



Cardinal Mooney Catholic High School

4171 Fruitville Road, Sarasota, FL 34232 • 941-371-4917 • www.cmhs-sarasota.org

You represent our newest Cougars and we are excited to have you in the Mooney family. Below you will find some important information about being a Student-athlete at Cardinal Mooney High School.

PAPERWORK

All student-athletes are required to fill out the following forms: (*both forms can be downloaded from our website)

1. Sports Physical - EL2
2. Permission Packet – CMHS Guidelines and EL3

Notes on Physicals:

- Physicals are good for 1 calendar year.
- The forms must be signed and dated by a doctor.
- Physicals that appear on your doctor's office forms and Health Department forms are fine but must be included with the completed page 1 of the EL2 form.
- A new physical must be on file the day after the previous one expires in order to be eligible to play and/or practice on that day.
- Forms can be found on the website
- Please turn in forms to the AD office (not to your coach).
- Page #3 of the EL2 form only needs to be completed if the doctor referred you to a specialist for clearance.

Notes on Permission Packets:

- A new permission packet must be filled out each school year
- We just received an updated EL3 form from the FHSAA last week so any Permission packets completed prior to May 9 are no longer valid and you will need to fill out a new one.
- Be sure to fill out insurance company name and policy number on page 1
- Note! There are several locations for both parent and player to sign. Please be sure to sign all of them.
- Please be sure to read over the packet. Many of the points covered in the documents include proper behavior and expectations of student-athletes.

*Please note that just prior to your season starting there will be an additional diocesan form that must be completed by each team member prior to the first away game/match. These will be distributed by your coach at a later date but must be completed prior to traveling.



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SECONDARY INSURANCE

We do provide secondary insurance if your child is injured while representing CMHS. Injuries must be reported to the athletic department within 90 days and we will provide you with the form that you will complete and submit on your own to the Gerber Life Insurance Company as indicated on the form.

COMMUNICATION

All of our head coaches' names and their contact information (email address) are located on our website's athletic page. Please feel free to contact our coaches directly with any questions you may have. If you have questions for the athletic department, please don't hesitate to contact us. Encourage your children to communicate directly with their coaches.

SUMMER CAMPS

Attending one of our summer camps is a great way to jump start your Cardinal Mooney Athletic Experience. Many of our youth camps do include participation for our incoming freshman. Please refer to our website <https://www.cmhs-sarasota.org/athletics/> to register for any one of these camps. Also, we do provide a summer strength and conditioning program that is available to any of our students. You can also register on the website.

Important Dates:

July 25, 7 pm	Fall Sports Parent Meeting
July 29	Official start of Fall Season (*All paperwork is DUE! Check with individual coaches on start dates/times)
August 15	Fall Sports Team Pictures
Sept. 6	First Home Football Game – Parade of Fall Sports Athletes
October 25, 7 pm	Homecoming Game
November 13, 7 pm	Fall Sports Awards Night (excluding Football)
November 20, 6 pm	Football Awards Night