



COUGAR NEWS

Consider it all joy, my brothers and sisters, when you encounter various trials, knowing that the testing of your faith produces endurance. James 1:2-3

No SCHOOL TODAY AND MONDAY.
School resumes Tuesday, February 16,
and it is a RED DAY.



On Wednesday, February 17, our school will celebrate Ash Wednesday. Due to the pandemic, the Vatican and the Diocese of Venice will be following a different procedure in the distribution of ashes this year, including sprinkling ashes on the top of heads rather than using them to make a cross on foreheads. Sprinkling ashes on the top of people's heads, is the customary practice at the Vatican and in Italy. Given the spread of the coronavirus, the practice has the advantage of not requiring the priest to touch multiple people. [Please click here for a video explaining more.](#)

COME ONE, COME ALL, LET'S SHOW OUR COUGAR PRIDE!

Cardinal Mooney Catholic High School made it as a finalist in SRQ Magazine's BEST PRIVATE HIGH SCHOOL IN SARASOTA!

VOTE EVERYDAY UNTIL FEBRUARY 17 by MIDNIGHT

Point your camera phone at this QR Code or click to vote.

Simply **click the green VOTE button** and you are finished.

You can vote daily until February 17.

Help us show Sarasota we are truly the BEST PRIVATE SCHOOL!



OR

VOTE
HERE

CLUBS - YEARBOOK - STUDENT ACTIVITIES

CALENDAR REMINDERS

February 12 & 15 - No School

February 17 - Ash Wednesday Mass

February 26 - Pre-ACT, Senior Retreat, Junior Recognition
(limited seats, prior registration required)



We welcome your suggested prayer of intention during our Gold Day Rosary. **Please click here and make your special intention.**

You need a yearbook!
(just sayin'...)

DON'T MISS OUT! ORDER YOUR YEARBOOK TODAY!

Click here:

<https://yearbookforever.com>

"Light at the End of the Tunnel" **A virtual spring musical cabaret**

Mooney Theatre is looking for submissions for their virtual spring musical cabaret "Light at the End of the Tunnel." This show is about hope, optimism, and new beginnings and is open to all current Mooney students and alumni. Ms. Lacertosa is looking for songs from musicals, monologues from plays, dance pieces, pantomimes, and original pieces (monologues, songs, poems) that fit the themes of hope, optimism, and new beginnings.

CLICK HERE TO SUBMIT A PIECE

(Form must be submitted by TODAY!)

Questions?

See Ms. Lacertosa or email klacertosa@cmhs-sarasota.org

Re-enrollment for the 2021-2022 School Year

Cardinal Mooney Catholic High School's administration and staff are already looking ahead and making plans for the next school year. In preparation for the start of 2021-2022, please take time now to complete your student's re-enrollment for next year.

To complete our online re-enrollment process, you will need to access our FACTS Family Portal.

To access Family Online:

Please click here or go to www.factsmgt.com
Select **Parent Log In** from the menu bar and
Select **FACTS Family Portal (ParentsWeb)**
from the drop-down menu.

Type in the District Code: **CMHS-FL**

Type in your **username and password.**

(If you have forgotten your username or password, please click on the link provided.)

After logging in, click on **Apply/Enroll** in the left menu.

Click on the Enrollment/Reenrollment link.

If you have any questions about the process, contact Deb Butor at 941-371-4917 or dbutor@cmhs-sarasota.org



Do you know an 8th grader thinking about attending Mooney?

The high school placement tests are:
Friday, February 19, 2021 – 8:30 a.m.
Saturday, March 6, 2021 – 8:30 a.m.

Pass along this link and have them register for the test here:

<https://cmhs-fl.client.renweb.com/oa/?memberid=13106>

WHAT TO KNOW-SNAPCHAT APP HIGHLIGHTS

PROS AND CONS

Snapchat can close the distance between people with video and voice calling, messaging, stories, and multi-media sharing. There are games available as well as some pretty advanced video and picture editing abilities. Relatively recently, Snapchat added a Spotlight feature, where newsreels and videos were added to compete with apps like TikTok and Instagram. These can be narrowed based on interests- like celebrities, world news, sports, etc. It's a mecca of entertainment and innovation for users, curated to personal interests and available within seconds completely for free.

However, some features can quickly become problematic for users. I tell my students not to say anything online they would not be willing to say to someone in person or that they wouldn't want in front of a parent, teacher, administrator, or even potential employer- because it may very well (and sometimes does) end up there.

While Snapchat does have community guidelines, a quick Google search of lawsuits involving the app implies to some that the company needs to take more social responsibility, especially in regards to their under-age members. Proponents of the app may argue that one company could never control the individual decisions of its users, regardless of their age. Others state the answer is somewhere between the two. I'll leave it to the reader to decide who is right. In the meantime, here are some of the app's most prominent problem-causers and some tips for traversing them.

Joanna Tomlinson
February 9, 2021

QUICK FACTS



- As of 2020, 48% of Snapchat users were between 15 and 25. That's over 2.5 times the number of users between 36 and 45. (Tankovska, 2021)
- 69% of American teens say they use Snapchat. (Gramlich, 2018)
- Snapchat's value in the Stock Market as of 2/9/21 was \$96.2 Billion
- There were over 90 million Snapchat users in America, generating an average of \$3.40 *per user* in revenues for the company in 2020. (Aslam, 2021)
- American teens accounted for over \$211 million in revenues for Snapchat in 2020.

SNAPCHAT SETTINGS AND HOW TO FOR PARENTS

Disappearing Act? One of the major appeals to users is that anything they post or say on Snapchat will disappear. Users can set messages and pictures to disappear at certain intervals, such as "once opened" or "after 24 hours." However, users should be cautious here. Does it really disappear? Maybe. Others can and do still screenshot, save, and share what is sent if they choose to.

Location One of the features of Snapchat is the ability for users to see each other's location. This can be helpful if parents are also on the app and want to know where their child is, but it can also mean that someone you may not want knowing your location has it. There are 4 different settings for this feature-"Ghost Mode" (no one can see your location), "My Friends," "My Friends Except," and "Only These Friends." You can see and change these settings by clicking the settings widget on the top right corner of the "Home Screen" and scrolling down to "Who Can..." and select "See My Location."

Privacy Options for "Contact Me" are "Everyone" and "My Friends." When they say everyone- they mean everyone. The app does not filter out users by age, so it might be a good idea for everyone under 18 to set this to "My friends." Users can adjust who can contact them as well as who can see their story by navigating to the "Who Can..." menu. The "View My Story" menu has 3 options- "Everyone," "Friends," and "Custom." This latter allows users to remain friends with someone but customize who sees certain things they post to their story. Users can also block other users the same way you would on other social media.

YOLO This is an add-on feature that allows users to post anonymous questions and others to respond. Users can also attach images. The closest thing I can think of to compare it to is the

Whisper app which gained popularity a few years ago. YOLO can be perfectly innocent, but as you can imagine, an app that allows people to say whatever they like in front of a wide audience without anyone really knowing who said it can sometimes lead to problems.

Photo Log This is where photos are saved, however, images can be hidden from individual account members. Parents need to know that you may not have access to all of your child's Snapchat photo log.

There are 4 places Snapchat stores pictures a user has taken or saved. Users can view these by hitting the "down" arrow from the top left of the home screen. To the left of the circle you tap to take a picture, you will see a small photo and to the right, you will see a smiley face, which takes you to games and filters. Tap the small photo on the left of the circle to access the backlog of photos. This will navigate you to a screen, where you may see one or several of the following: "Snaps," "Stories," "Camera Roll," and "My Eyes Only."

"Snaps" are a backlog of snaps taken by the user, but not necessarily sent. "Stories" are old stories taken or posted by the user. "Camera Roll" allows the user to access pictures on their device to upload to their story or in a message. "My Eyes Only" allows users to hide snaps they want to keep others who may have access to their account or device from seeing. These are password-protected via a pin the user sets up, and must be individually selected by the user after the snap is taken to move it manually to this area. Users can still send these snaps, but they must use the code to access them to do so. *If you do not see one of these 4 options listed on that page, it means the user has not set up or is not using this feature.*

If you need help users can report issues by reporting the offending message, snap, or other media. There is also a safety center and security advice on the app's settings menu. However, there is no way to directly contact Snapchat via email or phone.



Know YOUR Counselor!



Ms. Lewis
**Students with
Last Name A-K in
Grades 9-11**



Mr. Cornelio
**Students with
Last Name L-Z in
Grades 9-11**



Mrs. LaFemina
All Senior Students!



Mrs. LaFemina is following up with all juniors and their families for post-secondary planning meetings.

Please Click HERE to schedule an appointment.

Junior Ring Ceremony - February 26, 9 a.m. **Registration is required, only a few seats remain**, one guest per student only, limited to the first 78 - [click here to sign up](#).

Don't forget to have your student bring the jewelry to Mrs. Mercurio in the Administration Office **no later than 3:00 p.m. on Tuesday, February 23, 2021.**

No other drop-offs will be permitted. Please make sure the item is in a box, sealed envelope, or other container and clearly labeled with your student's name. All items will be secured safely. If you do not have a ring or other small memorabilia, do not worry; all students will receive a blessed gift.



Florida Institute of Technology will be hosting a Zoom meeting for students interested in becoming Pilots on Thursday, March 4th at 6:30 PM EST. **If interested click here**



Scholarship Opportunity for the Class of 2021

American Legion NO_VEL Post 159 announces their continued support for local high school graduating seniors who are grandchildren of Post 159 members. For further information and to obtain the scholarship application, please see Mrs. LaFemina in the academic services office.

SAT TEST DATES

March 13, 2021
May 8, 2021
June 5, 2021

ACT TEST DATES

April 17, 2021
June 12, 2021
July 17, 2021

Athletics - GO COUGARS!



Congrats to the
Lady Cougars District Champions x 2!!!

Girls Basketball – District Champs
after defeating St. Stephens last Friday

Girls Soccer – District Champs
after taking down Bishop Verot 3-0 on Tuesday.



Way to go Lady Cougars!!!

Good Luck at States



Senior Adrienne Boynes and Junior McKayla Cantrell along with Coach Scott Ruane head to the State Championships in Girls Weightlifting on Friday, Feb. 12 at Suwannee High School. Go Cougars!!!

ATTENTION: With no school on Friday and Monday, athletes should check with their coaches on adjusted practice schedules on these days.



Winter Sports Picture Information

You should have received an email from Vernon Photography with a personal link to your photos. If you did not receive an email to view your gallery, please email Support@vernonphoto.com and they can send you your personal link to access the gallery.



SPRING Sports Senior Athlete Banners have been ordered and should arrive in the next few weeks. They will be displayed in our home venues. Cost of the banner is \$40 and money should be turned in ASAP to Mrs. Santiago in the Athletic Department.

Spring Sports

All athletes must have Athletic Clearance through our new online portal located at <https://www.athleticclearance.com/>

Please refer to our website for all the details. As per FHSAA Policies 40.1.1, 41.1 and 42.1.1, all student-athletes are required to watch the following FREE NFHS Learn courses annually

- Concussion in Sports –What You Need to Know
- Heat Illness Prevention
- Sudden Cardiac Arrest

[Click here for a link to these videos.](#)

Upon completion, print your certificate and upload to your Athletic Clearance account.

Get your piece of Mooney!

Represent your Cougar Pride on our new bleachers!

\$500 Tax Deductible Donation 🐾 Permanently affixed to bleachers

Limited Quantity Available! 🐾 Makes a great gift for a graduate or alumni

Call 941-379-2647 x2 or visit: <https://www.cmhs-sarasota.org/donate-to-batting-facility/>

The DeCaria Family
Sina '95, Alene '96
Sal '98, Maria '99,
Anna '02



With heartfelt gratitude to Cardinal Mooney
Love,
The Smithers Family

Order your plate today and help us finish this project debt-free!

GAME TIME

Day	Date	Time From	Level	Sports	H/A	Opponent/Title
Saturday	2/13	9:00 AM	V	Lacrosse Boys	Away	LAX against Leukemia Preseason Jam
Saturday	2/13	9:00 AM	V	Lacrosse Girls	Away	LAX against Leukemia Preseason Jam
Monday	2/15	5:00 PM	JV	Baseball	Away	Sarasota Early Bird Tourney vs. Venice
Tuesday	2/16	3:30 PM	V	Boys Tennis	Home	Southeast
Tuesday	2/16	3:30 PM	V	Girls Tennis	Home	Southeast
Tuesday	2/16	7:00 PM	V	Baseball	Away	Largo Packers Invite Vs. Pinellas Park
Tuesday	2/16	TBA	JV	Baseball	Away	Sarasota Early Bird Tourney
Tuesday	2/16	7:00 PM	V	Girls Soccer	Home	Regional Quarter Final vs. Berkeley Prep
Tuesday	2/16	7:00 PM	V	Boys Soccer	Away	Regional Quarter Final vs. Tampa Catholic
Wed	2/17	6:00 PM	V	Softball	Away	Riverview
Wed	2/17	TBA	V	Baseball	Away	Largo Packers Invite
Thursday	2/18	3:30 PM	V	Boys Tennis	Home	St. Stephens
Thursday	2/18	3:30 PM	V	Girls Tennis	Home	St. Stephens
Thursday	2/18	5:30 PM	JV	Lacrosse Girls	Away	Venice
Thursday	2/18	7:00 PM	V	Lacrosse Girls	Away	Venice
Thursday	2/18	7:00 PM	V	Boys Lacrosse	Home	ODA
Friday	2/19	3:30 PM	V	Track	Away	St. Stephens Tri-Meet
Friday	2/19	4:00 PM	JV	Baseball	Away	Lemon Bay
Saturday	2/20	10:00 AM	V	Weights	Away	Lemon Bay Invite
Saturday	2/20	TBA	V	Beach Volleyball	Away	Indian Rocks Pre-Season Tournament

Sale at our official Cardinal Mooney Cougars Online Store! 20% OFF any purchase of \$80 or more
Promo Code: FEB21

Click on the link below and Happy Shopping!

<http://sideline.bsnsports.com/schools/florida/sarasota/cardinal-mooney-high-school>



School Reminders and Everyday Information



Please remember!

Only the CMHS uniform polo shirt from CHILDREN'S WORLD UNIFORM SUPPLY is allowed. Shirts may be white, red, and black, or blue for Seniors.

SHIRTS MUST BE TUCKED IN DURING THE SCHOOL DAY.

Mask-wearing (over nose and mouth) and social distancing are required.



If your child is sick, or if someone in your household is on COVID protocol, do not send the student to school. If your student gets COVID tested and you are waiting for the results, do not send the student back to school until you receive a negative result and are cleared to return by CMHS Administration.

ALL absences need to be called into the Attendance hotline, 941-487-2500, and a note upon the student's return MUST be turned in to Mrs. Garlock in the front office.

NO items may be brought to school during the school day, including lunch, iPads, phones, and athletic gear. Yes, this includes you, we promise your child will not suffer because of it. We understand it is a hard lesson to learn.



Late note for students:

If your student is late due to a doctor or dentist appointment, a note printed from the doctor's office (on doctor/dentist letterhead) needs to be turned into the front office upon the student's arrival.

MENU

Monday - NO SCHOOL

Tuesday- Chicken Tenders,
Italian Sub

Wednesday- Meatball Sub,
Pasta

Thursday- Chicken Sandwich,
Try something new

Friday- Rico's Pizza



Cardinal Mooney High School will be hosting an online auction in lieu of a formal gala. We are looking for volunteers that will be part of the planning, procurement, and success of our auction. Meetings will take place via Zoom, hosted by Melissa Tomasso, Marketing and Special Events Manager. We look forward to working with you!
[Click here sign up today!](#)

