESENTATIVES FROM VARIOUS POST-SECONDARY OPPORTUNITIES ARE EAGER TO SPEAK WITH CARDINAL MOONEY STUDENTS.

How to Attend a Rep Visit

1. Sign Up in your Naviance Account under the What's New Tab
(Check for visit updates as the list will grow.)
2. Let your teacher whose class you are missing know in advance
3. Create a Pass for the Visit



Announcing Cardinal Mooney on Campus Instant Decision Day for Ava Maria University

Attention Seniors

Ava Maria University, located in southwest Florida, will be on our campus the morning of October 4th, offering our seniors the opportunity to meet with admissions personnel to review student applications to Ava Maria and present admissions decisions on the spot. To learn more about Ava Maria University, visit <https://www.avemaria.edu>. For further information, contact Mrs. LaFemina, and if you want to attend, you must RSVP to her on or before 9/26.



Cardinal Mooney is instituting a new character program using the "*Gifts of Christ*." We hope that each student embodies each gift. This month, our focus is "Truth." Students should always seek to understand the *truth* in all situations. They should be *truthful* in how they act and respond and accept the *truth* around them. Teachers and staff look forward to seeing our students exemplify truth on our campus.

Athletics - GO COUGARS!

DAY	DATE	TIME	LEVEL	SPORTS	H/A	OPPONENTS
MON	9/19	4:00 PM	V	BOYS GOLF	A	ST.STEPHENS- RIVER CLUB
TUES	9/20	3:30 PM	V	GIRLS GOLF	A	PALMETTO- TERRA CEIA CC
TUES	9/20	4:00 PM	V	BOYS GOLF	H	ODA /BCS – Laurel Oak CC
THURS	9/22	4:00 PM	V	BOYS GOLF	A	BCS- BRADENTON CC
THURS	9/22	6:00 PM	JV	FOOT	H	BRADEN RIVER
THURS	9/22	7:00 PM	V	VOLLEY	H	SCS
FRI	9/23	6:00 PM	V	VOLLEY	H	BELLEVIEW
FRI	9/23	7:30PM	V	FOOTBALL	A	CARROLLWOOD DAY
SAT	9/24	8:00 AM	V	CC	AWAY	PALMETTO

BOYS GOLF: The Boys went up to Lakeland to defend their title from a year ago. They finished 4th place out of 20 teams, shooting an impressive 4 under par as a team. Junior Tommy Tyler was the individual medalist with a -5 under par 67! The Cougars are back in action at home Tuesday vs. BCS and ODA at 4 pm at Laurel Oak CC.

VOLLEYBALL: The Cougars split their matches down in the West Palm area last week, defeating Kings Academy and losing to Westminster Christian. The ladies faced area powerhouse Venice on Tuesday and lost a tough, hard-fought match in 5 games. The ladies play next at home on Thursday, September 22nd, vs. Sarasota Christian.

FOOTBALL: The Football team took powerhouse First Baptist Naples to overtime last week on the road and came up just short, losing 27-28. The Cougars are back on the road this week at Calvary Christian in Clearwater. Kickoff is 7:30 pm.

CROSS COUNTRY: It was another great weekend for Cougar runners. The Girls team finished 8th overall and the Boys finished 3rd! Kate Ruona placed 3rd and Addison Dempsey placed 4th. Christian Kline was the front runner for the boys team finishing in 4th place and PJ Svilokos placed 20th for the boys. The teams are back in action at Palmetto High next week Saturday, 8am start.



Athletics - GO COUGARS!

ATHLETIC CLEARANCE / HOME CAMPUS- Parents and athletes please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. We will not accept paperwork. Refresh computer and or phone if having issues with uploading... Thank you for your support! Please direct calls to Drew Mitchell at 941-371-4917 (117) if you need assistance with Home Campus.

FAMILY PASSES are now available for \$175. The pass includes 6 names to be emailed to the assistant AD Drew Mitchell. All children 10 and under are free when including your 6 names. dmitchell@cmhs-sarasasota.org

GATE COST: All athletic home contest are \$5 for adults and Cardinal Mooney students are free. Children under 10 are free as well... (Passes are good for all home games except FHSAA sanctioned events)

Watch all Cougar home outside games in Smithers Stadium on YouTube
<https://www.youtube.com/channel/UC17QeLXzyII4esSUckz3A>

From the Advancement Office

JOIN US!!!

Fish Fry and Homecoming Football Game against Bishop Verort

Friday, October 21,

Dinner will be provided by Walt's Seafood.

Purchase your tickets by [clicking here!](#)

Classes will be celebrating their reunions and there will be a great half-time presentation.

**An All Alumni Breakfast will be hosted Sunday, October 23 at 10:30 am,
all alumni are invited! Register today!**



CMHS Annual Golf Tournament! Monday, October 10th!

Silent Auction and Raffle Donations are needed and appreciated:

Gift cards, gift baskets, restaurant cards, gift baskets, etc.

Please bring in to the Front Office by October 7.

**The online auction begins on October 1 and continues
through the tournament with a silent auction.**

Advertising Opportunity

Fruitville Road Signage Program

Advertise Your
Business to ~50,000
Vehicles Per Day

3 x 4 aluminum sign displayed
on fence in front of school
facing Fruitville Road

Six-months of exposure

April - September

October - March

\$1,000 per sign

+ \$125 for one time cost to produce reusable sign

Contact Melissa Tomasso at mtomasso@cmhs-sarasota.org or 941-371-4917



Support Cardinal Mooney today!

Deadline to purchase new Fruitville Road sponsorship
signs:

September 21

[Purchase sponsorship here](#)

School Reminders and Everyday Information

Monday	Tuesday	Wednesday	Thursday	Friday
7:55-8:47 Period 1	7:55-8:47 Period 1	Late Start	7:55 Start time	7:55-8:47 Period 1
8:51-9:38 Period 2	8:51-9:38 Period 2	Periods 1-3	Periods 4-7	8:51-9:38 Period 2
9:42-10:29 Period 3	9:42-10:29 Period 3	7:30 - 9:22 Early Drop off	7:55-9:23 Period 4	9:42-10:29 Period 3
10:33-11:20 Period 4	10:33-11:20 Period 4	Available in Selby Center.	9:27-10:55 Period 5	10:33-11:20 Period 4
11:24-11:54 Lunch A	11:24-11:54 Lunch A	9:27-10:55 Period 1	10:59-11:29 Lunch A	11:24-11:54 Lunch A
11:24-12:11 Period 5B	11:24-12:11 Period 5B	10:59-12:24 Period 2B	10:59-12:24 Period 6B	11:24-12:11 Period 5B
12:15-12:46 Lunch B	12:15-12:46 Lunch B	10:59-11:29 Lunch A	12:28-12:58 Lunch B	12:15-12:46 Lunch B
11:59-12:46 Period 5A	11:59-12:46 Period 5A	11:33-12:58 Period 2A	11:33-12:58 Period 6A	11:59-12:46 Period 5A
12:50-1:37 Period 6	12:50-1:37 Period 6	12:28-12:58 Lunch B	1:02-2:30 Period 7	12:50-1:37 Period 6
1:41-2:30 Period 7	1:41-2:30 Period 7	1:02-2:30 Period 3		1:41-2:30 Period 7

NO items may be brought to school during the school day, including lunch, iPads, phones, and athletic gear.

Attendance/Tardy/Early Dismissal Form

This form needs to be filled out each and every time your student is absent/tardy or needs to be dismissed early from school. It must be completed by 9 AM.

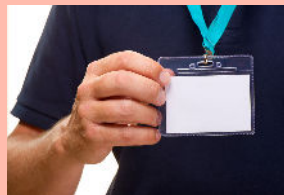
[Click here for the link.](#)

Please remember!



Only the CMHS uniform polo shirt from
CHILDREN'S WORLD UNIFORM SUPPLY is allowed.

SHIRTS MUST BE TUCKED IN DURING THE SCHOOL DAY.



Wear your ID EVERYDAY!!!



SEEKING THE SACRAMENT OF CONFIRMATION?

The Diocese of Venice has a religious education office that emphasizes the importance of the Sacrament of Confirmation with a two-year program. The young women and men go through a process where they complete one phase of their faith journey and prepare to begin the next phase as full Christians who are called to be more and reflect the love and goodness Christ in their heart and soul. Parents of a student needing to be confirmed should contact your local home parish to learn more about courses and programs to prepare for Confirmation.

Bishop Dewane has stated that preparation for the reception of Confirmation will be a two-year process, beginning in grade 9, culminating in the reception of the Sacrament at the end of grade 10.

Those desiring Confirmation should be:

1. A baptized Catholic who regularly receives Communion.
2. Registered in a parish (both preparation for and celebration of the Sacrament will take place in your home parish)
3. Be enrolled in the Confirmation Sacramental Preparation program at your parish. It is strongly advised that you contact the Director of Religious Education Office at your parish for registration information and guidelines.
4. In the Diocese of Venice in Florida, preparation normally begins in the 9th grade, with the celebration of Confirmation occurring at the end of 10th grade (around the age of 16).



HOMEWORK HELPERS

Any student of any grade level looking for assistance with homework or prepping for a quiz or test? We offer National Honor Society Homework Help Monday – Thursday in room G105. This service begins at 2:40 and ends at 3:10. No appointment is necessary. For any information, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.

LOOKING FOR COMMUNITY SERVICE OPPORTUNITIES TO COMPLETE YOUR CARDINAL MOONEY GRADUATION REQUIREMENTS?



The All School Module found on Canvas has a routinely updated community service link. Opportunities current and yearlong are all posted at this link. Verification forms and letters of our school requirements are also posted for easy access. If you have any questions, please contact Mr. Scheuer at sscheuer@cmhs-sarasota.org.