



Health and Physical Education

CARDINAL MOONEY CATHOLIC HIGH SCHOOL

COUGARS



Health and Physical Education Courses

- HOPE - LMS and Personal Fitness
- Team Sports
- Weight Training





Typical Student Schedule

- 9th - Personal Fitness (1 semester) and LMS (1 semester) - both are graduation requirements
- 10th - 12th - Team Sports or Weight Training electives

CARDINAL MOONEY CATHOLIC HIGH SCHOOL



Coach Stefan Gates

*Teaches Team Sports

*Former Head Basketball Coach

*Assistant Principal



Coach Jared Clark

*Teaches Weight Training and World History

*Head Football Coach

Coach Chad Sutton

*Teaches HOPE LMS/PF, Weight Training and Team Sports

*Head Volleyball Coach



We hope to see you soon!

To schedule a tour, contact

Rene Hebda at 941-371-4917

or

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Credits

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