





"Faith lifts the soul. Hope supports it. Experience says it must. And Love says let it be!" Elizabeth Ann Seton

Calling all Parents!

We are looking for parents to help out in the following ways:

Do you have a company that would be interested in being our Mooney Day t-shirt sponsor? Your company name will be located on the back of 600 t-shirts.

- Are you handy? We are looking for a carpenter to help build steps for the spring musical.

Would you like to help with Grandparent's Day on Wednesday, January 26, or Wednesday, February? We need volunteers to help from 8:00 – 10:00 am and also provide baked goods.
Would you like to help with our Dinner Auction on Friday, March 25?

If you feel you could assist CMHS in any way, please contact Melissa Tomasso at mtomasso@cmhs-sarasota.org or 941-371-4917 ext. 115.

You can also fill out our volunteer link here: <u>https://www.cmhs-sarasota.org/volunteer-opportunities/</u>



COUGAR NEWS STUDENT ACTIVITIES

Grandparents Day

Freshman/Sophomores: Wed., January 26 Junior/Seniors: Wed., February 2 Mass begins at 8:30 am - Reception to follow Registration required

We need volunteers to help set up and to serve our guests

Please consider donating food for the event Cookies Gallon of lemonade Grapes Strawberries Dozen glazed donuts Dozen muffins Sm water bottles

Contact Melissa Tomasso at mtomasso@cmhs-sarasota.org to volunteer, donate food and register your grandparent.



Yearbooks are \$85. Including one free line of personalization if you order before January 30, 2022. Get a lifetime of memories and order yours today at <u>https://yearbookforever.com</u>.







Juniors and Families, Class of 2023

Mrs. LaFemina will be conducting a post-secondary planning workshop to assist the junior class with navigating the college selection and application process on Wednesday, January 12 @ 6:30 pm in the Selby Center. This is a student and parent event. Contact Mrs. LaFemina for any questions.



All students enrolled in the Advanced Placement (AP) course(s) must take the AP Test. Payment is due on or before January 14th and must be paid before testing. Fees will vary depending on the number and type of AP tests.

Please get in touch with Lori Lewis, Counselor/AP Coordinator, with any questions. LLewis@cmhs-sarasota.org

NHS Homework Helpers

The National Honor Society Homework Help meets in room G105. This free service is Monday -Thursday from 2:40 pm to 3:10 pm. NHS members can help with homework and prep for quizzes and tests in all subjects. No appointment is necessary.

If you have any questions, please see Mr. Scheuer.

Community Service

There are a number of community service opportunities posted on Canvas in the ALL SCHOOL MODULE. Scroll down to the Community Service links. These opportunities are updated regularly as they become available. Any questions, please contact Mr. Scheuer.







Upcoming Events

Boys Varsity Basketball Tuesday 1/11, 7:30 @ Riverview Friday 1/14, 7:30 @ BCHS

Boys JV Basketball Tuesday 1/11, 6:00 @ Riverview Friday 1/14, 4:00 @ BCHS

Girls Varsity Basketball Tuesday, 1/11, 7 pm vs. Venice (H) Thursday 1/13, 7 pm vs. Seffner Christian (H)

Girls JV Basketball Tuesday, 1/11, 5:30 pm vs. Venice (H) Thursday 1/13, 5:30 pm vs. Seffner Christian (H)

Girls Varsity Soccer Tuesday 1/11, 5 pm vs. North Port (H) Thursday 1/13, 6:30 pm @ Frost Proof Friday 1/14, 6 pm vs. Venice (H)

Boys Varsity Soccer Monday 1/10, 6 pm vs. Lemon Bay (H) Tuesday, 1/11, 7 pm vs. North Port (H) *Senior Night Friday, 1/14, 7 pm @ St. Stephens







How can I purchase home tickets? All home Winter games will be cash only at the gate. The cost is \$5 per person. Students are \$1.

FAMILY PASSES are available for \$150. The pass includes 6 names to be emailed to the athletic director Larry Antonucci at Lantonucci@cmhssarasota.org . (Passes are good for all home games except FHSAA sanctioned events)

Watch all Cougar home games at NFHS Network at <u>https://www.nfhsnetwork.com/</u> HOME CAMPUS- Parents and athletes please make sure to have all forms uploaded properly on home campus. We want your children to be able to play as soon as possible and we can't do that without proper forms signed and documented. Thank you for your support! Please direct questions to Drew Mitchell at 941-371-4917 (117)





EVERYDAY REMINDERS

COUGAR NEWS

CARDINAL MOONEY CATHOLIC HIGH SCHOOL

Attendance

Please ONLY use Attendance@cmhs-sarasota.org to submit notes digitally. ALL absences still need to be called into the Attendance Hotline 941-487-2500.

Anytime your student is out of school, needs to be dismissed early, or comes to school late, a note is required. We ask that all notes for early dismissal be sent first thing in the morning or dropped off at the Front Office. This will help avoid a delay in dismissal and/or an interruption to your student's class.

Please understand that a note is required every time a student arrives late, leaves early, or is absent.

Of course, handwritten notes may be submitted to the Front Office; the NEW email address is an alternative to that format.