



COUGAR NEWS



"Nothing great is ever achieved without much enduring."

St. Catherine of Siena

TODAY IS THE DAY!!!!

*Transfer applicants will be considered for any openings after March 4,
don't lose your spot!*

Directions to Re-Enroll:

- Please go to www.factsmgt.com
- Select Parent Log In from the menu bar and FACTS Family Portal (ParentsWeb) from the drop-down menu.
- Type in your District Code: CMHS-FL
- Type in your username and password. (If you have forgotten your username or password, please click on the link provided.)
- After logging in, click on Apply/Enroll in the left menu.
- Click on the Enrollment/Reenrollment link.
- Click here to Open Enrollment
- Start Enrollment Packet

If you have any questions, or if you do not plan on re-enrolling, contact Mrs. Butor today by clicking here: dbutor@cmhs-sarasota.org



On Wednesday, March 2 we celebrated Ash Wednesday with a school mass.

Ash Wednesday is one of the most important dates on the Christian calendar because it marks the start of Lent.

Lent is a six-week period of fasting or self-sacrifice, prayer, and almsgiving to prepare for the celebration of Easter when Christ rose from the dead to sit at the right hand of God, his father.

A Lenten Prayer

Look with favor, Lord,
on your household.

Grant that,
though our flesh be humbled
by abstinence from food,
our souls, hungering after you,
may be resplendent in your sight.

- Pope Pius V

COUGAR NEWS

from the office of Student Life



Spikeball Tournament

Monday, March 7th at 6:30 pm in the stadium.

This is a Junior Class fundraiser for our upcoming PROM.

The entry fee is \$20 for a team of 2.

Online registration is open until Sunday at 11 pm

[Click here to register TODAY!!!](#)



Do Good with Chipotle!

Chipotle Fundraiser for the PROM!

Monday, March 7th from 4-8 pm

5354 Fruitville Rd.

Order online for pickup using code WZAE3W9 or in restaurant mention this promotion.

Eat at Chipotle before heading to the SpikeBall Tournament and make it a whole night of fun.

See you at Chipotle on Monday!!!!

Attention Students who have volunteered to assist with the Living Rosary!
We will meet on Wednesday, March 9th at 8:45 in the gym to review our parts. The rosary will take place on Friday, March 11th at 8 am in the gym with entire school present. Thank you for leading us in this great prayer.

We have the following events on our schedule over the 6 weeks of Lent:

March 11 - Living Rosary, 8 am in the gym

March 23 - Stations of the Cross, 8:30 in the chapel

March 29 - *Adoration in the Chapel 9-1 pm

April 5 - Reconciliation Service

*If you would like to participate in adoration on March 29, please contact Mrs. Santiago at jusantiago@cmhs-sarasota.org. We are looking for parents to fill one-hour slots between 9 am and 1 pm.

The junior class members will be on retreat that day, and your prayers for them are appreciated!

Volunteers Needed!

Earn up to 5 service hours!



The 2nd Annual Mooney Track Meet will take place in our stadium on Friday, March 11th.

We need several student volunteers to assist with this event between 3 pm-8 pm. Service hours will be earned.

You can sign up for shifts if you are not available the entire time.

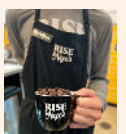
Please see Mrs. Santiago at lunch to sign up!

Rise & Nye's

Located in the heart of downtown Sarasota, Rise & Nye's is a coffee and ice cream shop that mainly employs differently-abled individuals. Rise & Nye's is looking for responsible, service-minded students who are willing to volunteer a few hours a week in their shop. Training is included, and shifts are 3 hours.

Both weekday and weekend opportunities are available. Please contact Mrs. Santiago at jusantiago@cmhs-sarasoto.org if you are interested and can make the commitment to a few hours a week.

Service hours will be earned.





COUGAR NEWS



Q & A with the Dean of Students, Mr. Schenerlein

All about tardiness and absences.

Punctuality is not just about being on time; it is about respecting your commitments.

Q: What time should I be in my class.

A: Students should be seated in their classroom when the bell rings.

Coming in when the bell rings is not on time.

Walking late with food and beverages shows you had time to arrive earlier.

Q: I can't help that there is traffic; why am I considered late?

A: The administration always pays attention to our local area, and when there is a hold-up, we always give a grace period. However, habitual "it was traffic" is not a valid excuse. Our school doors open at 7 a.m.

Start a new routine and plan to arrive 10 minutes earlier, and I guarantee you will be late much less often.

Q: How many absences until...????

A: If you are questioning if you have too many absences, you do. :)

- Excused OR unexcused absences result in **too** much time lost in the classroom.
- Attending school and arriving on time must be a priority.
- Families should avoid extended vacations that require their children to miss school.
- Try to line up vacations with the school's schedule. The same goes for doctor's appointments.

If you have any questions or concerns, please reach out to me; I am your partner in your child's education.

Absence Reports

Absence reports must be submitted within three days following the absences, notes can be emailed to attendance@cmhs-sarasota.org or turned in to the front office.

The report must come from a parent/guardian or a physician and give the date(s) of the absence and the reason for it.

Parents may be asked to provide written medical documentation when excused absences for illness are excessive.

Use Attendance@cmhs-sarasota.org absences or call 941-487-4500.

Early dismissal requests should be requested *before 9 a.m.*

Late notices disrupt class time and should be avoided unless it is an emergency.



ONLY 60 TICKETS REMAIN!

The Fun Begins the Moment you arrive! So order your tickets and sponsorships TODAY.

Click here to purchase: [Race for the Roses](#)

The Race for the Roses Gala includes;

~The **Blue Heron Quartet Jazz Band** performance during the cocktail hour,

~Southern Fare Dinner,

~Music and Dancing,

~**Pop-up Boutiques** with Debbie Dannheisser Fine Art Threads - Wear The Art, Feel The Love! – Debbie Dannheisser Threads and Barb McSweeney Jewelry

~**Outdoor Loaded Cannon Bourbon and Maduro Cigar Bar**

(featuring Cigars from Ybor City)

~**Best Hat and Bowtie Contests**

~**Silent and Live Auctions**, including vacation stays, reserved CMHS parking spots, sports baskets, and much more!

All proceeds will be used to renovate our science classrooms and labs.

In addition, we are still collecting items to help fill our class auction baskets:

Freshmen: Wine, Beer, and Spirits for a wagon of cheer

Sophomores: Restaurant/Food Gift Cards

Juniors: Scratch off Lottery Tickets.

Seniors: Gift Cards-(other than restaurants/food). Any place, any dollar amount welcome.

Please send in items to the front office any time before Friday, March 18.

We are always accepting airline points, vacations rentals, athletic event seating, or a service (Tax prep, home cleaning, home inspection/upgrade, landscaping, massage, salon).

We appreciate your support.

Valerie Giuliani P'23, Gala Chair

COUGAR NEWS

from the office of Academic Services



The Cardinal Mooney High School Career Fair - Seeking Representatives

Plans are underway for our first on-campus career fair.

We seek representatives of various employment sectors to speak with our sophomore students about their career fields.

The event only requires about 1 1/2 hours of your time. If you or someone else is interested in participating, please contact Ann LaFemina at the contact information below:



Date: Friday, April 8, 2022

Event Time:

8:50 - 9:40 am - Check-in and set up 8:30 am

Event Contact: Ann LaFemina

Chair of Academic Services, College Counselor.

941-371-4917 Ext. 165

ALaFemina@cmhs-sarasota.org

Notre Dame Club of Sarasota will sponsor a community service opportunity to take place on

Monday, March 14, from 1:30 to 3:30 PM.

Location: 8171 Blaikie Ct., Sarasota FL 34240 - 941.379.6333

www.allfaithsfoodbank.org

All volunteers at the Food Bank must do a quick online pre-registration, and a link for that will be sent later.

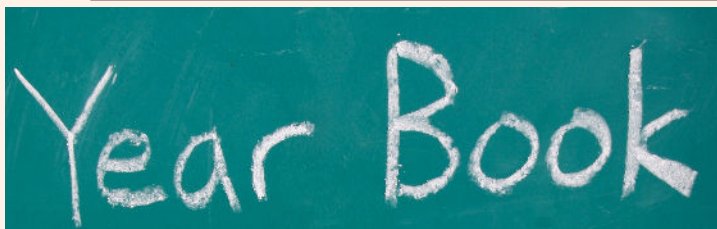
Any student in grades 9-12 interested in Notre Dame is welcome to participate.

Those who want to participate should email:

Bill King

Notre Dame Club of Greater Sarasota

wfking1@comcast.net



**Only 24 yearbooks left for pre-sale.
Make sure to reserve your book today!**

Purchase today by clicking here:

<https://yearbookforever.com>

Buchanan Service Academy Fair

11 a.m. to 1 pm on Saturday, March 5th, 2022

Sarasota Military Academy, 801 N Orange Ave,

Sarasota, FL 34236

Questions: 941-747-9081

Representatives from the U.S. Military Academy, U.S. Naval Academy, U.S. Air Force Academy, U.S. Merchant Marine Academy, and the U.S. Coast Guard Academy will share information about academy life and application requirements.





COUGAR NEWS

ATHLETICS



Softball

The Cougars have their first home game today (Friday, March 4) at 4 pm vs. Braden River. Come out and support your Cougars in their first home game of the season!



Tennis-Boys and Girls

The Lady Cougars had a great week defeating Southeast 7-0 and Manatee Manatee 5-2. The girls also faced a tough Venice squad and came up just short, losing 3-4. The Boys team defeated Southeast 4-0 and rival ODA 6-2 but lost to Venice 1-6. You can catch both teams at Payne Park vs. Sarasota Christian at on March 7 at 3:30 pm.

Girls Basketball

We are proud of Lady Cougars for being the only team in the area to play in back-to-back State Championship titles.

Congratulations on a great season!

Baseball

The Varsity team defeated Lemon Bay 7-2 on Wednesday night. The team is back in action at home this coming Saturday, March 5th, vs. Inspiration Academy; the 1st pitch is at 1 pm. Come cheer on our players. Hamburgers and Hot Dogs are calling your name!

Girls Lacrosse

The team is ready to take on Lakewood Ranch at home on Thursday, March 10th, 6:30 pm. Show your support of our Lady Cougars and watch them go!



Boys Lacrosse

Congratulations to Boys Lacrosse, who won last Friday against Berkley Prep 18-10! This year, the Boys are road warriors with this past Tuesday's game against Jesuit, which was hard-fought but ended in a loss. A Big shout out to our freshmen varsity players with their first high school varsity goals. Carston Shepherd had his first goal against Riverview and Jamison McCusker with his first goal against Berkeley Prep!

Beach Volleyball

Congratulations to our Lady Beach Volleyball team as they are now 6-0 for the season with wins over Sarasota High, Bradenton Christian and Braden River this week.

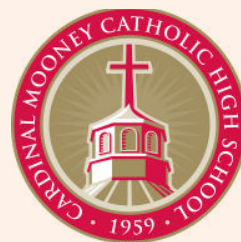
Track & Field

Our first home meet is Friday, March 11 at 4 pm. We are looking for volunteers to help us with this event; please contact Coach Schenerlein to sign up!



COUGAR NEWS

ATHLETICS CONT'D



Upcoming Events

DATE	DAY	TIME	LEVEL	SPORT	H/A	OPPONENT/ LOCATION
3/4/22	FRIDAY	TBA	V	TRACK	AWAY	BOOKER
3/4/22	FRIDAY	4:00 PM	V	SOFTBALL	HOME	BRADEN RIVER
3/4/22	FRIDAY	7:00 PM	V	BLAX	AWAY	NEWSOME
3/4/22	FRIDAY	6:00 PM	JV	BASE	AWAY	NORTH PORT
3/5/22	SATURDAY	1:00 PM	V	BASE	HOME	INSPIRATION
3/5/22	SAT	10-3PM	JV	BLAX	HOME	JAMBOREE WITH 4 GAMES THAT DAY
3/7/22	MON	6:00 PM		SPIKE BALL	HOME	
3/7/22	MON	330PM	V	GIRLS/BOYS TENNIS	HOME	SCS
3/7/22	MON	4:00 PM	V	BEACH	HOME	TCA- BEE RIDGE PARK
3/7/22	MON	4:00 PM	V	SOFTBALL	HOME	BCS
3/7/22	MON	4:00 PM	V	BASE	HOME	LEMON BAY
3/8/22	TUES	4:00 PM	V	GIRLS / BOYS TENNIS	AWAY	BCS (3635 Cortez Rd)
3/8/22	TUES	430PM	V	BEACH	AWAY	BCS
3/8/22	TUES	6:00 PM	V	SOFTBALL	AWAY	LEMON BAY

3/8/22	TUES	430PM	JV	GLAX	AWAY	ODA
3/8/22	TUES	630PM	V	GLAX	AWAY	ODA
3/8/22	TUES	4:00 PM	JV	BASE	HOME	LEMON BAY
3/9/22	WED	4:00 PM	JV	BASE	AWAY	PARRISH COMM.
3/9/22	WED	7:00 PM	V	BASE	AWAY	PARRISH COMM.
3/10/22	THURS	5:00 PM	JV	BLAX	AWAY	SARASOTA
3/10/22	THURS	430PM	JV	GLAX	HOME	LWR
3/10/22	THURS	630PM	V	GLAX	HOME	LWR
3/10/22	THURS	4:00 PM	V	BOYS WEIGHT	AWAY	VENICE
3/10/22	THURSDAY	530PM	V	SOFTBALL	AWAY	GIBBS

How can I purchase home tickets?

All home Spring games will be cash only at the gate. The cost is \$5 per person. (FHSAA sanctioned tickets will be announced later in the season)

FAMILY PASSES are available for \$150. The pass includes 6 names to be emailed to the athletic director Larry Antonucci at Lantonucci@cmhs-sarasota.org . (Passes are good for all home games except FHSAA sanctioned events)

Watch all Cougar home games at
NFHS Network at

<https://www.nfhsnetwork.com/>

HOME CAMPUS- Parents and athletes please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. Thank you for your support! Please direct questions to Drew Mitchell at 941-371-4917 (117)



Advertising Opportunity

Fruitville Road Signage Program

Advertise Your
Business to ~50,000
Vehicles Per Day

3 x 4 aluminum sign displayed
on fence in front of school
facing Fruitville Road

Six-months of exposure

April - September

October - March

\$1,000 per sign

+ \$110 for one time cost to produce reusable sign

Contact Melissa Tomasso at mtomasso@cmhs-sarasota.org or 941-371-4917

