

Cougar News

April 29, 2022

Tonight is the night!!

All are welcome!

Tickets sold at the door \$10

A black poster with red abstract lines. At the top is a gold crown with red and white jewels. Below it, the text "MR. MOONEY" is written in large, bold, white capital letters. Underneath, in smaller white capital letters, is "A LIVE COMPETITION WHERE NINE SENIORS GET TO COMPETE BY SHOWING OFF THEIR CREATIVITY, STYLE, AND TALENT". At the bottom, in large white capital letters, is "APRIL 29, 2022", followed by "MOONEY GYMNASIUM" and "7:30 PM" in smaller white capital letters.

MR. MOONEY

A LIVE COMPETITION WHERE NINE
SENIORS GET TO COMPETE BY SHOWING
OFF THEIR CREATIVITY, STYLE, AND TALENT

APRIL 29, 2022
MOONEY GYMNASIUM
7:30 PM

Congratulations to Mrs. McCarthy and all the musicians who had their showcase Wednesday night.



Cougar News

from the office of Student Life



Freshmen Class prays the Morning Prayer.

On Wednesday, the freshmen class gathered in our chapel to pray the Liturgy of the Hours Morning Prayer.

They were led by Deacon Jack (CMHS Class of 1977).

The Liturgy of the Hours is an ancient, structured way of praying scripture throughout the day, focusing especially on the Psalms. It harkens back to the Jewish custom of praying at fixed hours, a practice early Christians continued. It's the Church's official prayer and the highest form of prayer after the mass. We are so grateful to Deacon Jack for leading our freshmen in this prayer and for all the freshmen that attended!

After prayer, the students enjoyed breakfast as a class in the Selby.

Thank you to the families who donated to this special event!

IMPORTANT PROM REMINDERS!

Date: Saturday, April 30, 2022

Time: 7:00 pm – 10:00 pm

Student Check- in by 7:10 pm

Location: The Grove @ Lakewood Ranch

10670 Boardwalk Loop

Lakewood Ranch, FL 34202

- All CMHS students must bring their school ID with them in order to check-in.
- All outside guests must bring a photo ID with them in order to be checked in and admitted into prom.
- No printed tickets for this event, your name will be on the guest list at the door.
- Prom is a formal event and formal wear is required

Tuxedo or suit (jacket and tie), dress shoes - - Formal dresses: no backless dresses that sit below the natural waistline, no midriffs or side cutouts, no slits higher than 3 inches above the knee, no cleavage showing. See examples in All School.

- There will be a wide variety of small plates and desserts. Ice tea, water and various sodas will be available for your beverage options.

Cougar News

from the office of Academic Services



AP Exam Testing – May 2nd – May 12th.

Students must arrive early for the exams so that we can begin at 7:30 am or 12:00 pm. Once an exam starts, a student cannot enter the room.

Student tests can be disqualified if they do not follow the guidelines.

If you have any questions, contact Lori Lewis, AP Coordinator, at llewis@cmhs-sarasota.org

All exam information is now posted on Canvas

Senior exams – May 5, 6, 9
Underclass exams – May 23-27

Attendance and promptness matter,
plan accordingly.

PLEASE NOTE THAT BACCALAUREATE REHEARSAL TIME HAS CHANGED:

On Wednesday, May 11th, rehearsal is from 8:30 am until approximately 10:30 am.

Please meet in the Finegan Center at Incarnation Church

2901 Bee Ridge Rd, Sarasota, FL 34239

If you have any graduation event questions,
don't hesitate to get in touch with Mrs. LaFamina or Mr. Scheuer

Cougar News

from the office of
Advancement and Alumni Relations



This week we participated in the 2022 Giving Challenge, a 24-hour event and we ended with the following results:

1 amazing school community;
14 student telethon volunteers;
100% board participation;
233 donors; and
\$46,082.00 dollars raised (including matched funds)

Thank you for your support during the 2022 Giving Challenge, and every single day you help us to enable our mission.





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ATHLETICS



FREE FHSAA-APPROVED SPORTS PHYSICALS ARE OFFERED!

JUNE 4TH – GYMNASIUM- [Click here to register](#)

MAY 18TH ALL SPORTS PARENT MEETING
For all sports for 2022-2023 and incoming freshmen.
6:30PM – MAIN GYMNASIUM

Baseball

The team celebrated their senior night with a 13-0 victory on Tuesday. You can catch them in action today at 4 pm for their final regular-season game vs. Sarasota. District play begins on Tuesday at home vs. Gateway Charter at 4:30 pm.



Track and Field

Best of Luck to the Track athletes heading to Regional on May 4 in Naples! Go Cougars.

The Qualifiers are:

Jacob Charles – shot, 3rd district
Hallie Monserez – 4x8, 4x4 district champ
Avery Beach – 4x4, district champ
Margaret Videnka – 4x4, district champ
Sally Koscho – 4x4, district champ
TJ Barton – discus, 4th district
Cooper Flerlage – discus, district champ
Madeline Carson – discus, district champ
Caroline Teto – pole vault, 3rd
McKayla Cantrell – shot and discus, 3rd
Kate Kochis – 4x8, 3rd
Mallory Lumpkin – 4x8, 3rd
Josie Maloni – 4x8, 3rd
AJ Russo – 4x4, 3rd
Lucas Hassler – 4x4, 3rd
Gage Hassler – 4x4, 3rd
Connor Heald – 4x4, 3rd

Alternates:

Noah Gregory (alternate)
Matty Maloni (alternate)
Michael Yencik (alternate)
Brienne Roux (alternate)
Bella Martinez (alternate)
Sophia Cusumano (alternate)
Catalina Grieco (alternate)

Beach Volleyball

The Cougars defeated BCS on Wednesday and became FHSAA District Champs. Regional play begins Monday. We wish the girls good luck as they head to SSAS Championships at Hickory Point Beach this weekend.

Softball

The Softball team will travel to Calvary Christian on Tuesday, May 3rd at 7pm for a District Semifinal game. Let's go Cougars!!!

Boys Weightlifting

Congratulations to JR Rosenberg, Ian Parker, and Kyle Cooke for advancing to the State finals. JR Rosenberg finished 3rd, and Kyle Cooke finished 6th at the meet!

Boys Lacrosse

We congratulate our Lacrosse team on all the accomplishments they had this season. We wish our seniors the best in their next chapter and look forward to another great season next year!

UPCOMING EVENTS!

| Date | Day | Time | JV/V | SPORT | Home/Away | Team |
|---------|--------|---------|------|----------|-----------|----------------------------|
| 4/29/22 | Friday | 4 PM | V | Baseball | Home | |
| 5/3/22 | TUES | 430PM | V | BASE | AWAY | DISTRICTS- GATEWAY CHARTER |
| 5/3/22 | TUES | 7:00 PM | | SOFTBALL | AWAY | DISTRICTS- CALVARY CHR. |
| 5/4/22 | WED | 8:00 AM | V | TRACK | AWAY | REGIONALS- COMM SCH NAPLES |



Beach Volleyball heading to Regionals



Looking forward to seeing our Lacrosse team next season!



Cougar Baseball mom's celebrate their Seniors!

Summer Camp

[Click here to
register](#)

Cheer Camp - JUNE 6-8 (9 am-12 pm)

Football Camp - JUNE 6-9 (9 am-12 pm)

Pole Vault Camp - June 13-17 (9 am-12 pm)

Girls Basketball Camp - June 20-23 (9 am-12 pm)

Boys Basketball Camp - June 27-30 (9 am-12 pm)

Volleyball Camp - July 11-14 (9 am-12 pm)

Co-Ed Soccer Camp - July 25-29 (8:30 am - 12:30 pm)

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941-487-2500 is the attendance call-in number
ALL absences must be called in!

Use Attendance@cmhs-sarasota.org for notes or
have your student bring it to the front office.

NHS Homework Helpers

The National Honor Society Homework Help meets in room G105. This free service is Monday - Thursday from 2:40 pm to 3:10 pm. NHS members can help with homework and prep for quizzes and tests in all subjects.

No appointment is necessary.

If you have any questions, please see Mr. Scheuer.

Community Service

There are a number of community service opportunities posted on Canvas in the ALL SCHOOL MODULE. Scroll down to the Community Service links.

These opportunities are updated regularly as they become available. Any questions, please contact Mr. Scheuer.